

# Skin Analysis Report

## Personalized Recommendations

### Overall Skin Condition Description

Hi Keerthi Ravalika, based on your self-assessment (combination skin with minor sensitivity) and your skin test scores, your overall skin health is around average, with clear strengths in even tone and low spot risk. Your key areas to support are dark circles, redness/sensitivity, and occasional acne with visible pores.

Overall skin health: You have combination skin that likely gets oilier through the T-zone with drier cheeks. Your scores show good overall tone uniformity and very few spots, plus above-average smoothness. The main concerns are under-eye darkness (lowest score), mild persistent redness, and periodic breakouts.

Main strengths and concerns: Strengths—Spots (81) and Color Uniformity (78) are high; Smoothness (69) is solid; Wrinkles (63) are not a current concern. Priorities—Dark Circles (37) need focused care; Redness (51) suggests a reactive barrier; Acne (52) with Pores (62) points to comedones/blackheads mostly in the T-zone.

Possible factors: As a woman with combination skin and minor sensitivity, you may be more reactive than you realize—your low redness score supports a higher sensitivity tendency. Common triggers include UV exposure without reapplication, late nights/screen time (worsening dark circles), cycle-related breakouts, friction/rubbing around the eyes, and overly strong exfoliants. Consistent sun protection and a barrier-supportive routine will make the biggest difference.

## Skin Attribute Analysis

Skin Indicator	Score	Key Focus & Details
Dark Circle	37	Significantly below average—likely mixed pigment and vascular causes. Focus on brightening plus barrier hydration. Recommended ingredients: Tranexamic Acid (RV24) to reduce pigmentation, Niacinamide to even tone and strengthen the barrier, Panthenol and Hyaluronic Acid to plump the under-eye area. Always use SPF; avoid eye rubbing and late nights.
Redness	51	Slightly below average—suggests a sensitive/reactive barrier. Focus on soothing and barrier repair. Recommended: Panthenol (5% in R9+), ferments (Bifida/Lactobacillus), Allantoin, and calming botanicals (Houttuynia). Start actives low/slow and patch test.
Acne	52	Mild breakouts/blackheads, likely T-zone. Focus on consistent, gentle BHA and oil/bacteria balance. Recommended: Salicylic Acid (PR13), Niacinamide for oil control and post-blemish tone, Allantoin for soothing. Avoid aggressive scrubbing and pore picking.
Pore	62	Slightly better than average but still noticeable in T-zone. Focus on keratin plug prevention. Recommended: Low-level BHA (PR13), Niacinamide (2%) to refine appearance, and non-comedogenic sunscreen to prevent oxidized sebum.
Wrinkle	63	Above average—fine lines minimal. Maintain prevention: daily SPF, optional peptides or low-strength retinoid if desired later. Hydration (Panthenol, HA) keeps lines at bay.
Smoothness	69	Good texture with minor rough patches. Gentle, regular exfoliation via BHA plus hydration improves glide. Recommended: Salicylic Acid, Niacinamide, Panthenol, HA.

Skin Indicator	Score	Key Focus & Details
Color Uniformity	78	Very good. Maintain with UV protection and light brighteners. Recommended: Niacinamide (2%), Tranexamic Acid (3%) if any dull areas appear.
Spot	81	Excellent—low visible pigmentation. Keep protecting with broad-spectrum SPF; if new marks occur, spot-treat early with Tranexamic Acid + Niacinamide.

Note: A score of 100 indicates perfect skin quality; a score of 60 indicates average.

## Personalized Skincare Recommendations

Based on your skin concerns, these products are listed by priority. For best results, use the full routine.

### 1) Pore Refining Serum PR13

Why it suits you: Targets your acne (52) and pores (62) without overwhelming your minor sensitivity. It gently clears blackheads and helps prevent new breakouts while supporting the barrier, ideal for your T-zone. Key ingredients and benefits:

- Salicylic Acid 0.15%: Unclogs pores, reduces blackheads and inflammatory lesions.
- Niacinamide 2%: Balances oil, refines pores, supports barrier and post-acne tone.
- Allantoin + Houltuynia Cordata: Calm redness and irritation common to sensitive, acne-prone skin.

### 2) B5 Yeast Extreme Repair Serum R9+

Why it suits you: Directly addresses your low redness score (51) and sensitivity while supporting recovery on days you use exfoliants. Also helpful for the delicate eye area (applied around the orbital bone). Key ingredients and benefits:

- Panthenol 5%: Potent barrier repair and soothing, reduces redness and tightness.
- Bifida Ferment Lysate + Lactobacillus Ferment: Help balance the skin’s microbiome for better resilience.
- Kalanchoe Extract + Allantoin: Anti-inflammatory and calming.

### 3) Ultra Renovating Serum RV24

Why it suits you: Targets your top concern—dark circles (37)—and maintains your good color uniformity (78). Best for pigment-based darkness and post-blemish marks; gentle enough to use with R9+. Key ingredients and benefits:

- Tranexamic Acid 3%: Inhibits melanin pathways to reduce hyperpigmentation and under-eye discoloration.
- Niacinamide 2%: Brightens, strengthens the barrier, and adds antioxidant support.
- Sodium Hyaluronate + Ceramide: Hydration and barrier comfort to plump the delicate under-eye zone. Mixing note: RV24 is designed to be mixed 2:1 with R9+ for enhanced brightening and tolerance.

## Personalized Skincare Routine & Lifestyle Guidance

### Morning Routine

1. Cleanse: Use a gentle, non-stripping cleanser to remove overnight oil.
2. Brighten + Soothe (mix): In your palm, mix 2 parts RV24 with 1 part R9+ and apply to face and neck. For dark circles, lightly tap around the orbital bone (avoid the lash line).
3. Moisturize: Choose a lightweight, non-comedogenic cream or gel suited to combination skin.
4. Sunscreen: Broad-spectrum SPF 50, PA++++ if possible. Reapply every 2–3 hours when outdoors. Important: Even though salicylic acid isn't photosensitizing, exfoliation can lower your UV tolerance—consistent SPF is essential.

### Night Routine

1. Cleanse: Gentle cleanse to remove sunscreen, sweat, and pollutants.
2. Treat (alternate):
  - BHA nights (3–4 nights/week to start): Apply PR13 to the T-zone and breakout-prone areas. If your skin is very reactive at first, start every other night. Avoid mixing PR13 in the same step with other actives.
  - Recovery/Brightening nights (non-BHA nights): Mix 2 parts RV24 with 1 part R9+ and apply to the whole face; tap gently around the orbital bone.
3. Moisturize: Seal with a non-comedogenic moisturizer. If any stinging occurs, apply moisturizer first, then PR13 on top as a buffer. Patch-test each new product on the jawline for 24 hours before full-face use.

## Lifestyle Guidance

- Hydration habits: Aim for about 2.0–2.5 liters of water daily, sipping steadily from morning to evening. Use the Skin Beauty Pal App’ s Hydration Reminder to calculate your personalized target (based on environment and activity) and to set cup-size–based reminders.
- Sun protection & environment: Use hats/shade during peak UV (10 am–3 pm). Reapply sunscreen after sweating/swimming. Turn on the App’ s UV Protection Alert to monitor the UV index and get timely prompts for reapplication based on your sunscreen and outdoor time.
- Sleep and routine: 7.5–9 hours nightly, with a consistent sleep window helps repair and reduces under-eye darkness. Elevate your head slightly to minimize morning puffiness, remove eye makeup gently, and avoid rubbing the eye area.
- Diet/stress: Favor low-glycemic, antioxidant-rich foods; manage stress with brief daily movement or breathing exercises—both help reduce breakouts and redness.
- What to avoid: Over-exfoliating, hot water cleansing, harsh scrubs, and combining multiple strong acids. Stick to PR13 as your sole exfoliant; do not layer it with BD14 or other peels.

If you want deeper guidance or have persistent redness/dark circles, please book a consultation with a dermatologist through the Skin Beauty Pal platform—we’ re happy to personalize further for you.

Report edited by:

[Pers Active Lab \(member of Skin-Pal Group\)](#) and leading dermatologists.