

# Skin Analysis Report and Personalized Recommendations for Saveri Sheen

Hello, **Saveri Sheen**!

Thank you for sharing your skin test results and profile information. I've analyzed the data and prepared a personalized skincare report for you. Below, you'll find a detailed breakdown of your skin condition, strengths, areas of concern, and tailored recommendations to help you achieve healthier, radiant skin.

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## Overall Skin Condition Description

### Skin Condition Overview:

Your skin profile reflects a predominantly healthy and well-maintained condition, with notable strengths in smoothness, minimal pores, and even color uniformity. Your self-assessed neutral skin type and minor sensitivity further reinforce your skin's inherent resilience. At just 16 years of age, your skin demonstrates strong attributes and youthful vibrancy, aligning with the natural benefits of your age group.

### Main Strengths:

- Smoothness:** An exceptional score of 100 indicates incredibly soft and smooth skin texture. This is one of your key strengths!
- Pores:** With a score of 88, your pores are minimal and well-maintained, showing that your skin has good integrity and oil balance.
- Color Uniformity and Wrinkles:** High scores in color uniformity (83) and wrinkles (83) suggest a youthful and even complexion with minimal fine lines or uneven pigmentation.

## Key Concerns:

- Acne (54):** Acne-related issues are slightly below average, indicating some tendency toward blemishes or occasional breakouts.
- Dark Circles (56):** Concerns about dark circles are noticeable. This is common and may relate to your age, sleep patterns, or possible genetics.
- Redness (75) and Spots (72):** While not severe, these indicators suggest minor skin sensitivity and some pigmentation issues, which could be linked to environmental exposure or prior acne spots.

## Potential Influencing Factors:

- Age:** Being 16, your skin is vibrant with ongoing cell regeneration, but hormonal changes during adolescence may sometimes contribute to acne and temporary redness.
- Skin Type:** Neutral skin suggests balanced sebum production, neither overly oily nor too dry. This balance works in your favor but still requires maintenance.
- Minor Sensitivity:** A slightly sensitive skin type can be prone to redness, requiring gentle and soothing skincare.
- Lifestyle:** Sleep, water intake, and UV exposure could influence your dark circles, redness, and spot concerns—factors to keep in mind for improvement.

## Skin Attribute Analysis

Here’s a detailed table analyzing each skin indicator:

Skin Indicator	Score	Key Focus & Details
Acne	54	Slightly below average, indicating a tendency for occasional acne or blemishes. Hormonal fluctuations could contribute. <b>Ingredients to look for:</b> Salicylic Acid, Niacinamide for oil control, and soothing agents like Allantoin.
Dark Circles	56	Some visible under-eye darkening. This may be due to genetics, sleep irregularity, or thin under-eye skin. <b>Ingredients to look for:</b> Vitamin B5, Tranexamic Acid, and Niacinamide for brightness and hydration.

Skin Indicator	Score	Key Focus & Details
Spots	72	Slight pigmentation from possible previous acne marks or sun exposure. Overall good but can be improved. <b>Ingredients to look for:</b> Tranexamic Acid, Niacinamide, and Ceramides to reduce pigmentation and enhance repair.
Redness	75	Mild redness is present, likely tied to minor sensitivity. Ensure your skincare includes calming ingredients. <b>Ingredients to look for:</b> Panthenol (Vitamin B5) and Allantoin to soothe and protect.
Wrinkles	83	Excellent condition with minimal signs of aging. Preventative anti-aging care is optional but recommended. <b>Ingredients to look for:</b> Peptides and Retinyl Palmitate for elasticity and hydration.
Color Uniformity	83	Your skin tone is overall even. Continue sunscreen use to protect from further discoloration. Incorporating Vitamin B3 can enhance radiance.
Pores	88	A very strong score! Minimal pore visibility indicates balanced oil production and little congestion. Maintain these results with proper cleansing.
Smoothness	100	Perfectly smooth and soft skin is one of your biggest strengths! Keep your hydration routine consistent to maintain this texture.

## Personalized Skincare Recommendations

Based on your test results, concerns, and needs, here are the **top 3 product recommendations** from our available range to address your key skin priorities:

## 1. Pore Refining Serum PR13

### Why It's Suitable for You:

This serum combines **Niacinamide (2%)**, **Salicylic Acid**, and **Fish Mint Extract** to address acne concerns, reduce oiliness, and gently exfoliate. This also ensures pore refinement and prevents future breakouts without irritating your minor sensitivity.

### Key Ingredients & Benefits:

- **Niacinamide (2%)**: Controls oil production, improves skin barrier.
  - **Salicylic Acid**: Gently exfoliates and targets blemishes.
  - **Allantoin**: Soothes and calms skin irritation.
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## 2. Ultra Renovating Serum RV24

### Why It's Suitable for You:

A strong brightening product with **Tranexamic Acid** and **Niacinamide**, this serum will address your spot concerns while preventing hyperpigmentation and enhancing skin tone uniformity. It's lightweight enough for neutral skin and won't overwhelm your minor sensitivity.

### Key Ingredients & Benefits:

- **Tranexamic Acid (3%)**: Reduces pigmentation and spots.
  - **Niacinamide (2%)**: Repairs uneven tone and enhances brightness.
  - **Sodium Hyaluronate**: Provides hydration and improves skin barrier.
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## 3. B5 Yeast Extreme Repair Serum R9+

### Why It's Suitable for You:

This serum is perfect for minor sensitivities and repairing your skin barrier. Its **Vitamin B5** and **Probiotic Ferments** provide deep hydration, soothe redness, and maintain microbiome health, which complements your overall routine.

### Key Ingredients & Benefits:

- **Vitamin B5 (5%)**: Repairs and hydrates.
  - **Bifida Ferment Lysate**: Strengthens the skin's immunity.
  - **Lactobacillus Ferment**: Boosts regeneration and soothes irritation.
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# Personalized Skincare Routine & Lifestyle Advice

## Morning Routine:

1. **Cleanser**: Gently cleanse your face with a mild, non-stripping cleanser.
2. **Pore Refining Serum PR13**: Shake well before use. Apply 2-3 drops and let it absorb fully.
3. **Ultra Renovating Serum RV24**: Mix 2 parts RV24 with 1 part R9+ Repair Serum and apply evenly to your face and neck. Let it absorb.
4. **Moisturizer**: Apply a lightweight, non-comedogenic moisturizer.
5. **Sunscreen**: Use SPF 30+ sunscreen daily to prevent redness and pigmentation. Reapply every 2–3 hours if outdoors.

## Evening Routine:

1. **Cleanser**: Double cleanse if wearing sunscreen or makeup during the day.
  2. **Pore Refining Serum PR13**: Apply as in the morning to keep breakouts at bay.
  3. **B5 Yeast Extreme Repair Serum (R9+)**: Use alone or mix with 2 parts RV24. Massage onto face and neck.
  4. **Moisturizer**: Lock in hydration with a soothing night cream.
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## Additional Skincare & Lifestyle Tips:

- **Hydration**: Drink at least 2 liters of water daily to keep your skin hydrated. Use the Skin Beauty Pal App's hydration reminder feature for regular water intake tips.
  - **UV Protection**: Avoid direct sun exposure, wear a hat or sunglasses outdoors, and track UV levels using the app to ensure adequate protection.
  - **Sleep**: Aim for 8 hours of quality sleep to minimize dark circles and maximize skin repair. A consistent sleep schedule is key to healthy, refreshed skin.
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Saveri, your skin is already in fantastic condition, and with the above advice, you can enhance your natural glow and address your specific concerns like acne and dark circles. If you need further assistance or a more detailed consultation, I recommend booking a dermatologist consultation on the **Skin Beauty Pal platform**. ❤️

Wishing you radiant and healthy skin!

Warm regards,

Your Skincare AI Assistant

Report compiled by [Pers Active Lab \(A Skin-Pal Initiative\)](#) in collaboration with leading dermatologist, Dr Surbhi Mahajan.