

bittu's Skin Analysis Report

1. Overall skin condition summary

Overall condition

bittu, you describe your skin as **combination**. Your skin health indices show that pores and wrinkles are in relatively good shape, while **acne, redness, dark circles, and overall tone uniformity** are the main areas needing care. There is also a slight tendency toward **uneven tone and mild dullness**.

Main strengths and concerns

Your **pore (83)** and **wrinkle (94)** scores are strong, suggesting good texture in many areas and relatively well-maintained firmness for your age. The main concerns are **acne (20)** and **redness (30)**, along with **dark circles (40)** and **color uniformity (51)**. The low redness score indicates a **possible sensitivity or reactivity tendency**, so any active ingredients need to be chosen and combined with barrier-supporting care.

Possible factors affecting skin condition

Your **female gender, combination skin type**, and potential **sensitivity tendency** can all contribute to intermittent breakouts, uneven tone, and redness. Daily habits such as cleansing methods, sunscreen use, sleep quality, and UV exposure likely influence your dark circles and color uniformity. Supporting the **skin barrier** and **gentle oil control** will be especially important for you.

2. Analysis of each skin dimension

Skin Indicator	Score	Key focus and details
Acne	20	<p>Meaning: Very low score; your skin is strongly prone to breakouts, clogged pores, or small bumps. Focus: Gentle but effective exfoliation and oil control, with barrier support to avoid over-irritation. Ingredient directions: Low-moderate salicylic acid (BHA) for pore decongestion, niacinamide for oil balance and barrier support, soothing agents like allantoin or panthenol to reduce inflammation.</p>
Redness	30	<p>Meaning: Marked tendency toward redness or irritation; possible sensitivity. Focus: Calming the skin, strengthening the barrier, and avoiding harsh, fast-acting exfoliants without buffering. Ingredient directions: Panthenol, ferments (bifida, lactobacillus), and soothing plant extracts (e.g., Andrographis) for repair; gentle niacinamide at appropriate levels; avoid overuse of strong acids.</p>
Dark Circle	40	<p>Meaning: Noticeable dark circles or dullness around the eyes. Focus: Improving circulation and tone around the eye area, combined with lifestyle (sleep, UV protection). Ingredient directions: Overall brightening ingredients such as niacinamide and tranexamic acid, plus good hydration and consistent sunscreen to prevent further pigment buildup.</p>
Color uniformity	51	<p>Meaning: Slightly below average; some uneven tone, dullness, or beginning spots. Focus: Gentle brightening and anti-inflammatory care while maintaining barrier health. Ingredient directions: Tranexamic acid for melanin inhibition, niacinamide for even tone and antioxidant support, hydrating ingredients (glycerin, hyaluronic acid) to keep the barrier resilient.</p>

Skin Indicator	Score	Key focus and details
Smooth	61	<p>Meaning: Around average; some roughness or small texture issues but not severe. Focus: Maintain and gradually refine texture without over-exfoliating, especially given your redness tendency. Ingredient directions: Mild BHA and supportive hydration (glycerin, polyquaternium-51) can help smoothness; gentle renewal (vitamin A derivatives) may be considered with barrier support.</p>
Spot	71	<p>Meaning: Spots or pigmentation exist but are moderately controlled. Focus: Prevent worsening and gradually fade existing spots, especially with age and UV exposure. Ingredient directions: Tranexamic acid and niacinamide for brightening and spot control, combined with strong daily sunscreen habits to maintain results.</p>
Pore	83	<p>Meaning: Pores are in good condition overall, with limited visible enlargement. Focus: Maintenance rather than aggressive pore treatments; avoid harsh stripping that could destabilize combination skin. Ingredient directions: Light salicylic acid and niacinamide can help maintain clarity and oil balance without over-drying when paired with hydration.</p>
Wrinkle	94	<p>Meaning: Very good status for lines and wrinkles. At your age, this is a strong point. Focus: Gentle maintenance and prevention of further collagen loss, mainly via hydration and UV protection rather than aggressive actives. Ingredient directions: Hydrating agents (glycerin, sodium hyaluronate), light vitamin A derivatives and peptides if tolerated, always paired with sun protection.</p>

Note: Perfect skin is 100 points; around 60 points is average.

3. Personalized skincare recommendations

Based on your skin concerns, these products are listed in priority order; full use yields the best results.

1. Pore Refining Serum PR13 (B3 + Salicylic Acid Pore Refining Serum)

Why it suits you & what it improves

With very low **Acne (20)** and good **Pore (83)**, you need **gentle, consistent acne control** rather than an overly strong peel. PR13 targets **acne, oiliness, and mild texture issues** while also offering **barrier support**, which fits your **redness (30) and possible sensitivity**. It can help prevent new breakouts, refine small bumps, and maintain clean pores without being too aggressive.

Key ingredients and how they help

1. **Salicylic Acid 0.15%** – A low but effective BHA level to gently dissolve clogging inside pores, reducing whiteheads/blackheads and inflammatory acne risk.
2. **Niacinamide 2%** – Balances sebum, supports the skin barrier, and helps reduce post-acne marks and slight redness over time.
3. **Allantoin 0.1%** – Soothing and anti-inflammatory, helpful for calming irritation around breakouts.
4. **Humectants (1,3-Propanediol, Propylene Glycol)** – Provide light hydration so the formula does not overly dry your combination skin.

This serum directly addresses your **Acne**, supports **Smoothness**, and, indirectly, improves **Color uniformity** by preventing frequent post-acne marks.

2. B5 Yeast Extreme Repair Serum R9+ (to be mixed with RV24)

Why it suits you & what it improves

Your low **Redness (30)** plus acne tendency indicate a skin that can be **reactive**. R9+ is designed as a **high-concentration repair and stabilizing base**, ideal for improving **tolerance, barrier strength, and sensitivity**. It is especially valuable

for you if you want to use active serums for **brightening or exfoliation** without triggering more redness.

R9+ is best used **mixed into another serum**. For your profile, pairing it with **Ultra Renovating Serum RV24** is ideal: it buffers brightening actives while boosting repair, helping with **redness, acne-related irritation, color uniformity, and overall resilience**.

Key ingredients and how they help

1. **Panthenol 5%** – Strong barrier-repair and soothing ingredient; helps calm redness, dryness, or post-acne irritation.
2. **Butylene Glycol 12% / Propylene Glycol 2.715%** – Deep hydration and better penetration of other actives without a heavy feel.
3. **Bifida Ferment Filtrate & Lactobacillus/Soybean Ferment Extract (0.05% each)** – Support the skin's microbiome and barrier defense, useful in mature and sensitive-prone skin.
4. **Kalanchoe/Andrographis-type extract (0.135%)** – Antioxidant and soothing, particularly suited for problem or easily irritated skin.

How to mix with RV24

1. Choose **Ultra Renovating Serum RV24** as the target serum.
2. After opening R9+, **pour the entire 10 ml bottle into the RV24 bottle**.
3. This gives approximately a **2:1 ratio (serum:R9+)**.
4. Close and **shake well** after mixing.

You will then use this **mixed brightening + repair serum** in your daily routine.

3. Ultra Renovating Serum RV24 (used mixed with R9+ as above)

Why it suits you & what it improves

Your **Color uniformity (51)**, **Dark Circle (40)**, and **Spot (71)** show that **uneven tone and pigment** are meaningful concerns, especially at your age. RV24 focuses on **brightening, spot fading, and overall tone improvement**, while still supporting hydration and barrier care. When mixed with R9+, it becomes both **effective and very gentle**, appropriate for your possible sensitivity.

This combination will mainly improve **Color uniformity**, **Spots**, and, to an extent, the appearance of **dark circles** (through overall tone and brightness, plus better barrier function).

Key ingredients and how they help

1. **Tranexamic Acid 3%** – A strong, clinically recognized ingredient for reducing dark spots and preventing new pigment formation by inhibiting melanin pathways.
2. **Niacinamide 2%** – Works synergistically with tranexamic acid for more even tone, antioxidant effects, mild redness reduction, and barrier support.
3. **Hydration complex (Glycerin, 1,3-Propanediol, Propylene Glycol, Sodium Hyaluronate 0.2%)** – Maintain moisture, plumpness, and barrier integrity, which also softens the look of fine lines.
4. **Allantoin 0.1% + botanical extracts + Ceramide NP** – Conditioning, soothing, and additional barrier support to make brightening more tolerable.

Used consistently (and mixed with R9+ as described), this serum targets your **tone, spots, and overall radiance** while working gently enough for your redness-prone skin.

4. Personalized skincare routine and lifestyle suggestions

Morning Routine

1. **Cleanse**
 - Use a gentle, non-stripping cleanser with lukewarm water to avoid triggering redness.
2. **Mixed RV24 + R9+ serum (brightening + repair)**
 - Apply an appropriate amount of the **RV24 + R9+ mixed serum** to the whole face (and neck if desired).
 - This supports **tone, spots, and barrier repair** from the start of the day.
3. **Moisturizer + Sunscreen**
 - Follow with a light, hydrating moisturizer suitable for combination skin.
 - Finish with a **broad-spectrum sunscreen** every morning, even indoors, to protect against spots, wrinkles, and redness.

- You can use the **Skin Beauty Pal App's UV reminder** to prompt you when UV levels are high or when it's time to reapply.

Evening Routine

1. Cleanse

- Remove sunscreen and impurities with a gentle cleanser; avoid hot water and harsh scrubbing to protect your barrier and reduce redness.

2. Acne care with PR13

- After cleansing, apply **Pore Refining Serum PR13** on areas prone to breakouts (T-zone, chin, or full face if needed).
- Start with a small amount and watch how your skin responds, especially given your redness tendency.

3. Mixed RV24 + R9+ serum, then moisturizer

- After PR13 has absorbed, apply the **RV24 + R9+ mixed serum** to the face.
- Finish with a suitable moisturizer to lock in hydration and support overnight repair.

(If your skin feels more sensitive on certain days, you can skip PR13 that night and just use the RV24 + R9+ mixed serum plus moisturizer for extra repair.)

Lifestyle Suggestions

1. Diet and hydration

- Aim for **adequate water intake throughout the day** to help maintain skin hydration and elasticity; small, frequent sips are often easier.
- Include foods rich in **omega-3 (e.g., fatty fish), colorful vegetables, and fruits** to provide antioxidants that support skin repair and reduce inflammation.
- Limit very high-sugar and heavily fried foods, which can worsen breakouts and dullness.
- You can use the **Skin Beauty Pal App's hydration reminder** to help you remember to drink water regularly.

2. Sun protection and environment

- UV exposure is a major driver of **spots, uneven tone, and wrinkles**, especially at your age. Use sunscreen daily, wear a hat outdoors, and seek shade during peak sun hours.
- Avoid extreme temperature changes (very hot water, strong wind directly on your face), which can aggravate redness.
- The **Skin Beauty Pal App's UV reminder** can alert you to high UV index times so you can reapply sunscreen or increase protection.

3. Sleep and habits

- Try to maintain a **regular sleep schedule** with sufficient rest; nighttime is when your skin performs the most repair, which is crucial for **redness, acne recovery, and dark circles**.
- If possible, elevate your head slightly while sleeping to help fluid drainage around the eyes, which can ease **dark circles**.
- Avoid frequent touching or picking at your skin, as this worsens **acne, redness, and spots**.
- Gentle physical activity, adapted to your comfort and health status, can support circulation and skin vitality.

If your redness or breakouts become suddenly worse, painful, or persistent, consider using the **Skin Beauty Pal App's doctor consultation or clinic booking** features for professional assessment.

Important Notice: This report is intended for informational purposes only and is not a substitute for professional medical diagnosis, treatment, or advice.

For any concerns or urgent medical issues, please consult your doctor immediately.

Report edited by:

[PAL](#) and leading dermatologists.