

Comprehensive Skin Analysis Report for Saveri Sheen

Hello Saveri Sheen,

Thank you for trusting Skin Beauty Pal to guide you on your journey to healthier and radiant skin! Below, you will find a personalized analysis of your skin, outlining its overall health, strengths, concerns, and customized skincare recommendations tailored just for you. Let's dive in!

1. Overall Skin Condition Description

Your Skin Health Overview

Your skin is in a relatively good condition, showcasing strengths in smoothness, evenness in color, and pore health. These indicate that your neutral skin type is well-balanced in terms of hydration, texture, and tone. However, there is room for improvement in combating acne, dark circles, and maintaining an even brighter complexion. These areas will benefit from targeted support to retain your youthful glow.

Key Strengths and Concerns

- **Strengths:**
 - Your smoothness score (100) reflects exceptionally soft and velvety skin with minimal texture.
 - Pores (88) and wrinkles (83) highlight strong collagen levels and minimal signs of aging—significant advantages for your age.
 - Color uniformity (83) showcases an even skin tone with very few discoloration issues.
- **Concerns:**

- Acne (54) and dark circles (56) are slightly weaker, suggesting the need for specialized care to control occasional breakouts and improve under-eye brightness.
- Redness (75) and spots (72) indicate mild sensitivities and scattered pigmentation that need moderate attention.

Potential Factors Influencing Your Skin

1. **Age:** At 16, your skin is in its peak regenerating phase and benefits from active repair. However, hormone levels during adolescence may increase oil production and acne risk.
2. **Skin Type:** Your neutral skin type means you experience a balanced oil-water ratio, with hydrated but not overly oily areas.
3. **Sensitivity:** Minor sensitivity might result in occasional redness or uneven response to skincare. Gentle formulations are ideal for your skin.
4. **Lifestyle:** Adolescents often experience hormonal fluctuations, and keeping a well-balanced diet, proper hydration, and good sleep patterns will benefit your skin.

2. Skin Attribute Analysis (Table)

Below is an in-depth breakdown of the eight key skin indicators, ranked from lowest to highest based on your personal scores:

Skin Indicator	Score	Key Focus & Details
Acne	54	This score suggests mild but notable acne concerns. Sebum and hormonal activity can lead to occasional breakouts. Look for products with salicylic acid and niacinamide to balance oil and reduce acne.
Dark Circles	56	Under-eye puffiness and darkening are evident and may be caused by sleep patterns or genetic predisposition. Ingredients like hyaluronic acid and panthenol can help hydrate and brighten.
Spots	72	Dark spots and pigmentation are mild. Using brightening agents like niacinamide and tranexamic acid will prevent melanin buildup and even out skin tone.

Skin Indicator	Score	Key Focus & Details
Redness	75	You may experience occasional redness, likely due to minor sensitivity or irritation. Soothing ingredients like allantoin and panthenol can help reduce inflammation.
Wrinkles	83	Your youthful skin displays no significant lines or wrinkles. Peptides and hydration are crucial to maintain elasticity and prevent aging signs long-term.
Color Uniformity	83	An excellent score, indicating a radiant and even complexion with minimal discoloration. Continue sun protection to preserve your skin tone.
Pores	88	A high score reflects healthy, tight pores. There' s minimal risk of blackheads or open pores, though occasional exfoliation is still essential.
Smoothness	100	Your skin is luxuriously smooth, showcasing excellent texture and strong hydration levels. Maintain consistent moisturizing to retain this quality.

3. Personalized Skincare Recommendations

Based on your skin profile and analysis, here are the top three recommended Pes Active Lab products to address your concerns and maintain your strengths:

1. Pore Refining Serum PR13

Why it' s suitable:

This serum tackles your mild acne concerns (score: 54) by using a combination of salicylic acid and niacinamide, which help prevent breakouts and minimize oil production. Its fish mint extract and allantoin provide gentle soothing benefits, making it suitable for your slightly sensitive skin.

Key Ingredients & Benefits:

- **Salicylic Acid (0.15%)**: Exfoliates and reduces acne-causing bacteria. - **Niacinamide (2%)**: Regulates sebum production and strengthens the skin barrier. - **Allantoin**: Soothes and calms the skin.

2. Ultra Renovating Serum RV24

Why it's suitable:

This brightening essence will help with dark circles (score: 56) and spots (score: 72). Its high concentration of tranexamic acid and niacinamide works to fade pigmentation and even skin tone while ensuring hydration with ceramides and hyaluronic acid.

Key Ingredients & Benefits:

- **Tranexamic Acid (3%)**: Reduces melanin production for a more even complexion. - **Niacinamide (2%)**: Brightens skin and provides antioxidant protection. - **Hyaluronic Acid (0.2%)**: Ensures deep hydration, preventing dryness.

3. Ultra Hydration Serum H2O

Why it's suitable:

Hydration is essential to maintain your skin's smooth and radiant condition (score: 100). This serum is packed with hyaluronic acid and panthenol to lock in moisture, strengthen your skin barrier, and prevent dryness that could exacerbate sensitivity and redness.

Key Ingredients & Benefits:

- **Hyaluronic Acid (0.5%)**: Retains moisture and plumps skin.
- **Panthenol (0.5%)**: Repairs and soothes sensitive skin.

4. Personalized Skincare Routine & Lifestyle Advice

Morning Routine

1. **Cleanse**: Start with a mild, hydrating cleanser to refresh your skin without stripping moisture.

2. **Treat Acne/Pores:** Apply **Pore Refining Serum PR13**, focusing on acne-prone and oily areas. Allow it to absorb fully.
3. **Brighten:** Use **Ultra Renovating Serum RV24** to lighten dark spots and under-eye shadows.
4. **Hydrate:** Follow with **Ultra Hydration Serum H20** to lock in moisture and strengthen your skin barrier.
5. **Sun Protection:** Apply a broad-spectrum sunscreen (SPF 30+) to protect against UV-induced damage.

Evening Routine

1. **Cleanse:** Use a gentle cleanser to remove makeup, dirt, and pollutants from the day.
2. **Exfoliate (alternate days):** Using **Pore Refining Serum PR13**, gently dab on acne-prone areas to unclog pores. On the other days, skip this step to avoid over-exfoliating.
3. **Repair:** Apply **Ultra Renovating Serum RV24**, focusing on dark spots and uneven areas for overnight brightening.
4. **Hydrate:** Layer on **Ultra Hydration Serum H20** to deeply moisturize and strengthen your skin throughout the night.

Additional Tips and Lifestyle Suggestions

1. **Stay Hydrated:** Aim to drink at least 2 liters of water daily. Use the Skin Beauty Pal app's Hydration Reminder feature to maintain this habit.
2. **Protect from UV Rays:** Always wear sunscreen during the day, even indoors, as UV rays can penetrate windows. Track outdoor UV levels using the Skin Beauty Pal app's UV Protection Alert.
3. **Sleep Well:** Aim for 7-8 hours of quality sleep. This is vital for your skin's repair cycle, especially for concerns like dark circles.
4. **Healthy Diet:** Include zinc-rich foods (like nuts and seeds) for acne control and vitamin C-rich fruits to boost collagen and brighten skin tone.

If you have additional questions or need further assistance, I highly recommend booking a consultation with a dermatologist on the Skin Beauty Pal platform. Expert guidance can help you further optimize your skincare routine.

Wishing you happy, healthy skin! 😊

Report compiled by [Pers Active Lab \(A Skin-Pal Initiative\)](#) in collaboration with leading dermatologist, [Dr. Surbhi Mahajan](#).