

bittu's Skin Analysis Report

1. Overall skin condition summary

Overall condition

bittu, you describe your skin as **combination**. Your skin health indices show **more concerns with acne, redness, and dark circles**, while pores, wrinkles, and spots are relatively better. There is a mild tendency toward **uneven tone and dullness** rather than severe aging issues.

Main strengths and concerns

Your strongest areas are **wrinkles (94)** and **pores (83)**, meaning you currently show **good smoothness in terms of aging signs and relatively refined pores** for your age. The main concerns are **acne (20)**, **redness (30)**, and **dark circles (40)**, with **color uniformity (51)** also slightly below average. This suggests a need to focus on **calming, barrier support, oil/acne control, and brightening the overall tone**, especially around the eye area.

Possible influencing factors

Your **gender (female)**, **combination skin type**, and relatively lower **redness score** suggest a possible **sensitivity or reactivity tendency**, especially when using stronger exfoliants or actives. Lifestyle factors such as **sun exposure, sleep quality, and hydration** can strongly influence your dark circles, redness, and color uniformity. Gentle, barrier-supportive care and consistent sun protection will be especially important for you.

2. Analysis of each skin dimension

Skin Indicator	Score	Key focus and details
Acne	20	<p>Meaning: This is a low score, indicating frequent or noticeable breakouts/comedones despite your age. Focus: Gentle but effective oil control, pore decongestion, and anti-inflammatory care without over-drying. Ingredient directions: Low-dose salicylic acid (BHA) for clogged pores, niacinamide for oil balance and barrier repair, and soothing components like allantoin and calming plant extracts.</p>
Redness	30	<p>Meaning: Below-average, suggesting visible redness or a tendency to react, often linked to a weaker barrier or irritation. Focus: Strengthening the skin barrier, reducing inflammation, and avoiding overly aggressive exfoliation. Ingredient directions: Panthenol, ferments (Bifida, Lactobacillus), soothing botanicals (Andrographis, chamomile-type extracts), gentle hydrators, and moderate use of acids. This pattern also hints at a sensitivity tendency.</p>
Dark Circle	40	<p>Meaning: Indicates noticeable dark circles or dullness around the eyes, often linked to circulation, pigmentation, or thin skin. Focus: Overall brightening and hydration, plus lifestyle support (sleep, sun protection). Ingredient directions: General brightening ingredients like tranexamic acid and niacinamide, plus hydrating humectants (glycerin, hyaluronic acid-type ingredients) to improve eye-area radiance indirectly.</p>

Skin Indicator	Score	Key focus and details
Color uniformity	51	<p>Meaning: Slightly below average, suggesting uneven skin tone, dullness, or early pigmentation. Focus: Gentle, long-term brightening and pigment regulation, along with daily sunscreen. Ingredient directions: Tranexamic acid, niacinamide, mild AHA (glycolic acid) in tolerable amounts, plus soothing and hydrating ingredients to keep the barrier stable while brightening.</p>
Smooth	61	<p>Meaning: Around average; skin texture is not bad but could be smoother, possibly with some roughness from comedones or mild fine lines. Focus: Support cell turnover and hydration without stripping the barrier. Ingredient directions: Mild exfoliating acids (low salicylic acid, small amount of glycolic acid), vitamin A derivatives (like retinyl palmitate) for gentle renewal, plus emollients and humectants for surface smoothness.</p>
Spot	71	<p>Meaning: Better-than-average control of pigmented spots for your age; some spots may be present but not your main issue. Focus: Maintenance and prevention of worsening pigmentation, particularly with sun protection. Ingredient directions: Tranexamic acid for spot control, niacinamide for overall tone regulation, and regular sunscreen use.</p>
Pore	83	<p>Meaning: Good pore condition; they may be visible in some areas but are relatively well managed. Focus: Maintain clean, non-congested pores while controlling T-zone oil. Ingredient directions: Light BHA use to prevent new clogs, niacinamide for sebum and pore appearance, plus hydration to avoid rebound oiliness.</p>

Skin Indicator	Score	Key focus and details
Wrinkle	94	<p>Meaning: Excellent result, especially at 83, indicating comparatively few visible wrinkles or good plumpness for your age. Focus: Prevention and maintenance, protecting collagen and barrier rather than aggressive anti-wrinkle treatments. Ingredient directions: Gentle retinoids (retinyl palmitate), peptides (acetyl hexapeptide-8), antioxidants, and solid hydration/emollients.</p>

Note: Perfect skin is 100 points; around 60 points is average.

3. Personalized skincare recommendations

Based on your skin concerns, these products are listed in priority order; full use yields the best results.

1. Pore Refining Serum PR13 (B3 + Salicylic Acid Pore Refining Serum)

Why it suits you and what it improves

With **very low acne score (20)** and combination skin, you need **gentle, regular pore decongestion** that does not worsen redness. PR13 is a mild, balancing serum suitable for **acne, blackheads, and oiliness**, while still supporting the **skin barrier**, which is important given your **low redness score (30)** and potential sensitivity.

Key ingredients and how they help

- **Salicylic Acid 0.15%:** A low but effective BHA dose to help **unclog pores, reduce comedones, and manage acne** without the intensity of higher-acid formulas—safer for reactive skin.
- **Niacinamide 2%:** Helps **control oil**, support **barrier repair**, and can reduce inflammation and post-acne marks over time.

- **Allantoin 0.1%**: Provides **soothing and anti-inflammatory** support, easing redness and discomfort.
- **Hydrating solvents (1,3-Propanediol, Propylene Glycol)**: Add **light hydration**, helping to avoid excessive dryness that can trigger more oil production.

Together, PR13 directly targets your **acne (20)** and supports **pore maintenance (83)** while being gentle enough for your potential **sensitivity tendency**.

2. B5 Yeast Extreme Repair Serum R9+ (to mix with PR13)

Why it suits you and what it improves

Your **redness score (30)** and age-related barrier fragility make **barrier repair and irritation reduction** crucial. R9+ is a high-concentration **repair and stabilizing base** that helps your skin better tolerate actives like acids and brighteners. By mixing R9+ into **PR13**, you get **acne/oil control plus enhanced soothing and barrier support**, which is ideal for your profile.

Key ingredients and how they help

- **Panthenol 5%**: A high level of vitamin B5 that **improves barrier function, reduces irritation, and soothes redness**, supporting both your **redness (30)** and overall comfort.
- **Butylene Glycol 12% + Propylene Glycol 2.715%**: Provide strong **hydration and ingredient penetration**, helping skin feel more supple and less tight.
- **Bifida Ferment Lysate 0.05% & Lactobacillus/Soybean Ferment Extract 0.05%**: **Barrier-supporting ferments** that help maintain a healthier microbiome and long-term resilience, which is valuable for aging, possibly sensitive skin.
- **Kalanchoe (Andrographis-type) extract 0.135%**: Adds **antioxidant and soothing** benefits, suitable for problem and sensitive skin.

How to mix and use with PR13

- After opening R9+, **pour the entire 10 ml bottle into your PR13 serum bottle**.
- This gives about a **2:1 ratio (serum : R9+)**, which is the optimal mixing proportion.

- **Shake well** to blend thoroughly.
- Use this **mixed PR13 + R9+ serum** after cleansing (as your “refining + repair” step), then follow with moisturizer and, in the morning, sunscreen.

This combination directly targets your **acne**, helps calm **redness**, and protects your **barrier**, making other care more comfortable and sustainable.

3. Ultra Renovating Serum RV24 (Brightening & Tone-Perfecting Serum)

Why it suits you and what it improves

Your **color uniformity score (51)** and **dark circle score (40)** show a need for **overall brightening and tone-evening**, with some early or existing pigmentation. RV24 focuses on **dullness, spots, and uneven tone** while offering hydration and gentle barrier care—well-suited for combination, potentially reactive skin.

Key ingredients and how they help

- **Tranexamic Acid 3%**: A strong, well-studied ingredient to **reduce pigmentation, inhibit excess melanin, and improve uneven tone**, supporting your lower **color uniformity** and helping prevent dark areas from worsening.
- **Niacinamide 2%**: Further enhances **brightening, tone-evening, and barrier repair**, while providing **antioxidant** benefits—useful for both facial tone and helping the appearance of **dark circles** (indirectly, through overall skin health).
- **Sodium Hyaluronate 0.2% + Glycerin, 1,3-Propanediol, Propylene Glycol**: A strong **hydration system** that helps keep your skin plump and comfortable.
- **Soothing plant extracts + Ceramide NP (0.005%)**: Offer **light barrier support and calming**, which is beneficial given your **redness** tendency and age-related barrier vulnerability.

Using RV24 consistently will support **brighter, more even skin**, complementing the acne-control and repair from **PR13 + R9+**.

4. Personalized skincare routine and lifestyle suggestions

Morning Routine

1. Cleanser

- Use a **gentle, low-foam cleanser** suitable for combination skin, focusing on the T-zone but not over-stripping drier areas.

2. Mixed PR13 + R9+ Serum

- After cleansing, apply the **mixed Pore Refining Serum PR13 + B5 Yeast Extreme Repair Serum R9+** to your whole face.
- This step helps **control acne and oil** while **soothing and repairing** your barrier.

3. Brightening & Protection Layer + Sunscreen

- Apply **Ultra Renovating Serum RV24** over the face and neck to target **uneven tone and dullness**.
 - Follow with a **moisturizer** suited to combination skin (lighter on T-zone, a bit richer on drier areas).
 - Finish with a **broad-spectrum sunscreen (SPF 30 or above)** every morning, even indoors. You can use the **Skin Beauty Pal App's UV reminder** to help you remember reapplication and high-UV periods.
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Evening Routine

1. Cleanser

- Use the same **gentle cleanser**, making sure to **thoroughly remove sunscreen and makeup** without harsh scrubbing.

2. Mixed PR13 + R9+ Serum

- Apply the **mixed PR13 + R9+ serum** again to support **pore cleanliness, acne control, and nighttime barrier repair**.

- If your skin ever feels more sensitive, you can reduce frequency (for example, every other night) and rely more on RV24 and moisturizer that evening.

3. Brightening & Moisturizing Layer

- Apply **Ultra Renovating Serum RV24** to the entire face and neck.
 - Follow with a **comforting moisturizer or cream** tailored to your drier zones, especially cheeks and around the eyes, to support overnight regeneration.
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Lifestyle Suggestions

Diet and hydration

1. Aim for consistent **water intake throughout the day** to support skin hydration and circulation, which can help overall glow and slightly improve the look of dark circles. You can use the **Skin Beauty Pal App's hydration reminder** to keep your drinking schedule on track.
2. Include **antioxidant-rich foods** (berries, leafy greens, nuts) and **healthy fats** (fish, flaxseed, walnuts) to support your skin's barrier and resilience.
3. Reduce **excess sugar and highly processed foods**, which can aggravate inflammation and potentially worsen acne and redness.

Sun protection and environment

1. Make **sunscreen a daily habit**, including on cloudy days; UV damage worsens **redness, pigmentation, and uneven tone**.
2. Reapply sunscreen if you are outdoors for more than 2–3 hours. The **Skin Beauty Pal App's UV reminder** can alert you when UV levels are high.
3. Avoid long, hot showers and very strong cleansing, which can **weaken your barrier and increase redness**. Use lukewarm water and gentle towels instead of rubbing.

Sleep and habits

1. Try to maintain **regular, sufficient sleep** (aim for 7–8 hours if possible). Poor sleep can intensify **dark circles and dullness**.
2. Elevate your head slightly while sleeping and avoid rubbing your eyes to lessen mechanical stress around the eye area.
3. Manage stress with light **stretching, breathing exercises, or calming activities**; stress can trigger or worsen **acne and redness**.

4. If your skin ever becomes very unstable or you are unsure about reactions, consider using the **Skin Beauty Pal App's doctor consultation or clinic booking features** to get professional, in-person assessment.

By focusing on **gentle acne control, barrier repair, and brightening**, and following these routines steadily, you can improve your **acne, redness, dark circles, and color uniformity** while maintaining your strong areas like **wrinkles and pores**.

Important Notice: This report is intended for informational purposes only and is not a substitute for professional medical diagnosis, treatment, or advice.

For any concerns or urgent medical issues, please consult your doctor immediately.

Report edited by:

[PAL](#) and leading dermatologists.