

bittu's Skin Analysis Report

1. Overall skin condition summary

Overall condition

bittu, you describe your skin type as **combination skin**. Your skin health indices show that pores and wrinkles are relatively well-managed, while **acne, redness, and dark circles** are your weaker areas. Overall, your skin shows a **tendency toward uneven tone and sensitivity**, especially around redness.

Main strengths and concerns

Your **pore (83)** and **wrinkle (94)** scores are strong, suggesting that visible pores and deeper lines are not your main issues right now. However, **acne (20)** and **redness (30)** scores are low, and **dark circle (40)** and **color uniformity (51)** are also below average. This means the key focus should be on **soothing/sensitivity care, gentle acne control, and tone brightening**, rather than aggressive anti-aging.

Possible factors affecting skin condition

As an **83-year-old woman with combination skin**, your skin may be thinner and more reactive, making it easier to develop redness and irritation, especially with strong exfoliants. Lifestyle factors such as **sleep quality, sun exposure, and long-term cumulative damage** also likely contribute to dark circles and uneven tone. A **gentle, barrier-supporting, and simple routine** will be especially important for you.

2. Analysis of each skin dimension

Skin Indicator	Score	Key focus and details
Acne	20	<p>Meaning: This is a low score, indicating clear tendency to breakouts or clogged pores despite your age. Focus: Control comedones and inflammation with very gentle exfoliation + barrier support, to avoid over-drying mature skin. Ingredient directions: Low-dose salicylic acid (BHA) for pore decongestion, niacinamide for oil balance and barrier, soothing agents like allantoin and panthenol to reduce irritation.</p>
Redness	30	<p>Meaning: Low redness score suggests a strong sensitivity/irritation tendency or easily flushed skin. Focus: Calm and stabilize skin, reduce triggers, avoid overly strong acids or harsh actives. Ingredient directions: Panthenol, ferment extracts, Andrographis (soothing), gentle niacinamide, and allantoin to calm and strengthen the barrier.</p>
Dark Circle	40	<p>Meaning: Below-average score, indicating visible under-eye darkness, likely from circulation, thinning skin, or long-term sun and lifestyle factors. Focus: Gentle hydration and brightening around the eye area, plus lifestyle (sleep and sun protection). Ingredient directions: Mild brightening ingredients (niacinamide, tranexamic acid) used carefully around the orbital area (not too close to the lash line), plus good moisturizer and sunscreen.</p>

Skin Indicator	Score	Key focus and details
Color uniformity	51	<p>Meaning: Slightly below average, showing dullness or uneven tone (patchy color or early spots). Focus: Gradual, non-irritating brightening while protecting the barrier and avoiding harsh peels. Ingredient directions: Tranexamic acid, niacinamide, hydrating humectants and ceramide support for a healthier, more even-looking complexion.</p>
Smooth	61	<p>Meaning: Around average; skin texture is reasonably good but could be finer and softer. Focus: Subtle refinement without aggressive exfoliation, especially given your age and redness tendency. Ingredient directions: Low-level BHAs and AHAs used very cautiously, hydrating and emollient ingredients (glycerin, babassu, hyaluronate) to plump and smooth.</p>
Spot	71	<p>Meaning: Above-average control of obvious dark spots, though some pigmentation may still be present. Focus: Maintain and gently support spot fading while prioritizing barrier safety. Ingredient directions: Tranexamic acid, niacinamide, plus consistent sunscreen to prevent worsening.</p>
Pore	83	<p>Meaning: Pores are in relatively good condition; not a main concern. Focus: Maintenance rather than aggressive pore-minimizing treatments, especially to avoid dryness. Ingredient directions: Light niacinamide and mild BHA for upkeep, paired with hydration.</p>

Skin Indicator	Score	Key focus and details
Wrinkle	94	<p>Meaning: Very good score for wrinkles at your age; deeper lines are relatively controlled. Focus: Preserve skin elasticity and comfort rather than introducing strong, potentially irritating anti-aging actives. Ingredient directions: Gentle retinoid (retinyl palmitate) if tolerated, peptides, and hydrating/emollient ingredients for comfort and plumpness.</p>

Note: Perfect skin is 100 points; around 60 points is average.

3. Personalized skincare recommendations

Based on your skin concerns, these products are listed in priority order; full use yields the best results.

1. B5 Yeast Extreme Repair Serum R9+ (core repair & sensitivity buffer)

Why it suits you / what it improves:

With **very low Acne (20)** and **Redness (30)** scores, your top need is to **stabilize and protect your barrier** while handling acne and uneven tone as gently as possible. At your age, skin can be thin and reactive, so R9+ is ideal as a **daily repair base** and as a **buffer** for more active serums. It directly supports the dimensions of **redness, smoothness, and overall tolerance**, making all other actives safer and more comfortable.

Key ingredients and how they help:

- **Panthenol 5%:** Strong **barrier repair and soothing**, helps reduce stinging, dryness, and visible redness over time. Important for your low redness score.
- **Butylene Glycol 12% + Propylene Glycol 2.715%:** Deep **hydration and penetration support**, helping your skin feel more supple and less tight.

- **Bifida Ferment Lysate & Lactobacillus/Soybean Ferment Extract 0.05%**: Support the **microbiome and long-term skin resilience**, which is beneficial for sensitive, mature skin.
- **Andrographis/Kalanchoe extract: Antioxidant and soothing**, suitable for problem and sensitive skin, further helping your redness and irritation tendency.

Mixing guidance (important):

For daily use, you will mix **R9+ into one main active serum** (see below with RV24). After opening R9+, **pour the entire 10 ml bottle into the chosen serum bottle** so the final serum:R9+ ratio is about **2:1**, then shake well.

2. Ultra Renovating Serum RV24 (tone-evening & brightening serum, to be mixed with R9+)

Why it suits you / what it improves:

Your **color uniformity (51)** and **dark circle (40)** scores show concern with **dullness and uneven tone**, while **spot (71)** is decent but still benefitting from gentle maintenance. RV24 targets **uneven tone, dullness, and early spots** without using strong exfoliating acids, making it more suitable for your age and redness tendency than a strong peel.

Mixed with R9+, it becomes a **hydrating, brightening, and barrier-supporting serum** ideal for daily use to improve **color uniformity, spots, and overall radiance**.

Key ingredients and how they help:

- **Tranexamic Acid 3%**: A **spot- and tone-focused brightener** that helps inhibit melanin formation, supporting **color uniformity and spot** scores without being as irritating as many acids.
- **Niacinamide 2%**: Multi-functional: helps **even tone, strengthen the barrier, provide antioxidant support, and regulate sebum** gently—helpful for combination skin and for maintaining pores and acne control without harshness.
- **Sodium Hyaluronate 0.2% + Glycerin / Propylene Glycol / 1,3-Propanediol**: Strong **hydration system** to plump the skin, improve the **smoothness** score, and reduce the appearance of fine surface lines.
- **Ceramide NP (0.005%) & soothing botanicals (chamomile, etc.)**: Support the **skin barrier and comfort**, important because of your low redness score.

How to mix with R9+:

1. Take your bottle of **RV24 (20 ml)**.
2. Open **R9+ (10 ml)** and **pour the entire R9+ bottle into RV24**.
3. Close RV24 and **shake well**.

This creates your **daily “brightening + repair” main serum**, which you will use both **morning and evening**.

3. Pore Refining Serum PR13 (gentle acne & oil-control support)

Why it suits you / what it improves:

With **Acne (20)** as your lowest score, gentle comedone and breakout control is important. However, given your age and low redness score, you need **the mildest, barrier-friendly option**. PR13 offers **low-dose salicylic acid** and a supportive barrier profile, making it more suitable than a stronger exfoliator.

PR13 will mainly support your **acne score**, while helping maintain good **pore (83)** and **smoothness (61)** without over-irritation.

Key ingredients and how they help:

- **Salicylic Acid 0.15%**: A low, gentle level of **BHA** that can help **unclog pores, reduce blackheads, and prevent breakouts** without aggressive peeling—better suited to mature, sensitive-prone skin.
- **Niacinamide 2%**: Assists in **oil control, barrier strengthening, and redness reduction**, helpful for both acne and your sensitivity tendency.
- **Allantoin 0.1%**: Soothing and anti-irritant, adds comfort and reduces potential dryness or stinging.
- **Humectants (1,3-Propanediol / Propylene Glycol)**: Provide **light hydration**, helping prevent the tight, over-dried feeling that can worsen redness and fine lines.

You can use PR13 **sparingly** on acne-prone or congested areas (e.g., T-zone) rather than all over the face.

4. Personalized skincare routine and lifestyle suggestions

Morning Routine

1. Cleanser (gentle)

Use a mild, non-stripping cleanser with lukewarm water. Avoid hot water, which can worsen redness.

2. Mixed “Repair + Brightening” Serum (R9+ + RV24)

- Apply your **pre-mixed serum** (RV24 with the entire bottle of R9+ added and shaken well) to the face and neck.
- Use a small amount and pat gently, avoiding direct contact with the eyes; you can tap lightly around the orbital bone for tone support.

3. Moisturizer + Sunscreen

- Apply a **gentle, hydrating moisturizer** suitable for combination skin.
- Follow with a **broad-spectrum sunscreen** every day, even if staying mostly indoors. This is crucial for **uneven tone, spots, and dark circles**.
- You can enable the **UV reminder** in the Skin Beauty Pal App to help you remember reapplication, especially when going outdoors.

(If acne is active around the T-zone and your skin feels comfortable)

You may, a few mornings per week, after cleansing, apply a **thin layer of PR13 only on problem areas**, let it absorb briefly, then follow with the mixed R9+ + RV24 serum and the rest of your routine.

Evening Routine

1. Cleanser (gentle, thorough)

Remove sunscreen and impurities with a gentle cleanser. If you use makeup, ensure it is fully removed without harsh scrubbing.

2. Targeted Acne Care (PR13, if needed)

- On nights when breakouts or clogged pores are noticeable, apply a **small amount of PR13** to oily or acne-prone zones only (forehead, nose, chin).
- Start with **2-3 nights per week**, and adjust based on comfort; if you feel dryness or stinging, reduce frequency.

3. Mixed “Repair + Brightening” Serum (R9+ + RV24)

- After PR13 has absorbed (or directly after cleansing on nights you skip PR13), apply your **R9+ + RV24 mixed serum** to the entire face and neck.
- Focus on drier or more uneven areas (cheeks, around mouth), gently pressing into the skin.

4. Moisturizer (as needed)

- If your skin feels dry or tight, add a **simple, nourishing cream** as a final step.
 - For oilier areas, use less; for drier zones, use a bit more, tailoring to your combination pattern.
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Lifestyle Suggestions

1. Diet and Hydration

- Aim for **steady water intake throughout the day** (small amounts frequently), which helps support overall skin hydration and texture.
- Include foods rich in **healthy fats (e.g., nuts, seeds, fish, avocados)** and **colorful vegetables**, which support skin barrier and antioxidant defense.
- Use the **hydration reminder** feature in the Skin Beauty Pal App to help you keep a consistent drinking schedule.

2. Sun Protection and Environment

- Sun exposure is a major driver of **uneven tone, spots, and dark circles**, especially over many years. Make **daily sunscreen** a non-negotiable step.
- Wear **hats or sunglasses** outdoors and seek shade during strong sun hours to further protect sensitive, mature skin.
- In dry or air-conditioned environments, consider using a **humidifier** and avoid sitting directly under strong airflow, which can worsen redness and dryness.

- The App's **UV reminder** can alert you when UV levels are high so you can reapply sunscreen or increase protection.

3. **Sleep and Habits**

- Prioritize **regular, quality sleep**, as skin repair processes are most active at night—this directly affects **dark circles, smoothness, and overall radiance**.
- Try to keep a **consistent sleep schedule** and elevate your head slightly if puffiness or heavy eye bags are a concern.
- Avoid frequent rubbing or pulling at the eye area, as this can worsen dark circles and fine lines.
- Manage stress with gentle activities (light stretching, breathing exercises, calm hobbies), since stress can aggravate both **acne and redness**.

If at any point your skin feels unusually irritated, or if you feel unsure about a symptom, you can use the **Skin Beauty Pal App's doctor consultation/clinic booking** features for professional, in-person evaluation.

Important Notice: This report is intended for informational purposes only and is not a substitute for professional medical diagnosis, treatment, or advice.

For any concerns or urgent medical issues, please consult your doctor immediately.

Report edited by:

[PAL](#) and leading dermatologists.