

Skin Analysis Report

Personalized Recommendations for Wang Xiaomei

Overall Skin Condition Description

Dear Wang Xiaomei,

Based on your self-assessment, you have combination skin with minor sensitivity. Your skin test shows that your main concerns right now are **wrinkles/fine lines, acne and pores, dark circles, redness, and spots**, while **overall tone uniformity and smoothness are relatively better but still have room to improve**. Overall, your skin is in a **sub-optimal but very improvable state**: the foundation is not bad, but there is early aging and inflammation that need focused care and barrier support.

Your **main strengths** are:

- **Color uniformity (66)**: Your overall tone is comparatively even, with no major widespread discoloration.
- **Smoothness (52, close to average)**: The skin surface is not severely rough, which is a good base for repair and brightening.

Your **key concerns** are:

- **Wrinkles (20, your lowest score)**: This suggests **early fine lines or decreased elasticity**, possibly around the eyes and expression areas.
- **Acne (23) & Pores (30)**: Indicate **ongoing breakouts, blackheads/whiteheads and enlarged pores**, common in combination skin.
- **Dark circles (34)**: Eye area looks tired and possibly congested.
- **Redness (45) & Spots (40)**: Mild to moderate **inflammation and pigmentation** (acne marks, sun spots or uneven patches).

Possible contributing factors to your skin condition include:

- **Skin type (combination):** Tends to have **oily T-zone with enlarged pores and acne**, and relatively drier cheeks where fine lines appear more easily.
- **Minor sensitivity + redness score (45):** Your skin may actually be **more sensitive than you feel**, especially if you blush easily, get red with hot water, or react to new products.
- **Lifestyle & environment** (likely): Irregular sleep, screen time, UV exposure without enough sunscreen, and stress can all worsen acne, dark circles, and early wrinkles.
- **Female hormonal fluctuations:** Can aggravate breakouts, redness, and pigment spots around the cycle.

With targeted acne control, barrier repair, and gentle anti-aging, your skin can improve significantly in texture, clarity, and stability.

Skin Attribute Analysis

Skin Indicator	Score	Key Focus & Details
Wrinkle	20	This is your weakest dimension , suggesting early fine lines and reduced elasticity , likely around the eyes, nasolabial folds, or forehead. Combination skin that is slightly dehydrated can easily show “dry lines.” Focus on anti-aging + moisturizing ingredients : retinoids (like Retinyl Palmitate in A18), peptides (e.g., Acetyl Hexapeptide-8), and humectants like glycerin . Also protect collagen with daily sunscreen and a regular sleep schedule.

Skin Indicator	Score	Key Focus & Details
Acne	23	Very low score indicates frequent or persistent breakouts, clogged pores, or post-acne marks . As you have combination, slightly sensitive skin, you need controlled-strength BHA and soothing repair. Look for salicylic acid, niacinamide , and anti-inflammatory plant extracts . Among the products, Ultra Blemish Defense Serum BD14 is strong but might be more刺激 for sensitivity; Pore Refining Serum PR13 is milder and better suited to your profile. Avoid over-cleansing and harsh scrubs.
Pore	30	Enlarged or visible pores, especially in the T-zone, are a core issue. Often tied to excess sebum + clogging + mild loss of elasticity . Ingredients like salicylic acid help clear inside pores; niacinamide helps tighten and regulate oil; fish mint extract (Houttuynia) helps calm acne-related inflammation. Long-term barrier and collagen support (via panthenol, peptides, retinoids) will also improve pore appearance.
Dark Circle	34	This suggests tired or shadowed under-eye area , possibly due to poor sleep, screen time, or congestion. Structural or genetic dark circles improve slowly, but you can reduce pigmentation and dullness by overall brightening (e.g., Niacinamide, Tranexamic Acid in RV24) and by improving sleep and circulation. Always treat the eye area gently; avoid harsh rubbing when removing makeup.

Skin Indicator	Score	Key Focus & Details
Spots	40	Indicates mild to moderate pigmentation such as sun spots, acne marks, or uneven patches. Since your color uniformity is better, these may be localized spots rather than overall dullness. Tranexamic Acid (3%) and Niacinamide (2%) in RV24 are excellent for reducing spots and inhibiting new melanin, while Sodium Hyaluronate and Ceramides keep the area hydrated to prevent irritation. Daily sunscreen is essential to prevent further darkening.
Redness	45	Redness is slightly below average, showing some inflammatory or sensitive tendencies —such as flushing, post-acne redness, or reaction to strong cleansers. Even if you feel only “minor sensitivity,” this score suggests your skin barrier is not very strong . You need soothing and barrier-repair ingredients like Panthenol (B5) , Allantoin , Kalanchoe , yeast ferments (in R9+) , and avoid overusing strong acids. Introduce actives gradually and watch for stinging or burning.
Smoothness	52	Around average. You may feel some uneven texture , tiny bumps, or areas that don’t reflect light smoothly, especially in the T-zone. Gentle chemical exfoliation (low-dose salicylic acid in PR13), plus hydration and barrier repair (H20 or R9+) , will improve smoothness. Avoid physical scrubs that can worsen redness and sensitivity.
Color Uniformity	66	This is your best-performing dimension . Overall, your facial tone is relatively even compared to the general population. However, your spots score (40) and dark circles (34) show that local areas (under eyes, blemish marks, or sun spots) still need targeted brightening. Maintaining good hydration and diligent sun protection will keep this advantage and prevent new unevenness.

Note: A score of 100 indicates perfect skin quality; a score of 60 indicates average.

Personalized Skincare Recommendations

Based on your skin concerns, these products are listed by priority. For best results, use the full routine.

1. Pore Refining Serum PR13 (Top Priority for Acne, Pores & Texture)

Why it suits you:

You have **low acne (23) and pore (30) scores** with mild sensitivity. PR13 offers **salicylic acid at a gentler 0.15%**, combined with **2% niacinamide and soothing ingredients**, making it more suitable than a stronger acid for your combination, slightly sensitive skin. It helps control breakouts, refine pores, and slightly brighten post-acne dullness without being too harsh.

Key ingredients & benefits for you:

- **Salicylic Acid (0.15%)**: Gently penetrates pores, dissolves sebum and dead cells, reduces blackheads/whiteheads, and helps prevent new pimples.
- **Niacinamide (2%)**: Balances oil in the T-zone, reduces pore visibility, helps fade acne marks, and supports the skin barrier.
- **Allantoin (0.1%) & Houttuynia Cordata Extract**: Soothe inflammation and redness, ideal for your **redness score (45)** and minor sensitivity.
- **Moisturizing agents (Propanediol, Propylene Glycol)**: Provide basic hydration to reduce dryness from exfoliation.

This should be your **core treatment serum** for daily T-zone or full-face use, depending on tolerance.

2. B5 Yeast Extreme Repair Serum R9+ (Barrier Repair & Sensitivity Care)

Why it suits you:

With **redness 45 and multiple active issues (acne, spots, fine lines)**, your barrier is likely weakened. R9+ is ideal to **repair and stabilize your skin**, making

it more tolerant of actives like PR13 and anti-aging serums. It targets **sensitivity, dehydration, and inflammation**, all of which are underlying causes of your other visible concerns.

Key ingredients & benefits for you:

- **Panthenol (Vitamin B5, 5%)**: Strongly repairs and strengthens the skin barrier, reduces dryness and fine “dehydration lines” (helping your low wrinkle score of 20).
- **Bifida Ferment Lysate & Lactobacillus/Soybean Ferment**: Support the **skin microbiome**, enhancing natural defense and reducing sensitivity over time.
- **Kalanchoe Extract**: Anti-inflammatory and antioxidant, helpful for **acne-related redness and post-inflammatory marks**.
- High humectant content (e.g., **Butylene Glycol**) provides deep hydration, making your combination skin feel more balanced (less oily in T-zone, less tight in drier areas).

R9+ can be used alone as a daily **repair serum**, or mixed into another corrective serum (see routine section below).

3. Ultra Renovating Serum RV24 (Brightening & Spot Correction)

Why it suits you:

Your **Spots (40) and Dark Circle (34)** scores indicate local pigmentation and dullness. RV24 is a comprehensive **brightening and spot-correcting essence** that also hydrates and soothes, which is important given your mild sensitivity. It works on **acne marks, sun spots, and uneven patches**, while also gently improving overall radiance.

Key ingredients & benefits for you:

- **Tranexamic Acid (3%)**: Inhibits melanin formation at the source, excellent for **pigmentation from acne marks and sun exposure**.
- **Niacinamide (2%)**: Brightens tone, strengthens barrier, and acts as an antioxidant; also supports pore control and oil balance.
- **Sodium Hyaluronate (0.2%) & Glycerin**: Provide deep hydration, plumping the skin, which indirectly softens fine lines and improves smoothness (supporting your wrinkle and smoothness scores).

- **Ceramide 3 & Chamomile Extract:** Help repair the barrier and reduce irritation, which is important when using brightening actives on slightly sensitive skin.

Use RV24 especially on **spots and dull areas**, and it's also safe for full-face use at night for overall brightening.

Personalized Skincare Routine & Lifestyle Guidance

Morning Routine

1. **Cleanser (gentle)**

- Use a mild, low-foam cleanser suitable for combination skin.
- Focus on the **T-zone** where it's oilier, be more gentle on cheeks to avoid dryness.
- Rinse with lukewarm (not hot) water to reduce redness and sensitivity.

2. **Treatment Serum - Pore Refining Serum PR13**

- After patting your face dry, apply **a thin layer** of PR13.
- For your skin, start with **T-zone only (forehead, nose, chin)** for the first 1-2 weeks. If no irritation, you can gradually extend to the whole face avoiding immediate eye area.
- Let it absorb for about **1-2 minutes**.

3. **Hydrating / Repair Layer - B5 Yeast Extreme Repair Serum R9+**

- After PR13 has absorbed, apply an appropriate amount of R9+ to the **entire face and neck**.
- Focus on **cheeks and areas that feel tight, red, or sensitive**.
- This step cushions your skin from potential dryness or irritation from salicylic acid.

4. **Moisturizer**

- Use a lightweight, non-comedogenic gel-cream or lotion.
- Apply more on cheeks/eye contour where you see fine lines and dryness.

5. Sunscreen (essential, SPF 30+ or ideally SPF 50)

- Apply generously (about 2 fingers' length of product) to face and neck as the last step.
 - Since exfoliation can make your skin more vulnerable, sunscreen is crucial to prevent **worsening of spots and early wrinkles**.
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Night Routine

1. Cleanser (gentle double-cleansing if you wear sunscreen/makeup)

- If you use makeup or heavier sunscreen, first use a **cleansing oil or balm**, then follow with a mild water-based cleanser.
- Avoid strong “deep cleansing” washes which can further damage the barrier.

2. Treatment - Pore Refining Serum PR13 (night focus)

- At night, you can use PR13 on the same areas as morning, or slightly expand its use.
- If your skin feels irritated or very dry on some nights, **skip PR13 that night** and go straight to R9+ to let your barrier recover.

3. Brightening & Spot Care - Ultra Renovating Serum RV24

- After PR13 (if used), apply RV24, focusing on:
 - Dark spots / acne marks
 - Areas of uneven tone or dullness (sides of face, around mouth, and under eyes—but avoid getting too close to lash line).
- You can use a **thin full-face layer** 3–5 nights a week, adjusting based on your skin's comfort.

4. Barrier Repair - B5 Yeast Extreme Repair Serum R9+ (Mixing suggestion)

- R9+ can be used **alone** after RV24, or **mixed with RV24** for convenience and extra comfort.
- According to instructions, you can **pour one full bottle of R9+ into one full bottle of RV24** at a **2:1 ratio (R9+ : corrective serum)**, then shake well. This creates a **brightening + repair blend** that is gentler and more suitable for your sensitivity.

- Once mixed, simply use that combined serum as your main night essence after cleansing.

5. Moisturizer (slightly richer at night)

- Choose a slightly more nourishing cream at night to **lock in moisture and support overnight repair**.
 - Apply gently, pressing into the skin rather than rubbing vigorously.
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Lifestyle Guidance

Hydration Habits

- Aim for roughly **1.5-2 liters of water per day**, adjusted to your body size and activity level.
- Drink in **small, frequent amounts** (e.g., a small cup every 1-2 hours) instead of large amounts at once; this better supports skin hydration and reduces puffiness.
- Use the **Skin Beauty Pal App's Hydration Reminder**:
 - It will calculate your personal water needs based on **gender, weight, environment, and cup size**, and send you regular reminders so you don't forget, especially on busy or hot days.

Sun Protection & Environment

- Apply sunscreen **every morning**, and **reapply every 2-3 hours** if you're outdoors or near windows.
- Use hats, umbrellas, and sunglasses to reduce direct UV exposure—this is vital for improving your **spot score (40)** and preventing new wrinkles.
- Check the **UV Protection Alert** in the Skin Beauty Pal App:
 - It tracks the **UV index** and combines it with your **skin tone, sunscreen SPF, and outdoor time** to estimate how long your protection lasts and reminds you when to **reapply sunscreen**.
 - This is especially helpful on days when exfoliating or using brightening products, as your skin is more vulnerable.

Sleep & Daily Routine

- Try to sleep **before 11:00 pm** when possible; skin repair is strongest roughly between **11 pm and 2 am**.

- Aim for **7-8 hours of quality sleep** to help with **dark circles (34)** and **early wrinkles (20)**.
- Reduce heavy, greasy, or spicy food at night, which can worsen breakouts and redness; instead, choose foods rich in **omega-3, fruits, and vegetables**.
- Limit **touching or picking at acne**, as this increases redness and spot formation.

If you notice persistent or worsening acne, redness, or sudden changes in pigmentation, it's best to **book a consultation with a dermatologist through the Skin Beauty Pal platform**. A specialist can combine your digital analysis with an in-person or online evaluation to further tailor your treatment.

Important Notice: This report is intended for informational purposes only and is not a substitute for professional medical diagnosis, treatment, or advice.

For any concerns or urgent medical issues, please consult your doctor immediately.

Report edited by:

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