

sandhya jain's Skin Analysis Report

1. Overall skin condition summary

Overall condition

sandhya jain, you have described your skin as **combination skin**. Your scores show that your **main tendencies** are towards **acne/breakouts, some redness, and uneven tone**, while pores, wrinkles, and overall smoothness are relatively better maintained.

Main strengths and concerns

Your **wrinkle (94)** and **pore (83)** scores are strong, suggesting that you currently have **good firmness and minimal visible aging**, and your pores are not a major issue. However, **acne (20)** is your weakest area, followed by **redness (30)** and **dark circle (40)**, with **color uniformity (51)** slightly below average. This points to a skin profile where **breakouts, post-acne marks, mild sensitivity/redness, and dull/uneven tone** are the main concerns.

Possible factors affecting skin condition

As a **female with combination skin**, you may be more affected by **hormonal fluctuations**, which can drive breakouts and uneven tone. The **low redness score** suggests a possible **sensitivity tendency**, meaning your barrier may need extra support when using exfoliating or brightening ingredients. Lifestyle factors such as stress, screen time, irregular sleep, and sun exposure are also likely contributing to **acne, dark circles, and uneven color**.

2. Analysis of each skin dimension

Skin Indicator	Score	Key focus and details
Acne	20	Very low score - priority concern. This indicates frequent or noticeable breakouts, clogged pores, or comedones. For combination skin, this often means oiliness and congestion in the T-zone. Focus on: gentle but consistent exfoliation and oil regulation without stripping the barrier. Helpful ingredients: Salicylic Acid (BHA) for pore cleaning and anti-acne, Niacinamide for oil control and barrier strengthening, and soothing agents like Allantoin and Panthenol to reduce irritation.
Redness	30	Low score - possible sensitivity/inflammation. This suggests visible redness, post-acne redness, or reactive skin. Since your acne score is also low, inflammation from breakouts is likely. Focus on: barrier repair, anti-inflammatory and soothing care alongside any active treatments. Key ingredients: Panthenol, Bifida Ferment, Lactobacillus Ferments, Allantoin, and gentle hydrating bases to help calm the skin while you treat acne and tone.
Dark Circle	40	Below average - under-eye fatigue. This suggests visible dark circles or dullness around the eyes, often linked to sleep, screen time, and circulation , more than topical issues alone. While none of the available products are eye-specific, improving overall skin health, barrier, and tone and maintaining good lifestyle habits (sleep and sun protection) can help. Brightening ingredients like Niacinamide and Tranexamic Acid can indirectly improve overall facial uniformity, making dark circles less prominent by contrast.

Skin Indicator	Score	Key focus and details
Color uniformity	51	<p>Slightly below average - mild uneven tone/dullness. This can be from post-acne marks, mild pigmentation, or general dullness. Focus on: brightening and tone-evening while keeping the barrier stable. Key ingredients: Tranexamic Acid for melanin and spot control, Niacinamide for overall tone-evening and antioxidant support, plus hydrating agents like Glycerin and Sodium Hyaluronate to keep skin plump and luminous.</p>
Smooth	61	<p>Around average - texture is okay but can improve. You may feel some roughness, small bumps, or uneven texture, especially in oilier areas. Gentle chemical exfoliation combined with good hydration will refine texture. Helpful ingredients: Salicylic Acid and Glycolic Acid for turnover and smoothing, supported by moisturizers and barrier-repair agents to prevent over-dryness.</p>
Spot	71	<p>Above average - spots/pigmentation are present but not severe. You may have some post-acne marks or mild pigmentation, but it's comparatively less problematic than acne itself. Focus on: targeted brightening and melanin regulation to prevent marks from lingering. Key ingredients: Tranexamic Acid, Niacinamide, and ceramides for long-term maintenance of a more even tone.</p>
Pore	83	<p>Good - pores are relatively well-controlled. While you have acne issues, your pore score suggests no major visible enlarged pores overall, which is positive. Maintaining gentle exfoliation and proper cleansing is enough here. Ingredients like low-dose Salicylic Acid and Niacinamide support pore clarity and oil control without aggressive treatments.</p>

Skin Indicator	Score	Key focus and details
Wrinkle	94	Excellent - minimal visible aging. Fine lines and wrinkles are not a current concern. This is a strength to maintain with preventive care rather than intense anti-aging interventions. Ingredients like Retinyl Palmitate , peptides , and hydrating emollients can be introduced mainly for prevention and skin renewal, not correction.

Note: Perfect skin is 100 points; around 60 points is average.

3. Personalized skincare recommendations

Based on your skin concerns, these products are listed in priority order; full use yields the best results.

1. Pore Refining Serum PR13 (B3 + Salicylic Acid Pore Refining Serum)

Why it suits you & what it improves

Given your **very low acne score (20)** and combination skin, you need **regular, gentle pore decongestion** with **minimal irritation**. PR13 offers **low-dose Salicylic Acid (0.15%)** plus **Niacinamide (2%)** and soothing ingredients, which is ideal because you also have **low redness (30)** and may be prone to sensitivity.

This serum primarily helps to improve:

- **Acne and comedones** (main driver)
- **Oil control in combination skin areas**
- **Mild texture issues (Smooth score 61)**

Key ingredients & how they help

1. **Salicylic Acid 0.15%** – Oil-soluble BHA that gently penetrates pores to remove debris and reduce breakouts without an aggressive peel effect, suitable for regular use.

2. **Niacinamide 2%** – Balances sebum, helps refine pores, strengthens the skin barrier, and provides mild brightening and redness support.
3. **Allantoin 0.1%** – Soothing, helps reduce irritation and inflammation associated with acne.
4. **Hydrating humectants (1,3-Propanediol 3%, Propylene Glycol 0.965%)** – Maintain hydration so exfoliation does not overly dry or stress the skin.

This is your **core anti-acne and oil-balancing serum** and should be your first targeted active.

2. B5 Yeast Extreme Repair Serum R9+ (to be mixed with RV24)

Why it suits you & what it improves

Your **redness (30)** and acne activity indicate a need for **strong barrier repair and irritation reduction**, especially when using exfoliating and brightening products. R9+ is designed as a **repair and stabilizing base** to pair with active serums. It helps:

- **Reduce redness and sensitivity**
- **Support recovery from acne treatments and brightening actives**
- **Improve tolerance**, so you can use effective actives more comfortably

Because your concerns also include **uneven tone (51)** and some **spots (71)**, the best pairing for R9+ is **Ultra Renovating Serum RV24**. Mixing R9+ into RV24 lets you **brighten and even skin tone while buffering potential irritation**, ideal for your profile (acne + redness + uneven color).

Key ingredients & how they help

1. **Panthenol 5%** – Excellent barrier-repair and soothing ingredient; reduces irritation, redness, and supports healing from breakouts.
2. **Bifida Ferment Filtrate 0.05% & Lactobacillus/Soybean Ferment Extract 0.05%** – Support the skin's microbiome and natural defenses, helping long-term skin resilience.
3. **Butylene Glycol 12% & Propylene Glycol 2.715%** – Provide deep hydration and improve penetration of partner serums without heaviness.
4. **Andrographis Paniculata Extract 0.135%** – Antioxidant and soothing benefits, suitable for problem and sensitive skin.

How to mix with RV24

- After opening R9+, **pour the entire bottle into your bottle of Ultra Renovating Serum RV24.**
 - This creates an approximately **2:1 ratio (RV24:R9+).**
 - **Shake well** to mix thoroughly before each use.
You will then use this **mixed brightening + repair serum** as a single step in your routine.
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3. Ultra Renovating Serum RV24 (to be mixed with R9+ as above)

Why it suits you & what it improves

Your **color uniformity score (51)** and **spot score (71)** indicate **dullness and some pigmentation/post-acne marks** that are secondary but still important. RV24 focuses on **even tone, dullness, and spots**, while also offering hydration and some barrier support—very suitable after you stabilize breakouts with PR13. This serum (when mixed with R9+) helps:

- **Even overall complexion and reduce post-acne marks**
- Improve **dullness** and support a more radiant tone
- Provide **hydration and mild barrier support**, complementing acne care

Key ingredients & how they help

1. **Tranexamic Acid 3%** – A powerful brightening agent that helps reduce dark spots and post-inflammatory hyperpigmentation by inhibiting melanin pathways.
2. **Niacinamide 2%** – Evens skin tone, provides antioxidant protection, supports barrier repair, and helps regulate oil production (beneficial for combination/acne-prone skin).
3. **Hydrating complex (Glycerin 1.0925%, Propylene Glycol 1.8%, 1,3-Propanediol 1.5%, Sodium Hyaluronate 0.2%)** – Draw and retain moisture, keeping the skin plump and smoother, which can also soften the look of texture and fine lines.
4. **Allantoin 0.1% & Dipotassium Glycyrrhizate 0.1%** – Soothing and conditioning, support comfort while using brightening actives.
5. **Ceramide NP 0.005% & botanical extracts** – Provide gentle barrier and antioxidant support, complementing R9+'s repair functions.

When combined with R9+, RV24 becomes your **key brightening + repair serum**, well-suited for your uneven tone and sensitivity tendency.

4. Personalized skincare routine and lifestyle suggestions

Morning Routine

1. Cleanser

- Use a **gentle, non-stripping cleanser** suitable for combination skin. Focus on cleansing the T-zone thoroughly but avoid over-drying the cheeks.

2. Anti-acne care - PR13

- After cleansing (before toner), apply **Pore Refining Serum PR13** to areas prone to acne and oiliness (T-zone, jawline), or the whole face if tolerated.
- Let it absorb fully.

3. Brightening + repair - RV24 + R9+ mixed serum

- Apply a thin, even layer of your **pre-mixed Ultra Renovating Serum RV24 + B5 Yeast Extreme Repair Serum R9+** to the whole face, avoiding the immediate eye area.
- Allow it to absorb; this targets **tone, spots, and barrier repair**.

4. Moisturizer

- Use a **light, non-comedogenic moisturizer** to lock in hydration, especially on drier areas of the face.

5. Sunscreen (essential)

- Finish with a **broad-spectrum sunscreen (SPF 30+ or higher)** every morning. This is crucial to:
 - Prevent **new pigmentation and darkening of post-acne marks**
 - Protect against **redness and sensitivity**
- You can use the **Skin Beauty Pal App's UV reminder** to help you remember to reapply and be aware of high-UV times.

Evening Routine

1. Cleanser

- Double cleanse if you wear makeup or sunscreen: an oil-based cleanser first, then a gentle water-based cleanser. Ensure skin is clean but not tight.

2. Anti-acne care - PR13

- After cleansing, apply **Pore Refining Serum PR13** again to breakout-prone areas (or full face if well tolerated). This maintains **regular pore cleaning and acne control**.

3. Brightening + repair - RV24 + R9+ mixed serum

- Apply your **mixed RV24 + R9+ serum** to the whole face. Nighttime is a good opportunity for **brightening and repair**, as your skin regenerates while you sleep.

4. Moisturizer

- Use a **slightly richer but still non-comedogenic moisturizer** at night if your cheeks or certain areas feel dry, to support overnight barrier repair.

5. Optional adjustment during flare-ups

- If skin feels extra **sensitive or irritated**, you may:
 - Use **PR13 less frequently** (e.g., every other night).
 - Rely even more on your **RV24 + R9+ mixed serum and moisturizer** for a few days to focus on **calming and repairing**.

Lifestyle Suggestions

1. Diet and hydration

- Aim for **balanced meals** with enough protein, healthy fats, and colorful vegetables. Try to reduce **high-sugar and very greasy foods**, as they can worsen breakouts for some people.

- Keep your **water intake steady** throughout the day to support hydration from within; using the **Skin Beauty Pal App's hydration reminder** can help you maintain a consistent drinking schedule.

2. Sun protection and environment

- Sunscreen is non-negotiable, especially since you are working on **acne marks and uneven tone**. UV exposure can quickly undo brightening efforts and increase redness.
- Use physical protection too: hats, shade, and avoiding the strongest midday sun when possible.
- Check the **UV reminder in the Skin Beauty Pal App** to know when UV levels are high and when extra protection or reapplication is needed.
- Try to avoid spending long periods in **very dry, air-conditioned, or polluted environments** without protection – hydrate your skin and consider a barrier-supporting routine (your RV24 + R9+ mix is helpful here).

3. Sleep and habits

- Aim for a **regular sleep schedule**, targeting **7-9 hours of quality sleep**. Poor sleep is strongly linked to **worsening acne, dullness, and dark circles**.
- Manage stress through gentle exercise, stretching, or calming activities; stress hormones can drive breakouts.
- Avoid **frequently touching or picking at your face**, as this can worsen acne, spread bacteria, and increase the risk of marks and redness.
- Maintain a **consistent routine** for at least several weeks; acne and tone-evening improvements take time. Use the **Skin Beauty Pal App** for skincare reminders and to track your progress.

By focusing on **gentle acne control (PR13)**, **strong barrier and sensitivity support (R9+)**, and **targeted brightening (RV24)**, you can gradually improve your **acne, redness, and uneven tone** while preserving your already strong **pore and wrinkle** scores.

Important Notice: This report is intended for informational purposes only and is not a substitute for professional medical diagnosis, treatment, or advice.

For any concerns or urgent medical issues, please consult your doctor immediately.

Report edited by:

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