

shefali's Skin Analysis Report

1. Overall skin condition summary

Overall condition

shefali, you have described your skin as **combination**. Your skin health indices show that your **barrier, pores, and wrinkles are in relatively good shape**, but there is room for improvement in **acne, redness, color uniformity, and dark circles**.

Main strengths and concerns

Your higher scores in **pore (83), spot (71), smoothness (61)**, and especially **wrinkles (94)** suggest that your skin structure is relatively firm, pores are not a major issue, and signs of aging are well-controlled for your age. The main concerns are **acne (20 - very low), redness (30 - low, with sensitivity tendency)**, and **dark circles (40)**, plus **uneven tone (color uniformity 51)**. These will be the primary focus of your skincare plan.

Possible factors affecting skin condition

As a **female with combination skin**, you may experience **oiliness in the T-zone and dryness/normal skin on the cheeks**, which can contribute to acne in specific areas and mild barrier stress. The low redness score suggests a possible **sensitivity or easily irritated tendency**, so actives need to be balanced with good barrier support. Lifestyle factors such as **screen time, irregular sleep, stress, and UV exposure** are also likely contributing to dark circles and uneven skin tone.

2. Analysis of each skin dimension

Skin Indicator	Score	Key focus and details
Acne	20	Very low score – acne is a major concern. This suggests frequent breakouts, clogged pores, or comedones. For combination skin with a tendency to sensitivity, you need gentle oil control and exfoliation instead of harsh stripping. Beneficial ingredients: low-dose salicylic acid (BHA) to clear pores and help acne, niacinamide to regulate oil and support barrier, and soothing agents like allantoin to calm irritation.
Redness	30	Low score – indicates a tendency toward sensitivity, irritation, or easily flushed skin . This can be linked to acne, barrier weakness, or environmental triggers. You should prioritize barrier-repair and soothing ingredients: panthenol (B5) , ferments (bifida, lactobacillus) , and anti-inflammatory botanical extracts . Active acids and strong exfoliants should be buffered with strong repair care.
Dark Circle	40	Below average – dark circles or dullness around the eyes may be visible. While eye concerns also relate to sleep and lifestyle, overall brightening and circulation-supporting care can help the surrounding area. Helpful directions: gentle brightening agents (like niacinamide, tranexamic acid), plus good hydration and consistent sun protection to prevent worsening pigmentation.

Skin Indicator	Score	Key focus and details
Color uniformity	51	Slightly below average – you may notice uneven tone, dullness, or post-acne marks . Combination skin with acne often leads to red/brown marks that linger. Ingredients helpful here include tranexamic acid to target spots and pigmentation, niacinamide for overall tone-evening and antioxidant support, and hydrating humectants to keep the skin plump so light reflects more evenly.
Smooth	61	Around average – skin texture is generally okay, but there may be some roughness, small bumps, or residual texture from acne . Gentle renewal and hydration will help. Beneficial ingredients: mild exfoliating acids in low concentrations, vitamin A derivatives for controlled renewal, and glycerin / hyaluronic acid to smooth via hydration. With your redness tendency, these should be paired with barrier-support actives.
Spot	71	Above average – spots and pigmentation are present but not your most serious issue. You likely have some post-inflammatory marks or mild uneven pigmentation , but it's relatively controlled. Still, because your color uniformity is lower, using brightening ingredients like tranexamic acid + niacinamide can refine overall clarity and prevent spots from deepening.
Pore	83	Good – pores are in relatively good condition . There may be mild visibility in the T-zone (common with combination skin), but this is not a major weakness. Light oil control and comedone prevention with low-level BHA and niacinamide is sufficient; no need for aggressive pore treatments.

Skin Indicator	Score	Key focus and details
Wrinkle	94	Excellent – wrinkles and fine lines are very well-controlled for your age. This suggests good intrinsic skin quality and likely not much visible aging. The goal is prevention rather than correction. Gentle vitamin A derivatives, peptides , and consistent hydration + sun protection will help maintain this strong area.

Note: Perfect skin is 100 points; around 60 points is average.

3. Personalized skincare recommendations

Based on your skin concerns, these products are listed in priority order; full use yields the best results.

1. Pore Refining Serum PR13 (B3 + Salicylic Acid Pore Refining Serum)

Why it suits you & what it improves

With **acne at 20** and **combination skin**, you need targeted acne care that is not too harsh on your redness-prone skin. PR13 offers **gentle pore clearing and oil control** with built-in **soothing and hydration**, making it suitable for both your acne and your potential sensitivity. It mainly helps to improve your **Acne**, supports **Smoothness**, and helps keep **Pores** stable without over-drying.

Key ingredients and how they help

- **Salicylic Acid 0.15%**: A low-dose BHA that helps **unclog pores, reduce blackheads and comedones**, and calm inflammatory acne over time, while being milder than high-percentage acids.
- **Niacinamide 2%**: Helps **regulate sebum**, refine overall texture, and **support the skin barrier**, which is crucial given your low redness score. It also has a mild **tone-evening and anti-inflammatory** effect.
- **Allantoin 0.1%**: **Soothing and anti-inflammatory**, helps reduce discomfort and redness around active blemishes.

- **Hydrating humectants (1,3-Propanediol 3%, Propylene Glycol 0.965%):** Add **lightweight moisture**, helping prevent the dryness or tightness often associated with acne treatments.

Overall, PR13 targets your **primary concern (acne)** while considering your **sensitivity tendency**.

2. B5 Yeast Extreme Repair Serum R9+

Why it suits you & what it improves

Your **Redness score (30)** and very low **Acne score (20)** together imply that your skin can easily become irritated, especially when using exfoliating or brightening products. R9+ is designed as a **high-concentration repair and stabilizing base**, ideal for **strengthening your barrier, reducing irritation, and improving tolerance** to actives like acids and brighteners.

It will mainly help improve **Redness**, support **Acne** management by calming inflammation, and indirectly support **Smoothness** and **Color uniformity** by maintaining a healthier barrier.

Key ingredients and how they help

- **Panthenol 5% (Vitamin B5):** A high concentration for **barrier repair, soothing, and reduction of irritation**. Excellent for sensitive, easily flushed, or over-treated skin.
- **Butylene Glycol 12% + Propylene Glycol 2.715%:** Provide **deep hydration and help other ingredients penetrate more evenly**, preventing dehydration that can worsen both redness and acne.
- **Bifida Ferment Filtrate 0.05% & Lactobacillus/Soybean Ferment Extract 0.05%:** Support the **skin's microbiome and defense**, which is valuable when you're using actives like acids and want to maintain long-term skin health.
- **Andrographis/Kalanchoe Extract 0.135%:** Offers **antioxidant and soothing benefits**, supportive for problem and sensitive skin conditions.

How to mix and use R9+

For you, a great pairing is to **mix R9+ with RV24 (brightening serum)**, so your brightening and tone-evening routine is buffered and more tolerable. After opening R9+, **pour the entire bottle into the RV24 serum**, targeting an overall **serum** :

R9+ ratio of about 2 : 1, then **shake well**. You will then use this **mixed brightening-repair serum** in your routine (see Section 4).

3. Ultra Renovating Serum RV24

Why it suits you & what it improves

Your **Color uniformity (51)** and **Dark Circle (40)** suggest dullness and uneven tone, while **Spot (71)** is decent but can be further optimized. RV24 focuses on **brightening, spots, and tone evenness** while also supporting hydration and barrier care, aligning well with your combination skin and sensitivity tendency—especially when mixed with R9+. It will primarily benefit **Color uniformity, Spots**, and overall **radiance**, and may indirectly help the appearance of **dark circles** around the eye area (when used around but not too close to the lash line).

Key ingredients and how they help

- **Tranexamic Acid 3%**: A strong **brightening agent** that helps **fade spots, post-acne marks, and uneven pigmentation** by inhibiting melanin pathways. Ideal for improving your overall skin clarity.
- **Niacinamide 2%**: Further supports **even tone, antioxidant protection, and barrier repair**. It also mildly helps regulate oil, which benefits your combination, acne-prone skin.
- **Hydrating complex (Glycerin 1.0925%, Propylene Glycol 1.8%, 1,3-Propanediol 1.5%)**: Provide **multi-layer hydration**, improving smoothness and plumpness so your skin reflects light more evenly.
- **Sodium Hyaluronate 0.2% + Polyquaternium-51 0.05%**: Enhance **water retention**, supporting a healthy barrier and improving texture.
- **Allantoin 0.1% + botanical extracts + Ceramide NP 0.005%**: Add **soothing, conditioning, and barrier-supporting** benefits, which is helpful given your low redness score.

When combined with **R9+**, RV24 becomes a **brightening + repair hybrid** that fits your needs for **tone correction without aggravating sensitivity**.

4. Personalized skincare routine and lifestyle suggestions

Morning Routine

1. Cleanser

- Use a **gentle, non-stripping cleanser** suitable for combination skin, focusing on the T-zone where you may be oilier and acne-prone, but keeping the cheeks comfortable.

2. Mixed brightening-repair serum (RV24 + R9+)

- Use the **serum you mixed by pouring the entire bottle of R9+ into RV24** and shaking well.
- Apply an appropriate amount to your face and neck, focusing on **areas of uneven tone, post-acne marks, and dullness**.
- This step works on **color uniformity, spots, mild redness, and overall barrier support**.

3. Moisturizer + Sunscreen

- Apply a **lightweight, non-comedogenic moisturizer**, especially on any drier areas.
 - Follow with a **broad-spectrum sunscreen (SPF appropriate for your environment)** every morning, even on cloudy days, to protect against **worsening spots, uneven tone, and premature aging**.
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Evening Routine

1. Cleanser

- Use the same **gentle cleanser** to remove sunscreen, environmental debris, and excess sebum, especially from the T-zone, without over-drying.

2. Pore Refining Serum PR13

- After cleansing (and before toner if you use one), apply **PR13** mainly to the **T-zone and acne-prone areas**, or all over if you tolerate it well.

- This helps **reduce breakouts, clear pores, and balance oil**, while niacinamide and allantoin help keep irritation in check.

3. **Mixed brightening-repair serum (RV24 + R9+)**

- After PR13 has absorbed, apply your **RV24 + R9+ mixed serum** to the whole face and neck.
- At night, this pairing supports **repair, brightening, barrier recovery, and calming redness** as your skin regenerates.

4. (Optional if skin feels dry) **Moisturizer**

- If your skin feels tight or dry, finish with a **simple, non-comedogenic moisturizer**, especially on the cheeks or any more sensitive areas.
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Lifestyle Suggestions

1. **Diet and hydration**

- Aim for a **balanced diet** rich in **vegetables, fruits, omega-3 fats (e.g., nuts, seeds, fatty fish)** to help support skin repair and reduce inflammation that can worsen acne and redness.
- Maintain **steady water intake throughout the day** to support overall hydration; you can use the **Skin Beauty Pal App's hydration reminder** to build a consistent drinking habit, which will help your skin's smoothness and plumpness.

2. **Sun protection and environment**

- UV exposure is a major driver of **uneven tone, spots, and worsening dark circles**. Use **sunscreen every morning**, reapplying when outdoors for prolonged periods.
- Take advantage of the **Skin Beauty Pal App's UV reminder** to know when sun intensity is high and to remind you to reapply sunscreen or seek shade.
- When possible, **avoid long, unprotected exposure** to strong sunlight and polluted environments; wearing hats or sunglasses also helps protect the eye area and prevent further darkening.

3. Sleep and habits

- Aim for **regular, sufficient sleep**; poor or irregular sleep can exacerbate **dark circles, dullness, and breakouts**.
- Try to **manage stress** through activities like light exercise, stretching, or relaxation techniques, as stress can trigger acne and redness.
- Avoid **frequent touching or picking at pimples**, which can worsen acne, increase redness, and lead to more persistent spots and uneven tone.
- Keep a **simple, consistent skincare routine**—like the one above—and track changes over time. You can use the **Skin Beauty Pal App** to set routine reminders and monitor your skin indices as you use these products.

This structured approach—gentle acne control, barrier repair, and smart brightening—fits your combination skin with a sensitivity tendency and focuses on your lowest-scoring dimensions to steadily improve overall skin health.

Important Notice: This report is intended for informational purposes only and is not a substitute for professional medical diagnosis, treatment, or advice.

For any concerns or urgent medical issues, please consult your doctor immediately.

Report edited by:

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