

harsh Bhatnagar 's Skin Analysis Report

1. Overall skin condition summary

Overall condition

harsh Bhatnagar, you describe your skin as **oily and very sensitive**. Your skin health indices show that the main tendencies are **uneven tone, dark circles, and some aging-related changes**, with **moderate acne**. Redness is relatively controlled, and pores and smoothness are relatively strong areas.

Main strengths and concerns

Your **pore (88)** and **smoothness (73)** scores are good, suggesting that your skin texture and pore appearance are relatively well maintained.

The main concerns are **dark circles (27)** and **color unevenness (29)**, followed by **wrinkles (59)** and **acne (49)**. This means your priorities are: brightening and tone-evening, eye-area support (mainly lifestyle), gentle anti-aging, and careful oil/acne management suitable for very sensitive skin.

Possible factors affecting your skin

As an **84-year-old male with oily, very sensitive skin**, your skin is likely influenced by **sebum production, age-related barrier and collagen changes, and irritation-prone reactions**. Lifestyle elements such as sleep quality, sun exposure, and daily habits will strongly affect **dark circles, spots, wrinkles, and color uniformity**. Because you are very sensitive, any active care should focus on **barrier support and gentle formulations** rather than aggressive treatment.

2. Analysis of each skin dimension

Skin Indicator	Score	Key focus and details
Dark Circle	27	<p>Meaning: Very low score; the under-eye area is a key concern, likely with visible darkness, fatigue, or vascular/shadow-related circles. Focus: Skincare can only help mildly; most improvement will come from better sleep, sun protection, and gentle moisturizing around the eyes.</p> <p>Ingredient directions: Hydrators (glycerin, sodium hyaluronate), soothing and barrier-supporting agents (panthenol, niacinamide at gentle levels), and brightening ingredients used on the overall face (e.g., tranexamic acid, niacinamide) can indirectly improve overall radiance but avoid harsh acids near the eyes.</p>
Color uniformity	29	<p>Meaning: Very uneven tone, with dullness or patchiness. Focus: This is a primary improvement target: you need gentle brightening and pigment-regulating care, suitable for very sensitive, oily skin. Ingredient directions: Tranexamic acid for melanin regulation, niacinamide for brightening and barrier repair, hydrating agents (glycerin, sodium hyaluronate, polyquaternium-51), and soothing components (allantoin, dipotassium glycyrrhizate, botanical extracts) to brighten without irritating.</p>
Acne	49	<p>Meaning: Below-average score; you likely have ongoing acne or clogged pores, but not extremely severe. Focus: Because your skin is very sensitive, you need mild, well-buffered exfoliation and oil control, not strong peels. Ingredient directions: Low-dose salicylic acid (BHA) for pores and breakouts, niacinamide for oil regulation and barrier support, plus soothing ingredients like allantoin and plant extracts. You should avoid overly high acid concentrations or over-exfoliation.</p>

Skin Indicator	Score	Key focus and details
Wrinkle	59	<p>Meaning: Slightly below average; signs of aging (fine lines, deeper wrinkles) are expected at your age. Focus: Support skin renewal and firmness gently, while also enhancing hydration and barrier to avoid irritation.</p> <p>Ingredient directions: Mild vitamin A derivatives (retinyl palmitate), peptides (e.g., acetyl hexapeptide-8), hydrating lipids and humectants (glycerin, babassu oil derivatives, hydrogenated polyisobutene), and barrier-supporting agents to keep the skin resilient. Strict daily sun protection is essential to slow further wrinkle formation.</p>
Spot	70	<p>Meaning: Above average; localized spots or hyperpigmentation exist but are relatively controlled.</p> <p>Focus: Since color uniformity is poor, targeting diffuse dullness and tone, while also gradually managing spots, is key. Ingredient directions: Tranexamic acid for spot and melanin control, niacinamide for brightening/antioxidant support, and ceramides plus soothing plant extracts to maintain barrier while evening out pigmentation.</p>
Redness	72	<p>Meaning: Good score; overall redness is relatively well under control, which is positive despite your very sensitive self-assessment. Focus: Maintain this stability and avoid triggering sensitivity with harsh acids or over-layering actives. Ingredient directions: Soothing, barrier-supportive formulas (panthenol, bifida ferment lysate, lactobacillus/soybean ferment, andrographis extract, allantoin), and gentle brightening or anti-acne actives at moderate doses.</p>

Skin Indicator	Score	Key focus and details
Smooth	73	Meaning: Smoothness is a relative strength; your skin surface is fairly refined. Focus: The goal is to maintain texture while addressing tone, aging, and acne. Avoid over-exfoliating, which could damage this strength and provoke sensitivity. Ingredient directions: Light humectants and emollients (glycerin, sodium hyaluronate, babassu oil esters in balanced amounts) and mild renewal agents (retinyl palmitate) used together with barrier-repair serums.
Pore	88	Meaning: Very good; pores appear relatively fine or well-managed. Focus: Rather than aggressive pore treatments, focus on gentle oil balance and prevention of new congestion . Ingredient directions: Low-dose salicylic acid combined with niacinamide and hydrating agents; however, harsher acid combinations or high salicylic-acid products are not necessary unless acne becomes more severe.

Note: Perfect skin is 100 points; around 60 points is average.

3. Personalized skincare recommendations

Based on your skin concerns, these products are listed in priority order; full use yields the best results.

1. Ultra Renovating Serum RV24 - Tone-evening & Brightening with Barrier Support

Why it suits you and what it improves

RV24 directly targets your **lowest scores: color uniformity (29)** and also supports **spots (70)** and overall dullness. Its formula is also quite supportive of **hydration and barrier**, which is important for your **very sensitive, oily skin**.

This makes it a central product to improve overall brightness without aggressive exfoliation.

Key ingredients and how they help

1. **Tranexamic Acid (3%)**

- Helps **inhibit melanin production**, reducing uneven pigmentation and dull patches.
- Suitable for **diffuse tone issues and spots** without the peeling effect of strong acids, making it more compatible with sensitive skin.

2. **Niacinamide (2%)**

- Supports **even skin tone and brightening**, helps with **antioxidant protection**, and strengthens the **skin barrier**.
- Helps refine oil-water balance, which is beneficial for **oily skin**.

3. **Hydration complex: Glycerin (1.0925%), Propylene Glycol (1.8%), 1,3-Propanediol (1.5%), Sodium Hyaluronate (0.2%), Polyquaternium-51 (0.05%)**

- Provides **multi-level hydration**, keeping the skin comfortable and reducing the risk of irritation from active brightening.
- Supports the appearance of **smoother, plumper skin**, indirectly improving the look of fine lines.

4. **Allantoin (0.1%) + botanical extracts + Ceramide NP (0.005%) + Chamomilla Recutita Flower Extract**

- Help **soothe, condition, and support the barrier**, which is crucial for your **very sensitive** profile.
- Ceramide NP helps reinforce the **skin's protective layer**, making it more resilient to environmental stress.

Overall, RV24 is a very suitable, central serum to address your **uneven tone and mild pigmentation** while respecting sensitivity.

2. Ultra Youth Activating Serum A18 - Gentle Anti-Aging & Smoothing

Why it suits you and what it improves

Your **wrinkle score (59)** is slightly below average, and at 84, **fine lines and deeper wrinkles** are expected. A18 focuses on **renewal and anti-aging** in a controlled, supportive way. This serum helps improve **skin smoothness, fine lines, and overall vitality**, while its hydrating and emollient base supports your barrier, an important factor for very sensitive skin.

Key ingredients and how they help

1. Retinyl Palmitate (0.5%)

- A milder **vitamin A derivative** that promotes **cell turnover and collagen support** over time.
- Helps reduce the appearance of **wrinkles and uneven texture**, with a lower irritation potential than stronger retinoids—important for sensitivity.

2. Babassu Oil Glycereth-8 Esters (7%) + Hydrogenated Polyisobutene (0.9%) + Cetyl Ethylhexanoate (0.9%)

- Provide **emollient, cushioning moisture**, improving skin softness and comfort.
- The texture is designed to be **smoothing** without being overly heavy, which can work for oily but aging skin, especially in moderate amounts.

3. Glycerin (5%) + Polyquaternium-51 (0.25%)

- Strong **humectants** that draw and hold water in the skin, enhancing **plumpness and barrier function**.
- Help reduce the appearance of **fine lines** related to dehydration.

4. Acetyl Hexapeptide-8 (0.0015%) + Allantoin (0.05%) + Dipotassium Glycyrrhizate (0.05%)

- Acetyl Hexapeptide-8 is a **peptide** often used to soften the look of **expression lines**.
- Allantoin and dipotassium glycyrrhizate provide **soothing, anti-irritation support**, helping maintain comfort despite renewal activity.

This serum fits your needs for **gentle, long-term anti-aging** and works well alongside a barrier-support serum.

3. B5 Yeast Extreme Repair Serum R9+ - Barrier Repair & Sensitivity Stabilizer (Mix-in Base)

Why it suits you and what it improves

You identify as **very sensitive**, and your routine includes **brightening and anti-aging actives**. R9+ is designed as a **high-concentration repair and stabilizing base** to be mixed into other serums, helping to:

- **Reduce irritation risk** from active ingredients,
- Improve **tolerance and barrier strength**, and
- Provide deep **hydration and soothing**, beneficial to all dimensions, especially **redness control, comfort, and resilience**.

It indirectly supports multiple indices: it helps maintain your good **redness (72)**, **pore (88)**, and **smoothness (73)** scores while making it safer to use brightening and anti-aging serums long term.

Key ingredients and how they help

1. **Panthenol (5%)**

- Strong **barrier-repair and soothing ingredient**, helps reduce irritation and improve skin's moisture-retention.
- Very suitable for **sensitive, over-reactive, or over-treated skin**, and supportive after using acids or vitamin A derivatives.

2. **Butylene Glycol (12%) + Propylene Glycol (2.715%)**

- Provide **deep hydration and improved penetration** of other active ingredients, while maintaining a fluid texture.

3. **Bifida Ferment Lysate (0.05%) + Lactobacillus/Soybean Ferment Extract (0.05%)**

- Ferment-based ingredients that support the **skin's microbiome and barrier defense**, contributing to **long-term skin health and tolerance**.

4. **Kalanchoe Spathulata Extract (listed as Andrographis-like soothing) + Caprylyl Glycol (0.081%)**

- Offer **antioxidant and soothing** support, helpful for **problem and sensitive skin**.

How to use and mix

For you, the best pairing is to **mix R9+ into Ultra Renovating Serum RV24**, as RV24 will be a daily brightening and tone-evening core product.

- After opening R9+, **pour the entire 10 ml bottle into your RV24 serum bottle**.
- This gives an approximate **serum:R9+ ratio of 2:1**, as recommended.
- Shake the bottle well to mix thoroughly.
- Use this **mixed RV24 + R9+ serum** as your main brightening + repair step.

This approach helps improve **color uniformity and barrier stability** simultaneously, making your routine more comfortable and safer for your sensitive skin.

4. Personalized skincare routine and lifestyle suggestions

Morning Routine

1. **Cleanser**

- Use a **gentle, non-stripping cleanser** suitable for oily, sensitive skin. Avoid strong foaming or high-fragrance products.

2. **Mixed RV24 + R9+ Serum**

- After cleansing, apply an appropriate amount of your **RV24 serum pre-mixed with the full bottle of R9+** to your face and neck.
- Let it absorb fully; this step works on **brightening, tone-evening, and barrier repair**.

3. **Moisturizer + Sunscreen (SPF 30 or higher)**

- Use a **light, non-comedogenic moisturizer** if needed, then apply a **broad-spectrum sunscreen** every morning, even indoors.
 - This protects your skin from **worsening spots, uneven tone, and wrinkles**.
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Evening Routine

1. **Cleanser**

- Gently cleanse to remove **sunscreen, oil, and impurities** without over-drying.

2. **Mixed RV24 + R9+ Serum**

- Apply the **RV24 + R9+ mixed serum** again to face and neck. This continues working on **tone, spots, and barrier repair** overnight.

3. **Ultra Youth Activating Serum A18 (2-3 nights per week to start, then adjust)**

- On **2-3 non-consecutive evenings per week**, after the mixed serum has absorbed, apply A18 to your face and neck.
- As your skin tolerates it, you may gradually **increase frequency**, but always watch for irritation (stinging, redness, peeling).
- Finish with a simple **moisturizer** if your skin feels dry or tight.

If your skin feels particularly sensitive, skip A18 that night and just use the **mixed RV24 + R9+** and a gentle moisturizer.

Lifestyle Suggestions

1. **Diet and Hydration**

- Aim for **adequate water intake** throughout the day to support skin hydration from within; the **Skin Beauty Pal App's hydration reminder** can help you remember to drink regularly.

- Favor a diet with **vegetables, fruits, omega-3-rich foods (e.g., fish, nuts)** and limit excessive **sugar and greasy foods**, which can influence **acne and overall tone**.

2. Sun Protection and Environment

- Sun exposure is a major factor in **wrinkles, spots, and uneven tone**—key issues for you.
- Use sunscreen daily and reapply if you are outdoors for longer periods. Wear **hats and sunglasses**, which also protect the **eye area and dark circles**.
- The **Skin Beauty Pal App's UV reminder** can alert you when UV levels are high so you can reinforce sun protection.

3. Sleep and Habits

- Try to maintain a **regular sleep schedule** and aim for adequate, good-quality sleep; poor sleep strongly contributes to **dark circles and dull skin**.
- Avoid **rubbing or pulling the eye area**, which can worsen dark circles and fine lines.
- Avoid **smoking** and limit alcohol intake, as both accelerate **skin aging and uneven tone**.
- Keep your routine **simple and consistent**; with very sensitive skin, introducing new products one at a time and monitoring your skin's response is especially important.

By focusing on **gentle brightening, barrier repair, and measured anti-aging**, you can gradually improve your **tone, dark circles appearance (indirectly), and wrinkle visibility**, while maintaining your strengths in **pores, redness control, and smoothness**.

Important Notice: This report is intended for informational purposes only and is not a substitute for professional medical diagnosis, treatment, or advice.

For any concerns or urgent medical issues, please consult your doctor immediately.

Report edited by:

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