

q's Skin Analysis Report

1. Overall skin condition summary

Overall condition

q, you describe your skin type as **neutral**, which usually means a relatively balanced oil-water level and generally good tolerance. Your AI skin scores show that overall your skin barrier is fairly stable, with **pores, wrinkles, and spots** performing relatively well. The main tendencies that stand out are **acne/blemish issues, some redness (possible sensitivity), and uneven tone/dark circles**.

Main strengths and concerns

Your **wrinkle score is very high (94)**, suggesting that for your age, fine lines and deeper wrinkles are relatively well-managed. **Pores (83)** and **spots (71)** are also in a good range, so enlarged pores and strong hyperpigmented spots are not your main issues right now. The most important concerns are **acne (20), redness (30), and dark circles (40)**, along with **moderate uneven tone/smoothness**. These low scores signal that **breakouts, skin reactivity, and overall dullness/eye fatigue** should be your top focus.

Possible factors affecting skin condition

As a **66-year-old female with neutral skin**, your barrier tends to be more stable than oily or very dry types, but the skin can still become thinner and more reactive with time. The **low redness score suggests a sensitivity tendency**, which can make active ingredients (like acids or strong exfoliants) more irritating. Lifestyle factors such as **sleep quality, UV exposure over the years, and hydration habits** likely play a role in your dark circles, uneven tone, and current blemish/redness condition.

2. Analysis of each skin dimension

Skin Indicator	Score	Key focus and details
Acne	20	<p>Meaning of score: Very low score, indicating that acne, clogged pores, or blemish tendency are a key problem right now. There may be comedones, occasional inflamed pimples, or texture caused by congestion. Focus: Gentle but effective exfoliation and oil-control that do not strip your barrier, especially given your age and possible sensitivity. Ingredient directions: Low-dose salicylic acid (BHA) to clear pores and calm acne, niacinamide to regulate oil and support the barrier, and soothing ingredients like allantoin to reduce irritation.</p>
Redness	30	<p>Meaning of score: Below average, suggesting a sensitivity or redness-prone tendency. You may experience flushing, irritation after actives, or redness around blemishes. Focus: Barrier repair and anti-inflammatory care while still addressing acne and tone. Avoid overly aggressive exfoliation or too many strong actives at once. Ingredient directions: Panthenol, ferments (e.g., Bifida, Lactobacillus), and soothing plant extracts to stabilize skin; mild anti-inflammatory actives (allantoin, Andrographis) combined with barrier-supporting niacinamide.</p>
Dark Circle	40	<p>Meaning of score: Below average, indicating visible dark circles or tired-looking under-eye area. Causes can include pigmentation, thin skin, or poor microcirculation and sleep. Focus: Gentle brightening, sun protection, and lifestyle adjustments (sleep, screen time, eye strain). Ingredient directions: Overall facial brightening actives such as tranexamic acid, niacinamide, and hydrating agents to support a smoother, more even look; consistent sunscreen is also key.</p>

Skin Indicator	Score	Key focus and details
Color uniformity	51	<p>Meaning of score: Slightly below average, pointing to mild uneven tone, dullness, or early discoloration.</p> <p>Focus: Improve brightness and evenness in a gentle way while keeping the barrier stable (you have some redness and sensitivity risk). Ingredient directions: Tranexamic acid for spot/patchy discoloration, niacinamide for global tone evening, hydrating humectants (glycerin, hyaluronic acid, polyquaternium-51) to maintain radiance.</p>
Smooth	61	<p>Meaning of score: Slightly above average. Overall texture is not bad, but fine roughness, small bumps, or residual acne marks may still be visible. Focus: Maintain smoothness while carefully increasing renewal around congested or uneven areas. Ingredient directions: Mild BHA (salicylic acid) and, if well tolerated, gentle retinoid (retinyl palmitate) to refine texture; combine with good moisturization to avoid over-drying.</p>
Spot	71	<p>Meaning of score: Above average. You may have some pigmentation from past sun exposure or acne marks, but it is not a severe concern compared with your other indices. Focus: Prevention and slow improvement rather than aggressive fading. Ingredient directions: Tranexamic acid and niacinamide for gradual spot control, plus hydration and barrier repair to prevent further pigmentation and post-inflammatory marks.</p>
Pore	83	<p>Meaning of score: High score; pores are relatively refined for your age and skin type. Focus: Maintain current condition while treating acne in a way that doesn't enlarge pores or compromise the barrier. Ingredient directions: Light use of salicylic acid to keep pores clear, niacinamide to maintain pore appearance and balance sebum, and gentle hydration.</p>

Skin Indicator	Score	Key focus and details
Wrinkle	94	<p>Meaning of score: Very high; signs of aging such as wrinkles and fine lines are comparatively well controlled.</p> <p>Focus: Maintenance and prevention rather than aggressive anti-aging. Ingredient directions: Moderate vitamin A derivative (retinyl palmitate) and peptides (acetyl hexapeptide-8) can be beneficial, but should be balanced with hydrating and soothing ingredients to accommodate your redness/sensitivity tendency.</p>

Note: Perfect skin is 100 points; around 60 points is average.

3. Personalized skincare recommendations

Based on your skin concerns, these products are listed in priority order; full use yields the best results.

1. B5 Yeast Extreme Repair Serum R9+ (Repair & Sensitivity Support)

Why it suits you and what it improves

Your lowest scores are **Acne (20)** and **Redness (30)**, with a clear sensitivity tendency. R9+ is designed as a **high-concentration repair and stabilizing serum**, ideal for skin that needs to use actives (acne care, brightening, or anti-aging) but is easily irritated. For you, it helps:

- Strengthen your **barrier** and reduce redness/irritation.
- Increase **tolerance** to exfoliating or brightening serums needed for acne and tone.
- Support overall comfort, especially important at 66, when skin is thinner and more reactive.

Key ingredients and how they help

- **Panthenol 5%**: A high level of vitamin B5 that **repairs the barrier**, reduces irritation, and soothes redness—directly helpful for your low redness score and for calming around acne lesions.
- **Butylene Glycol 12% + Propylene Glycol 2.715%**: Strong **hydrating humectants** that improve water retention and help other actives penetrate more evenly without harshness.
- **Bifida Ferment Lysate 0.05% & Lactobacillus/Soybean Ferment Extract 0.05%**: Ferment ingredients that help support the **skin microbiome** and resilience, useful when you use acids or brightening ingredients.
- **Kalanchoe/Andrographis-type soothing extract (0.135%)**: Provides **antioxidant and soothing benefits**, suitable for **problem and sensitive skin**, complementing your low acne and redness scores.

R9+ will be your **core mixing base** to make your active serums gentler and more compatible with your sensitivity tendency.

2. Pore Refining Serum PR13 (B3 + Salicylic Acid Pore Refining Serum) - Acne & Texture Focus

Why it suits you and what it improves

With **Acne at 20**, you clearly need targeted acne and congestion control, but your **Redness (30)** suggests you must avoid overly strong exfoliation. PR13 is a **gentle, lower-strength salicylic acid serum** combined with barrier-supporting niacinamide, ideal for:

- Clearing **clogged pores**, comedones, and mild breakouts.
- Helping refine skin **smoothness (61)** without over-drying.
- Assisting in **pore maintenance (83)** and preventing future congestion.

This balance fits your neutral skin and age better than a very strong acid.

Key ingredients and how they help

- **Salicylic Acid 0.15%**: A low yet effective **BHA** that goes into pores, dissolving excess sebum and dead cells. This directly addresses your **acne** and helps maintain your already good **pore** score.

- **Niacinamide 2%**: Helps **control oil**, supports the **skin barrier**, and can gently improve tone and redness over time. This is beneficial for both acne and your moderate **color uniformity** concern.
- **Allantoin 0.1%**: A classic **soothing and anti-inflammatory** ingredient that helps calm irritation from breakouts and reduces redness, aligning well with your low redness score.
- **Hydrating base (1,3-Propanediol 3%, Propylene Glycol 0.965%)**: Adds light **hydration**, reducing the risk of dryness or tightness from exfoliation.

Using with R9+ (mixing guidance)

For your sensitive tendency, PR13 will work best **mixed with R9+** to enhance repair:

- After opening R9+, **pour the entire 10 ml bottle into PR13**.
- This creates an optimal ratio of **serum:R9+ ≈ 2:1**.
- Shake well after mixing.

The resulting blend delivers **gentle salicylic acid + niacinamide** together with **high-level panthenol and ferments**, making acne care more comfortable and suitable for your skin.

3. Ultra Renovating Serum RV24 (Brightening & Tone Evenness)

Why it suits you and what it improves

Your **Color uniformity (51)** and **Dark circle (40)** scores show that brightness and even tone are important secondary concerns. RV24 is focused on **even tone, spots, and dullness**, while still supporting hydration and barrier care, making it suitable for:

- Gradually improving **uneven tone** and mild pigmentation.
- Supporting an overall **brighter, fresher look**, which also indirectly helps the appearance of dark circles (combined with good lifestyle and sun protection).
- Maintaining barrier and hydration, important with your redness score.

Key ingredients and how they help

- **Tranexamic Acid 3%**: A strong yet targeted **brightening ingredient** that helps **fade spots and uneven tone** and inhibits melanin formation. This

directly addresses your **color uniformity** and supports your relatively good **spot** score (71) by preventing further darkening.

- **Niacinamide 2%**: Helps **even skin tone**, supports the **barrier**, and provides **antioxidant** protection. Also useful for redness and post-inflammatory marks from acne.
- **Sodium Hyaluronate 0.2% + Glycerin 1.0925% + Propylene Glycol 1.8% + 1,3-Propanediol 1.5%**: A robust **hydrating complex** that keeps your skin plump and comfortable, reducing dullness and supporting smoothness.
- **Allantoin 0.1% + Dipotassium Glycyrrhizate 0.1% + plant extracts + Ceramide NP 0.005%**: These help with **soothing, mild anti-inflammatory effects, and barrier support**, which is ideal for your possible sensitivity.

You can use RV24 alone or, if your skin feels more fragile at times, use it after your **PR13+R9+ mix** and follow with moisturizer and sunscreen.

4. Personalized skincare routine and lifestyle suggestions

Morning Routine

1. Cleanser

- Use a gentle, non-stripping facial cleanser with lukewarm water to keep your neutral skin balanced and avoid increasing redness.

2. Brightening & Hydrating Serum (RV24)

- After cleansing, apply **Ultra Renovating Serum RV24** to your whole face and neck.
- This targets **uneven tone, dark circles area (apply carefully around the orbital bone), and overall dullness** while adding hydration.

3. Moisturizer + Sunscreen

- Follow with a lightweight moisturizer suited for neutral skin, then apply a **broad-spectrum sunscreen** (SPF appropriate for your environment) every morning.

- Consistent sun protection helps maintain your **high wrinkle score** and prevents **spots and uneven tone** from worsening.
 - You can use the **Skin Beauty Pal App's UV reminder** to prompt you when UV levels are high and when to reapply sunscreen.
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Evening Routine

1. Cleanser

- Gently cleanse to remove sunscreen, makeup, and impurities, paying attention not to over-rub areas of redness or around active blemishes.

2. Acne-Repair Mix: PR13 + R9+

- Use your pre-mixed bottle where you have **poured the entire R9+ into PR13** (and shaken well).
- Apply an appropriate amount to areas with **acne, congestion, or uneven texture**, and if tolerated, you can use it on the whole face.
- This step helps clear **clogged pores and acne** while **repairing and soothing** your barrier thanks to B5 and ferments.

3. Brightening (Optional on non-sensitive nights): RV24

- If your skin feels comfortable (no stinging or excessive redness), you may layer **Ultra Renovating Serum RV24** after the PR13+R9+ mix for enhanced brightening and hydration.
- If your skin feels more sensitive on some nights, **skip RV24** and just use the acne-repair mix plus moisturizer.

4. Moisturizer

- Finish with a suitable moisturizer to lock in all previous steps and support overnight repair.
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Lifestyle Suggestions

1. Diet and Hydration

- Aim for **adequate water intake throughout the day** (small amounts frequently). Proper hydration supports your **smoothness and tone** and helps your barrier tolerate actives better.
- Include **antioxidant-rich foods** (colorful vegetables, berries, green tea) and adequate protein to support skin repair, especially important for acne healing and redness control.
- You can turn on the **Skin Beauty Pal App's hydration reminder** to help you maintain consistent water intake.

2. Sun Protection and Environment

- Even at 66, **UV protection is one of the most important “anti-aging” and brightening steps**, helping maintain your high wrinkle score and prevent spots and further uneven tone.
- Reapply sunscreen when outdoors for extended periods, wear **hats or sunglasses**, and seek shade during peak sun hours.
- Protect your skin from **harsh wind or very dry environments** (air conditioning/heating) by using a gentle moisturizer and avoiding over-cleansing. Use the **App's UV reminder** to stay aware of daily UV conditions and adjust your protection.

3. Sleep and Habits

- Aim for **regular, sufficient sleep**, as nighttime is when your skin does most of its **repair and regeneration**—this helps both **dark circles and overall tone**.
- Try to limit **late-night screen time** and strong overhead lighting in the evening to support better sleep quality and reduce eye strain, which can worsen dark circles.
- Avoid **picking at acne or rubbing your face/eyes**, as this can increase redness and cause post-inflammatory marks that worsen your color uniformity score.
- If you ever feel your acne or redness is getting significantly worse or painful, consider using the **Skin Beauty Pal App's tele-consultation or clinic booking** to get professional medical advice.

By focusing on **gentle acne control (PR13+R9+)**, **barrier repair (R9+)**, and **brightening (RV24)**, you can address your lowest scores (acne, redness, dark circles, and uneven tone) while maintaining your strong areas (pores, wrinkles, and spots).

Important Notice: This report is intended for informational purposes only and is not a substitute for professional medical diagnosis, treatment, or advice.

For any concerns or urgent medical issues, please consult your doctor immediately.

Report edited by:

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