

# harsh Bhatnagar 's Skin Analysis Report

## 1. Overall skin condition summary

### Overall condition

harsh Bhatnagar, you describe your skin as **oily and very sensitive**. Your scores show that **color unevenness and dark circles** are the weakest areas, with **acne and wrinkles** as secondary concerns. Pores, smoothness, and redness are relatively better maintained at the moment.

### Main strengths and concerns

Your **pore (88)** and **smoothness (73)** scores suggest that overall texture and pore condition are fairly good for your age, and **redness (72)** is relatively controlled, which is positive for very sensitive skin. The main issues are **uneven skin tone (29)**, **dark circles (27)**, and **acne (49)**, with **wrinkles (59)** sitting slightly below average and worth gradual improvement rather than aggressive treatment.

### Possible influencing factors

As an **84-year-old male with oily, very sensitive skin**, you likely face a mix of **natural aging (wrinkles, dark circles, spots)** and **oil-related congestion or acne**, while needing to avoid irritation. Lifestyle factors such as **sun exposure, sleep quality, long-term UV damage, and overall circulation** can strongly influence your dark circles, tone unevenness, and wrinkle formation, and will be important to manage together with gentle, targeted skincare.

---

## 2. Analysis of each skin dimension

Skin Indicator	Score	Key focus and details
Dark Circle	27	<p><b>Meaning:</b> Very low score; under-eye darkness is a major concern and often reflects aging, thin skin, pigmentation, or circulation issues. <b>Focus:</b> Gentle brightening and overall tone improvement, plus sufficient hydration and UV protection. <b>Ingredient directions:</b> Look for <b>niacinamide</b> and <b>tranexamic acid</b> for overall brightening; <b>hydrating ingredients</b> like <b>glycerin</b> and <b>sodium hyaluronate</b> to plump and support the area (apply serums around, not too close to the lash line if sensitivity is high). Lifestyle changes (sleep, UV protection) are essential.</p>
Color uniformity	29	<p><b>Meaning:</b> Very uneven skin tone with dullness or mottled appearance. <b>Focus:</b> Brightening, fading irregular pigmentation, and strengthening the barrier to prevent further discoloration. <b>Ingredient directions:</b> <b>Tranexamic acid</b> to reduce melanin activity and dark spots; <b>niacinamide</b> for even tone and antioxidant support; <b>ceramides and soothing extracts</b> to keep the barrier stable while brightening. Consistent daily sunscreen is critical to maintain improvement.</p>
Acne	49	<p><b>Meaning:</b> Below-average score; acne and/or clogged pores occur, which is common with oily skin even at older ages. <b>Focus:</b> Gentle sebum control and comedone prevention without over-drying or triggering sensitivity. <b>Ingredient directions:</b> Low-dose <b>salicylic acid (BHA)</b> to help keep pores clear; <b>niacinamide</b> to regulate oil and support the barrier; <b>soothing agents</b> like <b>allantoin</b> and anti-inflammatory plant extracts to keep irritation minimized.</p>

Skin Indicator	Score	Key focus and details
Wrinkle	59	<p><b>Meaning:</b> Slightly below average; fine lines and deeper wrinkles are present, as expected with age, but still have room for improvement. <b>Focus:</b> Supporting skin renewal and hydration while avoiding irritation due to very sensitive skin. <b>Ingredient directions:</b> Gentle <b>vitamin A derivatives (retinyl palmitate)</b> for renewal, <b>peptides</b> for smoothing expression lines, and <b>emollients + humectants</b> (e.g., <b>glycerin, babassu oil esters</b>) to plump and soften the skin surface. Consistent use is more important than intensity in your case.</p>
Spot	70	<p><b>Meaning:</b> Mild to moderate pigmentation or age spots, but much better than the overall tone score; suggests some local spots along with more general dullness. <b>Focus:</b> Targeted spot and overall brightening while maintaining barrier function. <b>Ingredient directions:</b> <b>Tranexamic acid</b> and <b>niacinamide</b> to lighten spots and even tone; <b>antioxidant and soothing extracts</b> to reduce irritation risk; hydration to prevent dryness from brightening actives. Daily UV protection is non-negotiable.</p>
Redness	72	<p><b>Meaning:</b> Redness is relatively controlled; not a major current issue, which is good given your self-reported “very sensitive” skin. <b>Focus:</b> Maintain stability and avoid over-exfoliation or harsh actives that may trigger sensitivity. <b>Ingredient directions:</b> <b>Panthenol, ferments, soothing plant extracts</b>, and <b>allantoin</b> can help keep the barrier calm. When using acids or retinoids, buffering with repair-focused products is important.</p>

Skin Indicator	Score	Key focus and details
Smooth	73	<b>Meaning:</b> Texture is relatively smooth; you may have some fine lines or minor uneven areas, but not a key weakness. <b>Focus:</b> Maintain smoothness while working on tone and acne so that any exfoliation is gentle and not excessive. <b>Ingredient directions:</b> Light <b>BHA/AHA</b> combined with <b>hydrating and repairing ingredients</b> ; <b>vitamin A derivatives</b> and <b>peptides</b> to gradually refine texture without harsh scrubs.
Pore	88	<b>Meaning:</b> Very good pore score; pores are comparatively small or well controlled. <b>Focus:</b> Maintenance rather than aggressive pore treatments, especially given sensitivity. <b>Ingredient directions:</b> Moderate <b>niacinamide</b> for sebum balance and pore appearance; <b>light salicylic acid</b> only as needed to prevent new congestion, combined with <b>hydration</b> to avoid dehydration-induced oiliness.

Note: Perfect skin is 100 points; around 60 points is average.

### 3. Personalized skincare recommendations

Based on your skin concerns, these products are listed in priority order; full use yields the best results.

#### 1. Ultra Renovating Serum RV24 - Brightening & Tone-Equalizing Core

##### Why it suits you and what it improves

RV24 directly targets your **lowest scores: color uniformity (29) and dark circle (27)**, and also supports **spots (70)** and barrier care. For very sensitive, oily skin, it offers **brightening plus hydration and mild barrier support** without relying on strong exfoliating acids, which fits your sensitivity level.

## Key ingredients and how they help

- **Tranexamic Acid (3%)**: A targeted brightening ingredient that helps **reduce melanin production**, fade **uneven patches and spots**, and improve overall tone clarity with a relatively gentle profile compared to many brighteners.
- **Niacinamide (2%)**: Supports **even skin tone**, helps with **oil control**, offers **antioxidant benefits**, and aids **barrier repair**, which is very important for your “very sensitive” skin.
- **Sodium Hyaluronate (0.2%) + Glycerin/Propylene Glycol/1,3-Propanediol**: Provide **multi-level hydration**, giving the skin a plumper, smoother look that can **soften the appearance of fine lines and dark, tired areas**.
- **Ceramide NP (0.005%) and multiple botanical extracts**: Support **barrier function and soothing**, which helps keep brightening comfortable and reduces irritation risk.

Overall, RV24 is your **main daily treatment serum** to address dullness, uneven tone, and help the overall look of dark circles.

---

## 2. B5 Yeast Extreme Repair Serum R9+ - Barrier & Sensitivity Stabilizing Partner

### Why it suits you and what it improves

With **very sensitive, oily skin** and the need to use brightening and possibly mild exfoliating or anti-aging actives, R9+ is ideal as a **repair and stabilizing base**. It helps you **tolerate RV24 and any future actives better**, reduces irritation, and supports overall skin comfort. It indirectly supports **redness control, wrinkle resilience, and acne management** by strengthening the barrier.

### Key ingredients and how they help

- **Panthenol (5%)**: A high level of **B5** to **repair the skin barrier, reduce irritation, and soothe**. Useful whenever you introduce actives or if your skin feels tight or reactive.
- **Butylene Glycol (12%) and Propylene Glycol (2.715%)**: Provide **deep, humectant hydration** and help other ingredients absorb more evenly, which can make actives feel smoother and less aggressive.

- **Bifida Ferment Lysate (0.05%) and Lactobacillus/Soybean Ferment Extract (0.05%)**: Support the **skin microbiome and barrier defense**, encouraging calmer, more resilient skin over time.
- **Kalanchoe Spathulata Extract (Andrographis Paniculata-related)**: Offers **antioxidant and soothing** benefits, particularly suitable for **problem and sensitive skin types**.

### How to mix with RV24

For you, the best pairing is **R9+ mixed into Ultra Renovating Serum RV24**, so your brightening step is also **repair-focused**.

- After opening R9+, **pour the entire 10 ml bottle into your RV24 serum** bottle.
- This gives an approximate **serum:R9+ ratio of 2:1**, which is optimal.
- **Shake well** before each use.

This mixed serum will be your primary treatment step in both morning and evening routines, offering **brightening + barrier repair** in one.

---

## 3. Pore Refining Serum PR13 - Gentle Oil-Control & Acne Support

### Why it suits you and what it improves

With an **acne score of 49** and **oily, very sensitive skin**, you need acne support that is **effective but not too harsh**. PR13 is designed as a **gentle refining serum for acne, blackheads, pores, and oiliness**, making it more suitable than a stronger acid product for your sensitivity. It helps improve **acne and oil control**, while maintaining your already good **pore (88)** and **smoothness (73)** scores.

### Key ingredients and how they help

- **Salicylic Acid (0.15%)**: A **low-strength BHA** that gently **exfoliates inside the pores**, helping prevent and manage **comedones and inflammatory acne** with a reduced irritation risk compared to higher percentages.
- **Niacinamide (2%)**: Helps **control oil production**, supports **barrier function**, and can mildly assist in **tone evening and redness control**, aligning well with your main concerns.
- **Allantoin (0.1%)**: A well-known **soothing and anti-inflammatory** ingredient, important for **very sensitive skin** to keep BHA more tolerable.

- **Hydrating humectants (1,3-Propanediol, Propylene Glycol)**: Provide **light hydration** to help prevent the over-drying that can worsen both oiliness and sensitivity.

You can use PR13 **in selected areas (e.g., T-zone or acne-prone zones)** to keep breakouts controlled while letting RV24 + R9+ handle tone and barrier repair.

---

## 4. Personalized skincare routine and lifestyle suggestions

### Morning Routine

#### 1. Gentle cleanse

- Use a mild, non-stripping cleanser suitable for **oily, sensitive skin**. Lukewarm water only; avoid hot water which can increase redness and dryness.

#### 2. Mixed Brightening & Repair Serum (RV24 + R9+)

- Shake your **RV24 bottle that has the entire R9+ poured into it**.
- Apply a small amount to face and neck, avoiding getting too close to the eyes (tap lightly around, not on the lash line).
- This step targets **uneven tone, dark circles (indirectly), spots, and barrier repair**.

#### 3. Targeted Acne Care (PR13, as needed)

- If you have active acne or congested areas, apply **a thin layer of PR13** to those zones (commonly T-zone, nose, chin).
- Let it absorb before the next step.

#### 4. Moisturizer (lightweight)

- Use an oil-control or gel-type moisturizer suited to **oily, sensitive skin** to maintain hydration without heaviness.

## 5. Sunscreen

- Apply a **broad-spectrum sunscreen (SPF 30 or higher)** every morning, even indoors near windows. This is crucial to protect **spots, uneven tone, wrinkles, and dark circles** from worsening.
  - You can rely on the **Skin Beauty Pal App's UV reminder** to prompt you when UV is high or reapplication is due.
- 

## Evening Routine

### 1. Gentle cleanse

- Remove sunscreen and daily buildup with a mild cleanser. If using a richer cleanser at night, ensure it is still **non-irritating and fragrance-minimal**.

### 2. Pore/Acne Care (PR13)

- Apply **PR13** to oily or acne-prone areas after cleansing.
- Start with **every other night** or 2–3 times per week given your sensitivity, and adjust based on comfort.

### 3. Mixed Brightening & Repair Serum (RV24 + R9+)

- After PR13 is absorbed (or on nights you skip PR13), use your **mixed RV24 + R9+ serum** over the entire face and neck.
- This supports **brightening, dark circle appearance, and barrier repair** while you sleep.

### 4. Optional richer moisturizer (if needed)

- If your skin feels dry or tight, apply a **slightly more nourishing but still non-comedogenic moisturizer** after the serum, especially around drier areas like cheeks and neck.
  - If your skin feels comfortable and oily enough, you can keep this step very light.
-

## Lifestyle Suggestions

### 1. Diet and hydration

- Aim for **steady hydration throughout the day** (small, frequent sips of water or unsweetened tea), which supports **plumper skin and better circulation** for dark circles and wrinkles.
- Include foods rich in **antioxidants and healthy fats** (e.g., colorful vegetables, fruits, nuts, fish) to support overall skin resilience.
- Limit **excess sugar and very greasy foods**, which can worsen acne and inflammation.
- Use the **Skin Beauty Pal App's hydration reminder** to help you maintain a regular drinking pattern suitable for your daily routine.

### 2. Sun protection and environment

- Avoid direct midday sun where possible; wear **hat, sunglasses, and sunscreen** when outdoors to protect against **spots, uneven tone, and wrinkles**.
- Try to avoid prolonged exposure to **polluted or very dry environments**; if you must, increase your focus on cleansing and hydration.
- Turn on or regularly check the **Skin Beauty Pal App's UV reminder** so you know when UV is strong and when sunscreen or shade is especially important.

### 3. Sleep and daily habits

- Aim for **regular, sufficient sleep**; poor sleep can significantly **worsen dark circles, dullness, and wrinkles**.
- Elevate your head slightly with an extra pillow if under-eye puffiness is an issue, to aid fluid drainage.
- Avoid **rubbing or pulling the skin**, especially around the eyes, to prevent irritation and additional wrinkles.
- Keep routines **simple and consistent**; with very sensitive skin, fewer, well-chosen products used regularly (like your **RV24 + R9+ mix and PR13**) are more effective and safer than frequent changes.
- If you ever experience persistent irritation, severe redness, or sudden worsening, consider using **R9+ (through your RV24 mix) as your main active** and reduce other actives, and use the **Skin Beauty Pal App** to seek further professional advice through its doctor consultation or clinic booking features.

By focusing on **tone, dark circles, gentle acne control, and barrier strength**, you can steadily improve your main concerns while respecting your skin's sensitivity.

Important Notice: This report is intended for informational purposes only and is not a substitute for professional medical diagnosis, treatment, or advice.

For any concerns or urgent medical issues, please consult your doctor immediately.

Report edited by:

[PAL](#) and leading dermatologists.