

# Noor John's Skin Analysis Report

## 1. Overall skin condition summary

### Overall condition

Noor John, you describe your skin as **oily** and **quite sensitive**. Your AI skin scores show that you currently have **very good acne control**, but there are issues with **uneven tone, pores, and texture**. Overall, your skin tends to be **oily, slightly reactive, and prone to dullness/unevenness rather than breakouts**.

### Main strengths and concerns

Your biggest strength is **Acne (100)**, which means your current breakout and comedone control is excellent. Wrinkle and dark circle scores are around average, so aging signs are still relatively moderate. The main concerns are **Color Uniformity (29), Smoothness (40), Pores (45), and Spots (48)**, pointing to **dullness, uneven pigmentation, visible pores, and slightly rough texture** as priority areas.

### Possible factors affecting your skin

Being **male with oily, quite sensitive skin** makes you more likely to have **active sebaceous glands**, visible pores, and occasional reactivity to stronger acids or fragranced/harsh products. Daily factors such as **heat, UV exposure, and lifestyle habits (sleep, diet, stress)** can easily worsen **uneven tone, spots, and texture**, especially on already oily, sensitivity-prone skin.

---

## 2. Analysis of each skin dimension

Skin Indicator	Score	Key focus and details
Color uniformity	29	This is your lowest score, indicating <b>pronounced uneven tone and dullness</b> , with possible post-inflammatory marks or generalized discoloration. Priority focus: <b>brightening, pigment control, and barrier-friendly exfoliation</b> . Helpful ingredients: <b>Tranexamic Acid, Niacinamide, gentle AHAs (like low-dose glycolic), and soothing agents (Allantoin, Panthenol)</b> to even tone without over-irritating your sensitive skin.
Smooth	40	A lower smoothness score means <b>rougher texture, tiny bumps, or lack of refined skin surface</b> . For oily, sensitive skin, this often links to mild buildup and enlarged pores. Focus on <b>gentle, controlled exfoliation plus hydration</b> . Beneficial ingredients: <b>low-medium Salicylic Acid, Niacinamide, Glycerin, Sodium Hyaluronate, barrier-repair and soothing agents</b> to refine texture while keeping the barrier stable.
Pore	45	This suggests <b>visible pores and possible oil-related congestion</b> , even though active acne is under good control. With oily, sensitive skin, drastic stripping products can worsen things. Focus on <b>oil regulation + pore refining</b> without triggering irritation. Key ingredients: <b>low-dose Salicylic Acid, Niacinamide for oil control and barrier support, and light hydrators</b> to keep pores looking tighter.

Skin Indicator	Score	Key focus and details
Spot	48	A mid-low score here indicates <b>some visible dark spots or uneven patches</b> , often from past inflammation or sun exposure. With your uneven tone score, this confirms pigmentation is a major concern. Focus: <b>targeted brightening and melanin-regulating care</b> , along with strict sun protection. Key ingredients: <b>Tranexamic Acid, Niacinamide, antioxidants, and soothing agents</b> to gradually fade spots.
Wrinkle	50	Around-average score: <b>early fine lines or mild loss of smoothness</b> , but not yet a major aging issue. Since you are 31, this is a good time for <b>preventive anti-aging and renewal</b> , especially in a gentle form suitable for sensitive skin. Helpful ingredients: <b>Retinyl Palmitate (a milder vitamin A), peptides like Acetyl Hexapeptide-8, and hydrating emollients</b> to keep skin supple and supported.
Dark Circle	57	Slightly above average: <b>some dark circles or tired-looking under-eyes</b> , but not your main issue. Likely influenced by <b>sleep, eye strain, and circulation</b> more than structural aging at this stage. Focus: <b>overall brightening care, hydration, and lifestyle adjustment (sleep, screen time)</b> rather than heavy actives. General brightening and soothing ingredients can indirectly help.
Redness	66	This is relatively good, but not high enough to rule out sensitivity. Combined with your self-report of being <b>quite sensitive</b> , your skin likely has <b>episodes of redness or reactivity</b> , especially when using strong acids or in harsh environments. Focus: <b>maintaining barrier health and avoiding over-exfoliation</b> . Supportive ingredients: <b>Panthenol, ferment extracts, Allantoin, gentle humectants, and anti-inflammatory botanicals</b> .

Skin Indicator	Score	Key focus and details
Acne	100	Your highest score: <b>acne and comedone control are excellent right now</b> . This is a strong asset. The goal is to <b>maintain this result without overusing strong exfoliants</b> . Even though you are oily, you do not currently need aggressive acne treatments; instead, focus on <b>maintenance, oil balance, and barrier protection</b> .

Note: Perfect skin is 100 points; around 60 points is average.

### 3. Personalized skincare recommendations

Based on your skin concerns, these products are listed in priority order; full use yields the best results.

#### 1. Ultra Renovating Serum RV24 - Tone-evening & Brightening Core

##### Why it suits you and what it improves

RV24 directly targets your **lowest scores: Color Uniformity (29) and Spots (48)**, and also supports **texture and barrier health**. For oily, quite sensitive skin with dullness and uneven pigmentation, it provides **strong but balanced brightening** without relying on harsh exfoliation, making it a very good fit.

##### Key ingredients and how they help

###### 1. Tranexamic Acid 3%

- A proven brightening ingredient that helps **reduce melanin formation** and **fade dark spots and uneven patches**.
- Especially useful for **post-inflammatory marks and general discoloration**, aligning perfectly with your tone and spot issues.

## 2. Niacinamide 2%

- Helps **even skin tone, support the barrier, and provide mild oil control**, which suits your oily skin.
- Also offers **antioxidant and anti-inflammatory benefits**, which is valuable for someone who is “quite sensitive.”

## 3. Hydration system (Glycerin, Propylene Glycol, 1,3-Propanediol, Sodium Hyaluronate 0.2%)

- Provides **balanced hydration without heaviness**, good for oily skin.
- Better hydration smooths micro-texture and supports a **healthier, more resilient barrier**, which indirectly improves smoothness and refines the look of pores.

## 4. Allantoin 0.1% + botanical extracts + Ceramide NP

- **Soothing, conditioning, and barrier-supportive**, helping to **reduce potential irritation from brightening**.
- This is important for your “quite sensitive” profile.

Overall, RV24 is your **main treatment serum** to address **uneven tone, spots, and dull texture**, while still being considerate of sensitivity.

---

## 2. Pore Refining Serum PR13 - Gentle Pore & Texture Refiner

### Why it suits you and what it improves

PR13 is tailored for **acne, blackheads, pores, and oiliness**, but at **gentle exfoliating strength**, making it more appropriate than a stronger acid serum for your **oily yet quite sensitive** skin. It focuses on your **Pore (45) and Smooth (40)** scores, helping refine texture and control oil **without disturbing your already excellent Acne (100) result**.

### Key ingredients and how they help

#### 1. Salicylic Acid 0.15%

- A BHA that **penetrates into pores to dissolve excess sebum and debris**, helping to **minimize the look of pores and smooth surface roughness**.

- The 0.15% level is **mild**, which is beneficial for sensitive, redness-prone skin that still needs some pore care.

## 2. Niacinamide 2%

- Helps **regulate sebum**, refine pores, and **strengthen the skin barrier**, ideal for oily but reactive skin.
- Supports a more **even tone** alongside RV24, while backing up barrier defense.

## 3. Allantoin 0.1%

- **Soothing and anti-inflammatory**, helping counteract any potential irritation from Salicylic Acid.
- This is important since you report being quite sensitive.

## 4. Hydration system (1,3-Propanediol 3%, Propylene Glycol 0.965%)

- Provides **light hydration** to prevent over-drying, which could otherwise aggravate sensitivity and redness.
- This balance helps maintain a **healthier, smoother surface** over time.

PR13 is best used as a **gentle, regular pore- and texture-refining step**, supporting your **Smooth, Pore, and long-term acne maintenance** without overpowering your skin.

---

## 3. B5 Yeast Extreme Repair Serum R9+ - Barrier Repair & Sensitivity Stabilizer (to mix with RV24)

### Why it suits you and what it improves

Given your **“Quite Sensitive”** self-assessment and mid-range **Redness (66)**, R9+ is highly suitable as a **repair and stabilizing booster**. It does not directly target pigmentation or pores, but it **amplifies results and reduces irritation** when used with more active serums like RV24. For oily, sensitive male skin, stabilizing the barrier is key to safely using brightening and gentle exfoliating products long term.

## Key ingredients and how they help

### 1. Panthenol 5%

- Strong **barrier-repair and soothing** ingredient that helps reduce irritation and supports recovery, ideal for sensitivity.
- Can ease **redness and discomfort** that might appear when you use acids or brighteners consistently.

### 2. Bifida Ferment Filtrate 0.05% & Lactobacillus/Soybean Ferment Extract 0.05%

- Ferment-based ingredients that **support the skin's microbiome and barrier function**, improving resilience over time.
- This helps your skin **tolerate active ingredients better** and remain more stable.

### 3. Butylene Glycol 12% & Propylene Glycol 2.715%

- Provide **deep yet lightweight hydration**, suitable for oily skin, helping prevent dehydration that can trigger sensitivity.

### 4. Andrographis Paniculata (Kalanchoe) Extract 0.135%

- Offers **antioxidant and soothing benefits**, particularly suitable for **problematic or sensitive skin types**.

## How to use and mix with RV24

- After opening R9+, **pour the entire 10 ml bottle into your RV24 serum bottle**.
  - This creates an optimal **serum:R9+ ratio of about 2:1**, turning RV24 into a **brightening + repair hybrid**, better suited to your sensitive nature.
  - Shake the bottle well after mixing.
  - Use this **mixed RV24+R9+ serum** in your routine as your **main treatment serum**, morning and evening (as tolerated).
-

## 4. Personalized skincare routine and lifestyle suggestions

### Morning Routine

#### 1. Cleanser

- Use a **gentle, non-stripping cleanser** suited for oily/sensitive skin to remove overnight oil without over-drying.

#### 2. Mixed RV24 + R9+ Serum

- After cleansing, apply the **RV24 serum pre-mixed with the full bottle of R9+** to your face and neck.
- This targets **uneven tone, spots, and dullness**, while R9+ buffers and repairs the barrier.

#### 3. Moisturizer + Sunscreen

- Follow with a **light, non-comedogenic moisturizer** if needed.
  - Finish with a **broad-spectrum sunscreen (SPF 30 or higher)** every day, even if indoors, to protect against further pigmentation and spot formation.
  - You can use the **Skin Beauty Pal App's UV reminder** to help you reapply or remember sunscreen when UV is high.
- 

### Evening Routine

#### 1. Cleanser

- Gently cleanse away **sunscreen, oil, and pollutants**. Avoid harsh scrubs to protect your sensitive barrier.

#### 2. Pore Refining Serum PR13

- After cleansing (and before any toner), apply PR13 to areas with **larger pores or roughness** (often T-zone and cheeks).
- Start with **once a day in the evening**. If your skin is very reactive, you can begin with **every other night**, then adjust based on comfort.

### 3. **Mixed RV24 + R9+ Serum + Moisturizer**

- After PR13 absorbs, apply your **mixed RV24+R9+ serum** to the full face and neck.
  - If needed, seal with a **light moisturizer** to maintain hydration without feeling greasy.
- 

## **Lifestyle Suggestions**

### 1. **Diet and Hydration**

- Aim for a diet with **plenty of vegetables, fruits, and lean protein**, and try to **limit very oily, high-sugar foods**, which can impact oiliness and overall skin balance.
- Keep yourself **well-hydrated** throughout the day; stable hydration supports both **texture and barrier health**.
- You can use the **Skin Beauty Pal App's hydration reminder** feature to prompt regular water intake.

### 2. **Sun Protection and Environment**

- UV exposure is a major driver of **uneven tone and spots**, which are your main weaknesses.
- Combine daily sunscreen with **shade (hats, avoiding peak sun), and reapplying sunscreen** if you are outdoors for long periods.
- The **Skin Beauty Pal App's UV reminder** can help you adjust protection according to the day's UV index.
- Avoid long exposure to **very hot showers and strong wind/air conditioning**, which can aggravate sensitivity and dryness in certain areas.

### 3. **Sleep and Habits**

- Aim for **consistent, sufficient sleep** to help your skin repair overnight, which also supports **dark circle and texture** improvement.
- Try to manage **stress** with activities like light exercise or relaxation techniques, as chronic stress can influence oiliness and sensitivity.
- Avoid **over-layering too many actives** beyond the recommended PAL serums; with sensitive skin, a **"less is more" approach** supports long-term barrier health.

- If you ever experience **persistent or severe irritation**, consider pausing active products and using only gentle care, and use the **Skin Beauty Pal App's doctor consultation or clinic booking** features for professional evaluation.

Important Notice: This report is intended for informational purposes only and is not a substitute for professional medical diagnosis, treatment, or advice.

For any concerns or urgent medical issues, please consult your doctor immediately.

Report edited by:

[PAL](#) and leading dermatologists.