

# harsh Bhatnagar 's Skin Analysis Report

## 1. Overall skin condition summary

### Overall condition

harsh Bhatnagar, you describe your skin as **oily and very sensitive**. Your skin indices show that **tone unevenness, dark circles, and acne** are the main areas needing attention, while pores and smoothness are relatively good for your age. Overall, your skin shows **oiliness with localized concerns**, rather than a globally damaged condition.

### Main strengths and concerns

Your **pore (88)** and **smoothness (73)** scores are relatively strong, suggesting that your texture and pore visibility are generally well-managed. **Redness (72)** is also relatively good, so there is no strong sign of visible irritation right now.

Key concerns are **dark circles (27)**, **color uniformity (29)**, and **acne (49)**, followed by **wrinkles (59)**. This means your main focus should be on **brightening/spot and tone care, eye area appearance, and gentle acne control**, while supporting anti-aging and maintaining barrier health.

### Possible factors affecting skin condition

As a **male with oily but very sensitive skin**, your skin may produce more sebum but also react more easily to harsher actives or over-exfoliation. Lifestyle factors such as **UV exposure, sleep patterns, and hydration** can strongly influence **dark circles, uneven tone, and wrinkles**. Because you are very sensitive, it is especially important to **protect and repair the skin barrier** when using actives for acne or brightening.

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## 2. Analysis of each skin dimension

Skin Indicator	Score	Key focus and details
Dark Circle	27	<p><b>Meaning:</b> This is your lowest score, indicating <b>obvious under-eye darkening</b>, which may be due to circulation, pigmentation, or shadowing from volume and fine lines.</p> <p><b>Focus:</b> Gentle hydration, brightening, and overall skin health; avoid harsh scrubs or strong acids near the eye.</p> <p><b>Ingredient direction:</b> Look for <b>niacinamide, tranexamic acid</b>, and <b>hydrating agents (glycerin, hyaluronic acid, panthenol)</b> to improve tone and plumpness around the area (products should still be kept a bit away from the lash line).</p>
Color uniformity	29	<p><b>Meaning:</b> Significant <b>uneven skin tone and dullness</b> across the face. <b>Focus:</b> Gentle brightening and pigment-regulation while respecting your very sensitive skin.</p> <p><b>Ingredient direction:</b> <b>Tranexamic acid, niacinamide</b>, and <b>barrier-supporting hydrators</b> are ideal to even tone and reduce dullness without aggressive peeling. Daily <b>sunscreen</b> is crucial to prevent further unevenness.</p>
Acne	49	<p><b>Meaning:</b> Below-average score suggesting <b>visible breakouts or clogged pores</b>, consistent with your oily skin type. <b>Focus:</b> Control oil and congestion without irritating your very sensitive skin. <b>Ingredient direction:</b> <b>Low-strength salicylic acid, niacinamide</b>, and <b>soothing/balancing ingredients</b> are preferred over high-strength peels. Avoid overuse of strong acids on very sensitive skin.</p>

Skin Indicator	Score	Key focus and details
Wrinkle	59	<p><b>Meaning:</b> Slightly below average, which is very common at your age; there are <b>noticeable fine lines and deeper wrinkles</b>. <b>Focus:</b> Support <b>skin renewal, firmness, and hydration</b> while preventing irritation. <b>Ingredient direction: Gentle vitamin A derivatives (e.g., retinyl palmitate), peptides, and emollients + humectants</b> to smooth and plump the skin, with careful barrier support.</p>
Spot	70	<p><b>Meaning:</b> Mild to moderate <b>pigmentation/age spots</b>, but not your worst index. <b>Focus:</b> Maintain and gradually improve spots through gentle brightening and <b>consistent sun protection</b>. <b>Ingredient direction: Tranexamic acid, niacinamide, and antioxidant/soothing components</b> to keep pigment in check without over-stressing the skin.</p>
Redness	72	<p><b>Meaning:</b> Relatively good control of <b>visible redness</b>; there is no strong persistent redness right now. However, given your self-assessed <b>very sensitive</b> skin, there is still an underlying <b>sensitivity tendency</b>, especially when using exfoliating or active products. <b>Focus:</b> Avoid over-irritation and always pair stronger actives with barrier repair. <b>Ingredient direction: Panthenol, fermented ingredients, soothing plant extracts, niacinamide at moderate levels</b>.</p>
Smooth	73	<p><b>Meaning:</b> Your <b>surface smoothness is fairly good</b>, with limited rough patches or flakiness. <b>Focus:</b> Preserve this by avoiding over-exfoliation and keeping adequate hydration. <b>Ingredient direction: Humectants (glycerin, sodium hyaluronate), light emollients, mild exfoliation if needed</b> within tolerance.</p>

Skin Indicator	Score	Key focus and details
Pore	88	<p><b>Meaning:</b> This is a strong point; <b>pore visibility and structural issues are minimal</b>. For oily skin, this is a very good sign. <b>Focus:</b> Gentle maintenance rather than aggressive pore treatments. <b>Ingredient direction:</b> Light <b>oil-control and balancing ingredients like niacinamide and mild salicylic acid</b>, plus barrier support, to prevent future congestion.</p>

Note: Perfect skin is 100 points; around 60 points is average.

### 3. Personalized skincare recommendations

Based on your skin concerns, these products are listed in priority order; full use yields the best results.

#### 1. Ultra Renovating Serum RV24 - Even tone, dark circles support, and brightening

##### Why it suits you and what it improves

RV24 directly targets your **two lowest dimensions: Color uniformity (29) and Dark Circle (27)**, and also helps your **Spot (70)** and overall radiance. Its formula is brightening yet balanced with hydration and some barrier support, which matches your **very sensitive, oily** skin better than aggressive exfoliants.

##### Key ingredients and how they help

###### 1. Tranexamic Acid (3%)

- Helps **inhibit melanin formation** and fade **uneven tone and spots**.
- Supports more uniform color, indirectly improving the appearance of **under-eye darkness** (applied around, not too close to the eye).

## 2. Niacinamide (2%)

- Supports **even tone and brightening**, addressing both **color uniformity and spots**.
- Helps **reinforce the skin barrier** and offers **antioxidant protection**, beneficial for your sensitivity tendency and wrinkle score.

## 3. Hydrating complex - Glycerin, Propylene Glycol, 1,3-Propanediol, Sodium Hyaluronate (0.2%)

- Provides **multi-layer hydration**, helping maintain your good **smoothness** score and support a healthier barrier.
- Good hydration helps fine lines look less pronounced and improves skin texture.

## 4. Ceramide NP + soothing extracts (Chamomilla, botanical blend, Allantoin 0.1%)

- Contribute to **barrier repair and soothing**, which is important because you are **very sensitive** and using brightening actives.

Overall, RV24 addresses **uneven tone, dullness, early pigmentation, and mild aging** in a way that is relatively friendly to sensitive, oily skin.

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## 2. Pore Refining Serum PR13 - Gentle acne and oil-control support

### Why it suits you and what it improves

PR13 targets your **Acne score (49)** and helps maintain your **strong Pore (88)** and **Smooth (73)** scores without being overly harsh. For very sensitive, oily skin, its **lower salicylic acid level and added soothing agents** make it more appropriate than a stronger exfoliant.

### Key ingredients and how they help

#### 1. Salicylic Acid (0.15%)

- Provides **gentle exfoliation** inside the pores to reduce **clogging, blackheads, and acne**, supporting your acne score.

- At this modest level, it is better suited to **very sensitive skin** than higher-percentage formulas.

## 2. Niacinamide (2%)

- Helps **control sebum production** and **improve barrier strength**, important for oily yet reactive skin.
- Also offers mild **tone-evening and anti-inflammatory** benefits, indirectly supporting color uniformity.

## 3. Allantoin (0.1%) & Houttuynia Cordata Extract

- Provide **soothing and calming** effects, helping reduce potential irritation from salicylic acid.

## 4. Hydrating agents (1,3-Propanediol 3%, Propylene Glycol 0.965%)

- Maintain **hydration** to prevent over-dryness or barrier stress, which is crucial for sensitive skin using exfoliating actives.

PR13 gently addresses **breakouts and oiliness** while still caring for your barrier, which is key for your sensitivity.

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## 3. B5 Yeast Extreme Repair Serum R9+ - Barrier repair and sensitivity stabilizer (to mix with RV24)

### Why it suits you and what it improves

R9+ is especially suitable for your **very sensitive** skin and supports **overall barrier health**, which influences **redness control, wrinkle resilience, and tolerance to other actives**. By strengthening your barrier, you can more comfortably use brightening and anti-acne serums to tackle **color uniformity, dark circles, and acne**.

### Key ingredients and how they help

#### 1. Panthenol (5%)

- A strong **barrier-repair and soothing ingredient**, helping reduce irritation and improving skin comfort.

- Supports long-term **tolerance** to actives like tranexamic acid and salicylic acid.

## 2. **Bifida Ferment Lysate (0.05%) & Lactobacillus/Soybean Ferment Extract (0.05%)**

- Fermented ingredients that help **support the skin's microbiome and defense**, which is important for **sensitive and aging skin**.
- Can help the skin appear healthier and more resilient over time.

## 3. **Butylene Glycol (12%) & Propylene Glycol (2.715%)**

- Provide **deep hydration and help other ingredients penetrate evenly**, improving skin comfort and smoothness.

## 4. **Soothing botanicals (Kalanchoe Spathulata Extract 0.135%)**

- Add **antioxidant and calming** support, beneficial for controlling subtle inflammation related to aging and sensitivity.

### **How to mix and use with RV24**

- After opening R9+, **pour the entire 10 ml bottle into your RV24 serum bottle**.
  - This creates a **mixed brightening + repair serum** at an approximate **2:1 serum:R9+ ratio**, as designed.
  - Shake the bottle well before each use.
  - This combination allows you to work strongly on **uneven tone, spots, and overall radiance** while **buffering and soothing the skin**, which fits your sensitive profile.
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## 4. Personalized skincare routine and lifestyle suggestions

### Morning Routine

#### 1. Cleanser

- Use a gentle, non-stripping cleanser suitable for **oily, sensitive** skin to remove overnight oil without over-drying.

#### 2. Mixed RV24 + R9+ serum

- After cleansing, apply an appropriate amount of the **RV24 + R9+ mixed serum** to face and neck.
- Gently pat in, and keep a small distance from the immediate eye contour (avoid getting too close to lashes).

#### 3. Moisturizer + Sunscreen

- Follow with a **light, non-comedogenic moisturizer** if needed.
  - Finish with a **broad-spectrum sunscreen** every morning to protect against further **spots, uneven tone, and wrinkles**.
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### Evening Routine

#### 1. Cleanser

- Cleanse to remove sunscreen, sweat, and excess oil. Use a mild formula to respect your sensitivity.

#### 2. PR13 (Pore Refining Serum)

- On nights you use it, after cleansing and before other serums, apply **PR13** to areas prone to **acne and oiliness** (T-zone or full face depending on tolerance).
- Because your skin is very sensitive, you may start **every other night**, monitoring comfort.

### 3. **Mixed RV24 + R9+ serum**

- After PR13 has absorbed, apply the **RV24 + R9+ mixed serum** to face and neck.
- This helps **brighten, even tone, and repair** while soothing the effects of actives used before.

### 4. **Moisturizer (if needed)**

- If your skin feels dry or tight, finish with a **simple, non-irritating moisturizer** to lock in hydration.

(If your skin ever feels more reactive or irritated, you can temporarily pause PR13 and use only the **RV24 + R9+ mixed serum** plus moisturizer until the skin stabilizes.)

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## **Lifestyle Suggestions**

### 1. **Diet and hydration**

- Aim for **balanced meals** rich in vegetables, fruits, and adequate protein; reduce **excess sugar and very greasy foods**, which can influence **acne and overall dullness**.
- Keep **steady hydration** throughout the day; use the **Skin Beauty Pal App's hydration reminder** to help you drink water regularly, which supports plumper, healthier-looking skin.

### 2. **Sun protection and environment**

- UV exposure worsens **spots, uneven tone, wrinkles, and dark circles appearance**. Use sunscreen daily, reapplying if outdoors.
- Seek shade, wear hats, and avoid prolonged midday sun.
- The **Skin Beauty Pal App's UV/weather and sunscreen-related reminders** can help you time your sun protection based on real conditions.

### 3. **Sleep and habits**

- Prioritize **consistent, sufficient sleep**, as poor sleep strongly impacts **dark circles, dullness, and fine lines**.

- Avoid **rubbing or pulling the eye area**, which can worsen dark circles and wrinkles.
- Manage stress with gentle exercise, stretching, or relaxation techniques, as stress can trigger **breakouts and sensitivity**.
- Avoid smoking and limit excessive alcohol, as they accelerate **aging and uneven tone**.

By following this adjusted routine and lifestyle, you support your **uneven tone, dark circles, and acne** while protecting your **sensitive, oily** skin and maintaining your strengths in **pores and smoothness**.

Important Notice: This report is intended for informational purposes only and is not a substitute for professional medical diagnosis, treatment, or advice.

For any concerns or urgent medical issues, please consult your doctor immediately.

Report edited by:

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