

# Nuruddin ansari gh's Skin Analysis Report

---

## 1. Overall skin condition summary

### Overall condition

Nuruddin ansari gh, you describe your skin type as **neutral** with **quite sensitive** skin. Your AI skin scores show that **acne and redness are your main current issues**, with some concern around **dark circles and overall tone**. Pores and wrinkles are relatively good for your age.

### Main strengths and concerns

Your strengths are **tight pores, minimal wrinkles**, and generally **average-to-good smoothness**, which is typical of young skin. The main concerns to focus on now are **acne (very low score), redness (low score, suggesting sensitivity), and dark circles/tone unevenness**. Working on gentle repair and balance now can help prevent future marks and scarring.

### Possible factors affecting skin condition

As a **13-year-old boy with neutral but quite sensitive skin**, your acne and redness are likely influenced by **hormonal changes, oil fluctuations**, possible **friction (mask, helmet, touching face)**, and daily habits like **sleep, diet, and screen-time**. Because your redness score is low, there is a **tendency toward sensitivity**, so you should focus on **gentle, barrier-supporting products** and avoid overly harsh routines.

---

## 2. Analysis of each skin dimension

Skin Indicator	Score	Key focus and details
Acne	20	This is a <b>very low score</b> , meaning acne and clogged pores are a major issue right now. The focus should be on <b>gentle exfoliation</b> plus <b>oil balance and calming</b> to avoid scarring. Helpful ingredients: <b>low-dose salicylic acid (BHA)</b> to clear pores, <b>niacinamide</b> to control oil and strengthen the barrier, and <b>soothing agents</b> like allantoin and panthenol to reduce irritation. Avoid over-scrubbing or using too many harsh acne products together.
Redness	30	A low redness score suggests <b>visible redness and a sensitivity tendency</b> . Your skin can react easily, especially when using acids or strong actives. Focus on <b>barrier repair, anti-inflammatory, and soothing care</b> . Good ingredients: <b>panthenol, ferments (Bifida, Lactobacillus), glycyrrhizate, allantoin</b> , and gentle <b>niacinamide</b> . When using exfoliating acids, combine them with strong barrier-support products and introduce slowly.
Dark Circle	40	This score shows <b>noticeable dark circles</b> for your age, often linked to <b>late sleep, screen time, eye rubbing, or genetics</b> . While strong actives around the eyes are not required at your age, improving <b>hydration, overall tone, and sleep quality</b> will help. Brightening ingredients like <b>niacinamide</b> and <b>tranexamic acid</b> can indirectly improve the eye area (used on the full face, avoiding direct contact with the eyes).

Skin Indicator	Score	Key focus and details
Color uniformity	51	<p>Slightly below average, meaning <b>mild uneven tone or early post-acne marks</b>. This is common when acne and redness are active. Focus on <b>gentle brightening plus barrier repair</b> so that marks fade more evenly.</p> <p>Ingredients to look for: <b>tranexamic acid, niacinamide</b>, and <b>hydrating agents</b> like glycerin and hyaluronic acid to support an even, healthy look. Daily sunscreen is also essential to prevent marks from darkening.</p>
Smooth	61	<p>Around average. You may have <b>some roughness from acne, small bumps, or mild texture</b>, but overall your skin is not severely uneven. Controlled, gentle exfoliation with <b>BHA/AHA</b> along with <b>hydration and repair</b> can improve this score over time. Avoid using too many exfoliating products at once to prevent irritating your sensitive skin.</p>
Spot	71	<p>This is a <b>good score</b>, suggesting you currently have <b>limited dark spots or strong pigmentation</b>. However, with your low acne score, there is a risk of <b>post-acne marks</b> developing. Protecting your skin now with <b>anti-inflammatory care, light brightening (tranexamic acid, niacinamide)</b>, and <b>sun protection</b> will help keep this score high.</p>
Pore	83	<p>A strong score, meaning <b>pores are relatively fine and not a main concern</b> at this moment. Some congestion may be present because of acne, but your pore size itself is not a big issue. Focus on maintaining this with <b>gentle BHA</b> and <b>oil balance</b>, without overdrying or stripping your skin.</p>

Skin Indicator	Score	Key focus and details
Wrinkle	94	Very high score and totally expected at your age: you have <b>very few or no wrinkles</b> . Anti-aging is not a priority now. The main goal is <b>barrier protection and acne/redness management</b> so that your skin stays healthy and resilient as you get older. Anti-aging actives like high-strength retinoids are not necessary at this stage.

Note: Perfect skin is 100 points; around 60 points is average.

### 3. Personalized skincare recommendations

Based on your skin concerns, these products are listed in priority order; full use yields the best results.

#### 1. Pore Refining Serum PR13 (B3 + Salicylic Acid Pore Refining Serum)

##### Why it suits you & which dimensions it improves

For your age and **quite sensitive** skin, PR13 is a **gentler acne solution** that directly addresses your **lowest score (Acne 20)** while respecting your **low Redness score (30)**. It helps with:

- **Acne**: unclogging pores and reducing breakouts
- **Smoothness**: improving small bumps and texture
- **Pores**: maintaining your already good pore score

##### Key ingredients and how they help

- **Salicylic Acid 0.15%**: A low, skin-friendly BHA level to **clear pores**, decrease blackheads/whiteheads, and reduce acne without the strong sting of higher concentrations.
- **Niacinamide 2%**: Supports **oil control, barrier repair, and mild brightening**, which also benefits **acne, redness, and tone**.

- **Allantoin 0.1%: Soothing and anti-inflammatory**, helping calm irritated, red, or sensitized skin.
- **Hydrating solvents (1,3-Propanediol, Propylene Glycol)**: Provide **light hydration** so the formula is less drying, important for your sensitive tendency.

This serum is a good “first-line” active to control acne in a way that fits a 13-year-old with sensitivity.

---

## 2. B5 Yeast Extreme Repair Serum R9+ (to mix with PR13)

### Why it suits you & which dimensions it improves

Your low **Redness score (30)** and self-reported “**quite sensitive**” skin make barrier stability extremely important, especially when using exfoliating acids for acne. R9+ is designed as a **repair and stabilizing base** to be mixed into active serums like PR13. It helps with:

- **Redness**: calming and reducing irritation
- **Acne & smoothness**: by improving tolerance to actives so you can use them more consistently
- **Overall barrier health**: which protects you from dryness and over-sensitivity as you grow

### Key ingredients and how they help

- **Panthenol 5%**: A high level of **pro-vitamin B5** that powerfully **repairs the barrier, soothes, and reduces irritation**, perfect for sensitive and acne-treated skin.
- **Butylene Glycol 12% & Propylene Glycol 2.715%**: Provide **deep hydration and help actives penetrate evenly**, reducing dry patches.
- **Bifida Ferment Filtrate & Lactobacillus/Soybean Ferment Extract 0.05%**: Support the **skin microbiome and defense**, helpful for skin that easily becomes red or reactive.
- **Andrographis/Kalanchoe extract**: Offers **antioxidant and soothing support**, suitable for problem and sensitive skin.

### How to mix with PR13

- Open the bottle of **R9+** and **pour the entire bottle into your PR13 serum**.

- This creates an optimal ratio of **serum : R9+  $\approx$  2 : 1**.
- Close and **shake well** before each use.

Use this **mixed PR13 + R9+ serum** as your main treatment step to manage acne gently while protecting your sensitive skin.

---

### 3. Ultra Renovating Serum RV24 (Brightening & Tone-Perfecting Serum)

#### Why it suits you & which dimensions it improves

RV24 targets **color uniformity (51)** and helps prevent **post-acne spots** from worsening, while also supporting hydration and barrier care. This is ideal for your situation: active acne + early uneven tone + sensitivity. It helps with:

- **Color uniformity & Spot**: fading early marks and evening skin tone
- **Dark circles (indirectly)**: brightening the overall face; just avoid getting too close to the eye
- **Redness & barrier**: through niacinamide and soothing components

#### Key ingredients and how they help

- **Tranexamic Acid 3%**: A well-known brightening ingredient that **inhibits melanin formation**, targets **spots and uneven tone**, and helps **post-acne marks** fade more evenly.
- **Niacinamide 2%**: Supports **brightening, barrier repair, and antioxidant protection**; also helpful for **redness, acne-prone skin, and oil balance**.
- **Sodium Hyaluronate 0.2% + Glycerin/Propanediol**: Provide **multi-layer hydration**, which is important when using exfoliating or brightening actives.
- **Allantoin & botanical extracts**: Offer **mild soothing and conditioning**, suitable for sensitive-prone skin.

You can use RV24 to **protect your tone over time**, especially as you manage acne, so that you do not accumulate long-lasting marks.

---

## 4. Skincare routine and lifestyle suggestions

### Morning Routine

#### 1. Gentle cleanse

- Wash your face with a mild, non-stripping cleanser using lukewarm water.
- Pat dry with a clean towel; do not rub.

#### 2. Brightening / tone care (RV24)

- Apply a thin layer of **Ultra Renovating Serum RV24** to the entire face, avoiding direct contact with eyes.
- Let it absorb fully.

#### 3. Moisturizer + Sunscreen

- Use a light, non-comedogenic moisturizer suitable for neutral/sensitive skin.
  - Finish with a **broad-spectrum sunscreen** every morning, even on cloudy days, to prevent acne marks and redness from worsening.
- 

### Evening Routine

#### 1. Gentle cleanse

- Remove sweat and dirt with a mild cleanser.
- Avoid hot water and harsh scrubs; this is important for your **redness and sensitivity**.

#### 2. Mixed acne + repair serum (PR13 + R9+)

- Use your **mixed serum**: PR13 with the entire bottle of **R9+** poured in and shaken well.
- Apply a small amount to acne-prone areas (or the whole face if tolerated), avoiding the immediate eye area.
- Start **every other night**; if your skin feels comfortable (not very red, stinging, or peeling), you can gradually use it **most nights**.

### 3. Hydrating moisturizer

- Lock everything in with a simple, fragrance-free moisturizer.
  - If any area becomes more red or dry, reduce the frequency of the mixed serum and focus more on moisturizer for a few days.
- 

## Lifestyle Suggestions

### 1. Diet and hydration

- Aim for a balanced diet with **fruits, vegetables, whole grains, and enough protein**, while minimizing very oily, spicy, or highly sugary foods that can aggravate acne for some people.
- Drink water regularly throughout the day. You can use the **Skin Beauty Pal App's hydration reminder** to help you remember to drink water and support overall skin hydration.

### 2. Sun protection and environment

- Sun exposure can **darken acne marks and worsen redness**, even at a young age.
- Use sunscreen each morning, reapply when outdoors for longer periods, and seek shade when UV is strong.
- The **Skin Beauty Pal App's UV reminder** can alert you about strong sunlight and remind you to protect your skin.
- Avoid smoking environments and limit long exposure to very hot, dry, or polluted air when possible.

### 3. Sleep and habits

- Aim for **consistent, sufficient sleep**, as late nights and heavy screen time can worsen **dark circles** and overall skin recovery.
- Avoid **touching or picking your acne**, which increases the risk of scars and marks.
- Keep items that touch your face (pillowcases, masks, phone screen) **clean**, as they can contribute to breakouts.
- Develop a simple, consistent routine rather than frequently changing products; your sensitive skin prefers **stability and gentle care**.



If any irritation, strong burning, or unusual reaction occurs, pause active serums and focus on gentle cleansing, moisturizing, and repair. For more detailed evaluation or if acne becomes severe, consider using the **Skin Beauty Pal App** to consult a skincare doctor or book a clinic visit.

Important Notice: This report is intended for informational purposes only and is not a substitute for professional medical diagnosis, treatment, or advice.

For any concerns or urgent medical issues, please consult your doctor immediately.

Report edited by:

[PAL](#) and leading dermatologists.