

Skin Analysis Report for Kajal Yadav

Hi Kajal! Thank you for sharing your skin test results and information. Based on the analysis and your profile, I've created a personalized report to help you better understand your skin's needs and how to improve your overall skin health. Let's dive in!

1. Overall Skin Condition Description

Overall Health Condition of Your Skin

Your skin reflects a mix of strengths and areas requiring attention. With a self-assessed oily skin type and low sensitivity, your skin has good resilience and can tolerate stronger active ingredients to address specific concerns. Some aspects, like smoothness and pore quality, show excellent health, whereas acne, dark spots, and color uniformity need improvement.

Main Strengths and Concerns

Strengths: * Your skin smoothness scored a remarkable 100, indicating an exceptionally refined texture. * Pores score at 95, showing tight, clear, and healthy pore structure. * Wrinkle score at 84 indicates good firmness for your age, with limited fine lines appearing.

Concerns: * Acne scored 48, showing some activity of breakouts. * Spots and Color Uniformity (scores of 43 and 53) indicate uneven skin tone and pigmentation concerns. * Dark circles (62) suggest mild under-eye discoloration requiring moderate attention.

Possible Influencing Factors

- Age:** At 20 years old, your skin is still youthful and naturally strong, but early intervention can prevent future issues.

- 2. **Skin Type & Sensitivity:** Your oily and non-sensitive skin makes it capable of handling active ingredients like salicylic acid or niacinamide without irritation.
- 3. **Lifestyle:** Oily skin is often linked to overactive sebum production, which may be influenced by factors like hormonal changes, diet, and stress.
- 4. **External Factors:** Pollution, sun exposure, and inadequate sun protection might contribute to pigmentation, color unevenness, and spots.

2. Skin Attribute Analysis

Here’s a detailed table analyzing your skin’s eight key indicators, ranked from lowest to highest score:

Skin Indicator	Score	Key Focus & Details
Spots	43	Indicates visible pigmentation, such as dark spots or freckles. Regular use of brightening agents like Tranexamic Acid (3%) and Niacinamide (2%) can help fade pigmentation.
Acne	48	Some active breakouts are likely. Use clarifying ingredients like Salicylic Acid (1.5%) and Niacinamide , which help manage oil production and prevent acne formation.
Color Uniformity	53	Uneven skin tone is noticeable but fixable. Brightening agents like Tranexamic Acid , Glycolic Acid , and Niacinamide can help.
Redness	58	Mild redness is present but manageable. Ingredients like Allantoin and Panthenol help soothe inflammation and reduce redness while maintaining hydration.
Dark Circles	62	May indicate mild under-eye discoloration. Using hydrating and brightening products with Hyaluronic Acid and Vitamin B5 can address this.

Skin Indicator	Score	Key Focus & Details
Wrinkles	84	Your skin exhibits great elasticity and minimal fine lines. Consider anti-aging ingredients like Retinyl Palmitate and peptides to maintain youthful firmness.
Pores	95	Pores are clear and refined, a sign of strong skin maintenance. Ingredients like Niacinamide and gentle exfoliants can ensure they stay healthy.
Smoothness	100	Exceptional smooth texture that requires maintenance with hydrating ingredients like Hyaluronic Acid , Panthenol , and ceramides.

3. Personalized Skincare Recommendations

Below are three tailored product recommendations based on your skin concerns, type, and sensitivity. These are arranged to address your top priorities (spots, acne, and color uniformity).

1. Ultra Renovating Serum RV24

- **Why it's Suitable:** This brightening essence is ideal for addressing dark spots and uneven color uniformity, your key concerns. With **Tranexamic Acid (3%)** and **Niacinamide (2%)**, it inhibits melanin production, fades pigmentation, and brightens the skin.
- **Key Ingredients:**
 - **Tranexamic Acid (3%):** Reduces dark spots effectively.
 - **Niacinamide (2%):** Fights pigmentation and strengthens the skin barrier.
 - **Sodium Hyaluronate (0.2%):** Provides deep hydration to manage oily yet dehydrated skin.

2. Ultra Blemish Defense Serum BD14

- **Why it's Suitable:** Perfect for tackling acne, this serum combines **Salicylic Acid (1.5%)** and **Glycolic Acid** to deeply cleanse pores, exfoliate dead skin cells, and prevent future breakouts. It also helps balance oil production.
 - **Key Ingredients:**
 - Salicylic Acid (1.5%): Fights acne and clears pores.
 - Glycolic Acid: A gently exfoliating AHA that renews skin and improves tone.
 - Niacinamide: Balances oil levels and improves skin quality.
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3. Ultra Hydration Serum H20

- **Why it's Suitable:** Your skin needs hydration to complement its smoothness and maintain its natural barrier. This formula includes **Hyaluronic Acid (0.5%)** and **Panthenol (0.5%)** to hydrate and repair the skin without clogging pores.
 - **Key Ingredients:**
 - Sodium Hyaluronate (0.5%): Locks in moisture for plump, hydrated skin.
 - Panthenol (0.5%): Repairs the skin's barrier and soothes irritation.
 - Acquacell™: Natural hydration complex to improve long-term moisture retention.
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4. Personalized Skincare Routine & Lifestyle Advice

Morning Skincare Routine

1. **Cleanser:** Start with a gentle foaming cleanser to remove excess oil.
 2. **Toner:** Apply a balancing toner to prep the skin.
 3. **Ultra Renovating Serum RV24:** Mix 2 parts RV24 with 1 part R9+ and gently apply across the face. Focus on areas with dark spots.
 4. **Ultra Hydration Serum H20:** Follow with a mix of 2 parts H20 and 1 part R9+ for hydration.
 5. **Moisturizer:** Use a lightweight, mattifying moisturizer to keep skin hydrated without excess oiliness.
 6. **Sunscreen:** Apply a broad-spectrum SPF 50+ sunscreen to protect against UV damage.
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Evening Skincare Routine

1. **Cleanser**: Opt for a gentle cleanser to remove makeup, oil, and impurities.
 2. **Exfoliation (Optional)**: Use a mild exfoliant 2–3 times a week for deeper cleaning.
 3. **Ultra Blemish Defense Serum BD14**: Apply on alternate nights. Start slowly to avoid irritation; use after cleansing and before moisturizer.
 4. **Ultra Renovating Serum RV24**: Mix 2 parts RV24 with 1 part R9+ and layer over your skin. It can be alternated with BD14 on non-acid nights.
 5. **Ultra Hydration Serum H20**: Mix 2 parts H20 with 1 part R9+ and follow up across the entire face.
 6. **Moisturizer**: Seal in the hydration with a thicker moisturizer suitable for oily skin.
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Lifestyle & General Tips

1. **Hydration**: Drink at least 2–2.5 liters of water daily. Use the **Skin Beauty Pal App** for hydration reminders throughout the day.
 2. **Sun Protection**: Reapply sunscreen every 2–3 hours when exposed to UV rays. Track and monitor UV levels with the app's **UV Protection Alert**.
 3. **Sleep**: Aim for 7–8 hours of quality sleep, as nighttime is when the skin's repair mechanisms are most active.
 4. **Diet**: Avoid greasy and sugary foods that can exacerbate oiliness and acne. Incorporate fruits, vegetables, and omega-3-rich foods for glowing skin.
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Kajal, these recommendations are designed to help you achieve a healthier, brighter complexion while addressing your current skin concerns. You can always book a consultation with a dermatologist through the **Skin Beauty Pal platform** if you have additional concerns or wish to optimize your routine further. Have a wonderful skincare journey! ✨

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