

# Skin Analysis Report

## Personalized Recommendations for Wang Xiaomei

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### Overall Skin Condition Description

Dear Wang Xiaomei,

Based on your self-assessment, you have combination skin with minor sensitivity. Your skin test shows that your main concerns right now are **wrinkles/fine lines, acne and pores, dark circles, redness, and spots**, while **overall tone uniformity and smoothness are relatively better but still have room to improve**. Overall, your skin is in a **sub-optimal but very improvable state**: the foundation is not bad, but there is early aging and inflammation that need focused care and barrier support.

Your **main strengths** are:

- **Color uniformity (66)**: Your overall tone is comparatively even, with no major widespread discoloration.
- **Smoothness (52, close to average)**: The skin surface is not severely rough, which is a good base for repair and brightening.

Your **key concerns** are:

- **Wrinkles (20, your lowest score)**: This suggests **early fine lines or decreased elasticity**, possibly around the eyes and expression areas.
- **Acne (23) & Pores (30)**: Indicate **ongoing breakouts, blackheads/whiteheads and enlarged pores**, common in combination skin.
- **Dark circles (34)**: Eye area looks tired and possibly congested.
- **Redness (45) & Spots (40)**: Mild to moderate **inflammation and pigmentation** (acne marks, sun spots or uneven patches).

Possible contributing factors to your skin condition include:

- **Skin type (combination):** Tends to have **oily T-zone with enlarged pores and acne**, and relatively drier cheeks where fine lines appear more easily.
- **Minor sensitivity + redness score (45):** Your skin may actually be **more sensitive than you feel**, especially if you blush easily, get red with hot water, or react to new products.
- **Lifestyle & environment (likely):** Irregular sleep, screen time, UV exposure without enough sunscreen, and stress can all worsen acne, dark circles, and early wrinkles.
- **Female hormonal fluctuations:** Can aggravate breakouts, redness, and pigment spots around the cycle.

With targeted acne control, barrier repair, and gentle anti-aging, your skin can improve significantly in texture, clarity, and stability.

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## Skin Attribute Analysis

Skin Indicator	Score	Key Focus & Details
Wrinkle	20	This is your <b>weakest dimension</b> , suggesting <b>early fine lines and reduced elasticity</b> , likely around the eyes, nasolabial folds, or forehead. Combination skin that is slightly dehydrated can easily show "dry lines." Focus on <b>anti-aging + moisturizing ingredients</b> : retinoids (like <b>Retinyl Palmitate in A18</b> ), peptides (e.g., <b>Acetyl Hexapeptide-8</b> ), and humectants like <b>glycerin</b> . Also protect collagen with <b>daily sunscreen</b> and a regular sleep schedule.

Skin Indicator	Score	Key Focus & Details
Acne	23	Very low score indicates <b>frequent or persistent breakouts, clogged pores, or post-acne marks</b> . As you have combination, slightly sensitive skin, you need <b>controlled-strength BHA</b> and soothing repair. Look for <b>salicylic acid, niacinamide, and anti-inflammatory plant extracts</b> . Among the products, <b>Ultra Blemish Defense Serum BD14</b> is strong but might be more <b>stimulating</b> for sensitivity; <b>Pore Refining Serum PR13</b> is milder and better suited to your profile. Avoid over-cleansing and harsh scrubs.
Pore	30	Enlarged or visible pores, especially in the T-zone, are a core issue. Often tied to <b>excess sebum + clogging + mild loss of elasticity</b> . Ingredients like <b>salicylic acid</b> help clear inside pores; <b>niacinamide</b> helps tighten and regulate oil; <b>fish mint extract (Houttuynia)</b> helps calm acne-related inflammation. Long-term barrier and collagen support (via <b>panthenol, peptides, retinoids</b> ) will also improve pore appearance.
Dark Circle	34	This suggests <b>tired or shadowed under-eye area</b> , possibly due to poor sleep, screen time, or congestion. Structural or genetic dark circles improve slowly, but you can reduce <b>pigmentation and dullness</b> by overall brightening (e.g., <b>Niacinamide, Tranexamic Acid in RV24</b> ) and by improving sleep and circulation. Always treat the eye area gently; avoid harsh rubbing when removing makeup.

Skin Indicator	Score	Key Focus & Details
Spots	40	<p>Indicates <b>mild to moderate pigmentation</b> such as sun spots, acne marks, or uneven patches. Since your color uniformity is better, these may be <b>localized spots</b> rather than overall dullness. <b>Tranexamic Acid (3%)</b> and <b>Niacinamide (2%)</b> in <b>RV24</b> are excellent for reducing spots and inhibiting new melanin, while <b>Sodium Hyaluronate</b> and <b>Ceramides</b> keep the area hydrated to prevent irritation. Daily sunscreen is essential to prevent further darkening.</p>
Redness	45	<p>Redness is slightly below average, showing <b>some inflammatory or sensitive tendencies</b>—such as flushing, post-acne redness, or reaction to strong cleansers. Even if you feel only “minor sensitivity,” this score suggests your skin barrier is <b>not very strong</b>. You need <b>soothing and barrier-repair ingredients</b> like <b>Panthenol (B5)</b>, <b>Allantoin</b>, <b>Kalanchoe</b>, <b>yeast ferments (in R9+)</b>, and avoid overusing strong acids. Introduce actives gradually and watch for stinging or burning.</p>
Smoothness	52	<p>Around average. You may feel <b>some uneven texture</b>, tiny bumps, or areas that don’t reflect light smoothly, especially in the T-zone. Gentle chemical exfoliation (low-dose <b>salicylic acid in PR13</b>), plus <b>hydration and barrier repair (H20 or R9+)</b>, will improve smoothness. Avoid physical scrubs that can worsen redness and sensitivity.</p>
Color Uniformity	66	<p>This is your <b>best-performing dimension</b>. Overall, your facial tone is relatively even compared to the general population. However, your <b>spots score (40) and dark circles (34)</b> show that local areas (under eyes, blemish marks, or sun spots) still need targeted brightening. Maintaining good hydration and diligent sun protection will keep this advantage and prevent new unevenness.</p>

Note: A score of 100 indicates perfect skin quality; a score of 60 indicates average.

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## Personalized Skincare Recommendations

Based on your skin concerns, these products are listed by priority. For best results, use the full routine.

### 1. Pore Refining Serum PR13 (Top Priority for Acne, Pores & Texture)

#### Why it suits you:

You have **low acne (23)** and **pore (30) scores** with mild sensitivity. PR13 offers **salicylic acid at a gentler 0.15%**, combined with **2% niacinamide and soothing ingredients**, making it more suitable than a stronger acid for your combination, slightly sensitive skin. It helps control breakouts, refine pores, and slightly brighten post-acne dullness without being too harsh.

#### Key ingredients & benefits for you:

- **Salicylic Acid (0.15%)**: Gently penetrates pores, dissolves sebum and dead cells, reduces blackheads/whiteheads, and helps prevent new pimples.
- **Niacinamide (2%)**: Balances oil in the T-zone, reduces pore visibility, helps fade acne marks, and supports the skin barrier.
- **Allantoin (0.1%) & Houttuynia Cordata Extract**: Soothe inflammation and redness, ideal for your **redness score (45)** and minor sensitivity.
- **Moisturizing agents (Propanediol, Propylene Glycol)**: Provide basic hydration to reduce dryness from exfoliation.

This should be your **core treatment serum** for daily T-zone or full-face use, depending on tolerance.

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### 2. B5 Yeast Extreme Repair Serum R9+ (Barrier Repair & Sensitivity Care)

#### Why it suits you:

With **redness 45** and **multiple active issues (acne, spots, fine lines)**, your barrier is likely weakened. R9+ is ideal to **repair and stabilize your skin**, making

it more tolerant of actives like PR13 and anti-aging serums. It targets **sensitivity, dehydration, and inflammation**, all of which are underlying causes of your other visible concerns.

#### Key ingredients & benefits for you:

- **Panthenol (Vitamin B5, 5%)**: Strongly repairs and strengthens the skin barrier, reduces dryness and fine “dehydration lines” (helping your low wrinkle score of 20).
- **Bifida Ferment Lysate & Lactobacillus/Soybean Ferment**: Support the **skin microbiome**, enhancing natural defense and reducing sensitivity over time.
- **Kalanchoe Extract**: Anti-inflammatory and antioxidant, helpful for **acne-related redness and post-inflammatory marks**.
- High humectant content (e.g., **Butylene Glycol**) provides deep hydration, making your combination skin feel more balanced (less oily in T-zone, less tight in drier areas).

R9+ can be used alone as a daily **repair serum**, or mixed into another corrective serum (see routine section below).

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### 3. Ultra Renovating Serum RV24 (Brightening & Spot Correction)

#### Why it suits you:

Your **Spots (40)** and **Dark Circle (34)** scores indicate local pigmentation and dullness. RV24 is a comprehensive **brightening and spot-correcting essence** that also hydrates and soothes, which is important given your mild sensitivity. It works on **acne marks, sun spots, and uneven patches**, while also gently improving overall radiance.

#### Key ingredients & benefits for you:

- **Tranexamic Acid (3%)**: Inhibits melanin formation at the source, excellent for **pigmentation from acne marks and sun exposure**.
- **Niacinamide (2%)**: Brightens tone, strengthens barrier, and acts as an antioxidant; also supports pore control and oil balance.
- **Sodium Hyaluronate (0.2%) & Glycerin**: Provide deep hydration, plumping the skin, which indirectly softens fine lines and improves smoothness (supporting your wrinkle and smoothness scores).

- **Ceramide 3 & Chamomile Extract:** Help repair the barrier and reduce irritation, which is important when using brightening actives on slightly sensitive skin.

Use RV24 especially on **spots and dull areas**, and it's also safe for full-face use at night for overall brightening.

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## Personalized Skincare Routine & Lifestyle Guidance

### Morning Routine

#### 1. Cleanser (gentle)

- Use a mild, low-foam cleanser suitable for combination skin.
- Focus on the **T-zone** where it's oilier, be more gentle on cheeks to avoid dryness.
- Rinse with lukewarm (not hot) water to reduce redness and sensitivity.

#### 2. Treatment Serum - Pore Refining Serum PR13

- After patting your face dry, apply **a thin layer** of PR13.
- For your skin, start with **T-zone only (forehead, nose, chin)** for the first 1-2 weeks. If no irritation, you can gradually extend to the whole face avoiding immediate eye area.
- Let it absorb for about **1-2 minutes**.

#### 3. Hydrating / Repair Layer - B5 Yeast Extreme Repair Serum R9+

- After PR13 has absorbed, apply an appropriate amount of R9+ to the **entire face and neck**.
- Focus on **cheeks and areas that feel tight, red, or sensitive**.
- This step cushions your skin from potential dryness or irritation from salicylic acid.

#### 4. Moisturizer

- Use a lightweight, non-comedogenic gel-cream or lotion.
- Apply more on cheeks/eye contour where you see fine lines and dryness.

## 5. Sunscreen (essential, SPF 30+ or ideally SPF 50)

- Apply generously (about 2 fingers' length of product) to face and neck as the last step.
- Since exfoliation can make your skin more vulnerable, sunscreen is crucial to prevent **worsening of spots and early wrinkles**.

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# Night Routine

## 1. Cleanser (gentle double-cleansing if you wear sunscreen/makeup)

- If you use makeup or heavier sunscreen, first use a **cleansing oil or balm**, then follow with a mild water-based cleanser.
- Avoid strong “deep cleansing” washes which can further damage the barrier.

## 2. Treatment - Pore Refining Serum PR13 (night focus)

- At night, you can use PR13 on the same areas as morning, or slightly expand its use.
- If your skin feels irritated or very dry on some nights, **skip PR13 that night** and go straight to R9+ to let your barrier recover.

## 3. Brightening & Spot Care - Ultra Renovating Serum RV24

- After PR13 (if used), apply RV24, focusing on:
  - Dark spots / acne marks
  - Areas of uneven tone or dullness (sides of face, around mouth, and under eyes—but avoid getting too close to lash line).
- You can use a **thin full-face layer** 3-5 nights a week, adjusting based on your skin's comfort.

## 4. Barrier Repair - B5 Yeast Extreme Repair Serum R9+ (Mixing suggestion)

- R9+ can be used **alone** after RV24, or **mixed with RV24** for convenience and extra comfort.
- According to instructions, you can **pour one full bottle of R9+ into one full bottle of RV24** at a **2:1 ratio (R9+ : corrective serum)**, then shake well. This creates a **brightening + repair blend** that is gentler and more suitable for your sensitivity.

- Once mixed, simply use that combined serum as your main night essence after cleansing.

## 5. **Moisturizer (slightly richer at night)**

- Choose a slightly more nourishing cream at night to **lock in moisture and support overnight repair**.
- Apply gently, pressing into the skin rather than rubbing vigorously.

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# Lifestyle Guidance

## Hydration Habits

- Aim for roughly **1.5-2 liters of water per day**, adjusted to your body size and activity level.
- Drink in **small, frequent amounts** (e.g., a small cup every 1-2 hours) instead of large amounts at once; this better supports skin hydration and reduces puffiness.
- Use the **Skin Beauty Pal App's Hydration Reminder**:
  - It will calculate your personal water needs based on **gender, weight, environment, and cup size**, and send you regular reminders so you don't forget, especially on busy or hot days.

## Sun Protection & Environment

- Apply sunscreen **every morning**, and **reapply every 2-3 hours** if you're outdoors or near windows.
- Use hats, umbrellas, and sunglasses to reduce direct UV exposure—this is vital for improving your **spot score (40)** and preventing new wrinkles.
- Check the **UV Protection Alert** in the Skin Beauty Pal App:
  - It tracks the **UV index** and combines it with your **skin tone, sunscreen SPF, and outdoor time** to estimate how long your protection lasts and reminds you when to **reapply sunscreen**.
  - This is especially helpful on days when exfoliating or using brightening products, as your skin is more vulnerable.

## Sleep & Daily Routine

- Try to sleep **before 11:00 pm** when possible; skin repair is strongest roughly between **11 pm and 2 am**.

- Aim for **7-8 hours of quality sleep** to help with **dark circles (34)** and **early wrinkles (20)**.
- Reduce heavy, greasy, or spicy food at night, which can worsen breakouts and redness; instead, choose foods rich in **omega-3, fruits, and vegetables**.
- Limit **touching or picking at acne**, as this increases redness and spot formation.

If you notice persistent or worsening acne, redness, or sudden changes in pigmentation, it's best to **book a consultation with a dermatologist through the Skin Beauty Pal platform**. A specialist can combine your digital analysis with an in-person or online evaluation to further tailor your treatment.

Important Notice: This report is intended for informational purposes only and is not a substitute for professional medical diagnosis, treatment, or advice.

For any concerns or urgent medical issues, please consult your doctor immediately.

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