

Hello Saveri Sheen,

Thank you for sharing your detailed skin test results and profile. Based on your data, I will provide you with a comprehensive skin analysis, identify your main skin concerns, and recommend personalized skincare products and routines tailored to your needs. Let’s get started!

Overall Skin Condition

Your skin appears to be in relatively good health, with excellent smoothness (score of 100). However, some areas worth paying attention to are your acne, redness, spots, and dark circles, which show room for improvement. Your high scores in pores, age-related features like wrinkles, and color uniformity indicate balanced and resilient skin, but addressing your concerns may enhance your skin’s clarity and brightness.

At 16 years old, your skin is still developing and most likely benefits from preventive skincare. Your minor sensitivity suggests gentle, non-irritating products will suit you best. Lifestyle factors like proper hydration, sun protection, and a balanced diet can also support your skin health.

Skin Attribute Analysis

| Skin Indicator | Score | Key Focus & Details |
|----------------|-------|---|
| Acne | 54 | Moderate acne issues. Slightly elevated, indicating occasional breakouts. Salicylic acid-based treatments, like PR13 or BD14, are beneficial for controlling oil and preventing blackheads. Use gently to avoid irritation. |
| Dark Circle | 56 | Mild dark circles, possibly caused by tiredness or lack of sleep. Brightening ingredients and proper rest can help improve this area over time. |
| Redness | 75 | Mild redness, which may be due to minor sensitivity. Gentle soothing products will support skin comfort. |

| Skin Indicator | Score | Key Focus & Details |
|------------------|-------|---|
| Spot | 72 | Presence of spots suggests post-inflammatory pigmentation or scars. Brightening and healing ingredients can reduce their appearance. |
| Pore | 88 | Excellent pore condition but still possible to refine further with pore tightening formulations. |
| Wrinkle | 83 | Slight signs of aging or skin firmness, quite good considering your age. Preventive anti-aging products can help maintain elasticity. |
| Color Uniformity | 83 | Good overall skin tone, with some spots and pigmentation to address for more evenness. |
| Smoothness | 100 | Perfect smoothness, indicating your skin texture is excellent. |

Main Concerns:

- Acne management and prevention
 - Dark circles and pigmentation reduction
 - Spot brightening and even skin tone
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Personalized Skincare Recommendations

Considering your low scores in acne and dark circles, along with your skin type (neutral, sensitive), I recommend focusing on gentle yet effective products that can address your main concerns without irritation. Here are the top three product suggestions:

1. Pore Refining Serum PR13

Why it's suitable:

Ideal for controlling mild acne, refining pores, and soothing sensitive skin. It combines salicylic acid, niacinamide, and soothing plant extracts—perfect for reducing blackheads, calming redness, and preventing future acne.

Key Ingredients:

- Salicylic Acid (0.15%) – exfoliates and unclogs pores
 - Niacinamide (2%) – brightens skin, reduces imperfections
 - Allantoin – soothes minor sensitivities
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2. Ultra Renovating Serum RV24

Why it's suitable:

Excellent for brightening dark spots, evening out skin tone, and preventing pigmentation. Its tranexamic acid and niacinamide effectively diminish spots and promote brighter, more uniform skin, addressing your pigmentation concerns.

Key Ingredients:

- Tranexamic Acid (3%) – fades dark spots and uneven pigmentation
 - Niacinamide (2%) – enhances clarity and barrier repair
 - Hyaluronic Acid – provides deep hydration
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3. Ultra Hydration Serum H20

Why it's suitable:

At 16, maintaining hydration is crucial for overall skin health and preventing sensitivity. This serum deeply nourishes and strengthens your skin barrier, making your skin more resilient and plump.

Key Ingredients:

- Hyaluronic Acid (0.5%) – intense hydration
 - Panthenol – soothing and barrier repair
 - Botanical extracts – antioxidants and calming agents
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Personalized Skincare Routine & Lifestyle Tips

Morning Routine:

1. **Gentle Cleansing:** Use a mild cleanser suitable for sensitive skin.
2. **Serum Application:**
3. Mix 2 parts RV24 with 1 part R9+ Repair Essence for brightening and barrier support.
Apply evenly over face and neck.

4. **Moisturizer:** Use a lightweight, hydrating moisturizer compatible with your skin type.
5. **Sun Protection:** Apply a broad-spectrum sunscreen SPF 30 or higher. Reapply if outdoors for extended periods.

Evening Routine:

1. **Gentle Cleansing:** Remove sunscreen and impurities.
2. **Toning (Optional):** Use a calming toner if needed.
3. **Serum Application:**
4. Mix 2 parts H2O with 1 part R9+ Repair Essence for hydration and skin barrier repair.
5. **Spot Treatment:** Apply PR13 or BD14 to targeted blemishes or areas prone to acne.
6. **Moisturize:** Use a nourishing night cream suited to sensitive skin to lock in hydration and support skin repair.

Additional Tips:

- **Hydration:** Aim to drink at least 1.5–2 liters of water daily. Use Skin Beauty Pal App's water reminder to stay consistently hydrated.
 - **Sun Protection:** Reapply sunscreen every 2 hours when outdoors. Track UV levels with Skin Beauty Pal's UV protection reminder to avoid UV damage.
 - **Sleep & Routine:** Prioritize 8 hours of quality sleep. Early bedtime supports skin recovery, especially for reducing dark circles.
 - **Lifestyle:** Maintain a balanced diet rich in antioxidants, limit sugary and greasy foods, and avoid excessive touching or picking at your skin.
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Final Note

Your skin shows great resilience and potential for improvement with targeted care. If you experience persistent concerns, skin irritation, or would like a tailored plan, I recommend booking a consultation with a dermatologist on the Skin Beauty Pal platform for personalized medical advice.

If you have further questions or need adjustments, I'm here to assist!

Report compiled by [Pers Active Lab \(A Skin-Pal Initiative\)](#) in collaboration with leading dermatologist, [Dr. Surbhi Mahajan](#).